

# Fall Activity Guide

2006

**PRCS IS  
CELEBRATING  
40 YEARS!**

*Join us at these  
and other special  
events:*



**October 7 Sterlingfest**



**October 21 "Howl"-O-Ween**

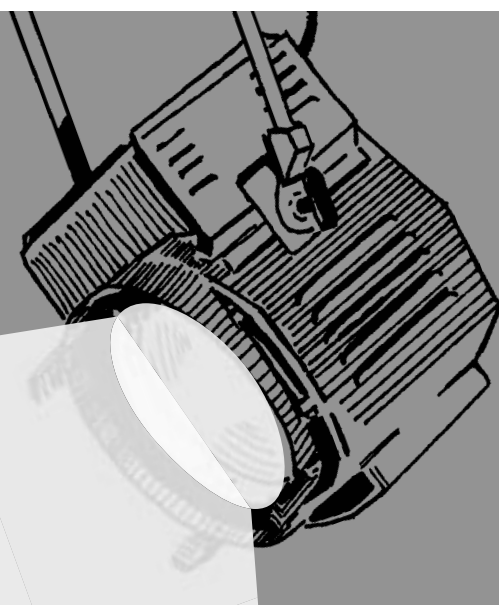


**October 28 Arcola's Halloween Festival**



Visit us at  
[www.loudoun.gov/prcs](http://www.loudoun.gov/prcs)

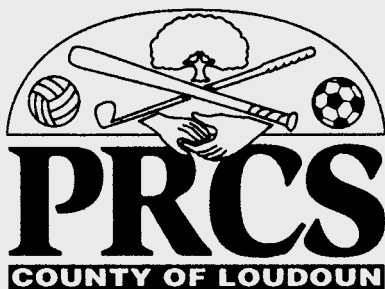
*Registration Begins  
August 23<sup>rd</sup>*



# **SPOTLIGHT ON OUR COMMUNITY**

The quality and diversity of our department's facilities, programs and services are enhanced through the generous gifts of countless members of the Loudoun County community. We thank all who serve on and contribute to PRCS advisory boards and commissions, our corps of volunteers, community organizations and the business community for their continued support. Your donations of time, talent and financial resources help us to expand and continually improve the quality of our parks, recreational programs and community services in order to meet the needs of all those who call Loudoun County home.

Thank You for Making It Happen!



Loudoun County

Department of Parks, Recreation and Community Services

703-777-0343

Visit us on the web at [www.loudoun.gov/prcs](http://www.loudoun.gov/prcs)

## GENERAL INFORMATION: WHAT YOU NEED TO KNOW ABOUT ...

### GENERAL REGISTRATION

Registration for County residents begins 08/23/06 at 9:00AM unless otherwise noted. Registration for non-residents begins 8/30/06 at 9:00AM. You can register for most activities (excluding licensed programs) online with Webtrac, by phone with Teletrac, by mail or in person at PRCS community centers, senior centers, designated parks, Banshee Reeks Nature Preserve, or the PRCS administrative office.

**MAIL-IN REGISTRATION:** Send a completed registration form and payment to the PRCS administrative office: 215 Depot Court, SE, Leesburg, VA 20175. An activity registration form is included in this guide.

### ON-LINE REGISTRATION

Webtrac is an online registration system that allows you to enroll for most PRCS activities. If no one in your household has registered for a PRCS activity or program since 6/1/01, you must first register by mail or in person at any of the PRCS locations listed above. If anyone in your household registered for a PRCS activity after 6/1/01 (excluding county sports leagues), you can call your local PRCS community center, senior center or park (or the PRCS administrative office) to obtain your household ID number. Please call before the first day of registration. After obtaining your household ID number, you can register and pay for activities using Webtrac and your VISA or MasterCard. Log onto [www.loudoun.gov/prcs](http://www.loudoun.gov/prcs), click on the Webtrac sidebar, and follow the onscreen directions.

### PHONE REGISTRATION: "TELETRAC"

(Automated Phone Registration and Payment System: Call 703-443-9338)

Your Household ID number for TeleTrac is the same as your user ID for WebTrac. You will need to know the ID number of each member of your family.

### REGISTRATION FOR LICENSED PROGRAMS

Additional forms and on-site registration are required for licensed programs. Please refer to the corresponding section in this activity guide or [www.loudoun.gov/prcs](http://www.loudoun.gov/prcs) for specific registration procedures for licensed preschool, before & after school programs and licensed summer camps.

### PAYMENTS

Registration fees are due at the time of registration, unless otherwise noted. Checks must be made payable to "County of Loudoun" and your social security number

or driver's license number must be included in order to process any registration by check. Cash, check or credit card payments can be made in person. Payments by check and MasterCard or VISA can also be mailed to the PRCS administrative office in Leesburg. Do not send cash by mail. Do not include supply fees in total paid. Supply fees are payable to the instructor on the first day of class.

### REFUNDS & CANCELLATIONS

There are no refunds unless PRCS cancels and does not reschedule a department-sponsored event, activity, class or program. The Department reserves the right to cancel a class or activity because of insufficient registration or for any other reasonable cause. Hours are subject to change.

### FINANCIAL ASSISTANCE

For qualifying families, financial support may be available for reimbursement of the cost of certain Adaptive Recreation activities sponsored by Loudoun County PRCS. The major qualification for respite is MR diagnosis. For more information, call MR Services at 703-777-0377.

### NON-RESIDENT REGISTRATION AND FEES

Registration for non-county residents begins 8/30/06 at 9:00AM. An additional 50 percent of fees will be charged for individuals residing outside of Loudoun County.

### NOTICE TO PARTICIPANTS

Participants must recognize that all classes and activities of a physical nature involve some risk and, by registering for a class or activity of this nature, there is an assumption of risk by the participant and/or parent. Loudoun County Department of Parks, Recreation and Community Services is dedicated to providing safe facilities and equipment for all participants, as well as qualified staff.

### SUPPLIES AND MATERIALS

Cost of supplies and materials is included in class or activity fee unless otherwise stated. If a supply fee is listed, it must be paid to the instructor on the first day of class.

### TRANSPORTATION

When transportation is provided, spaces are filled on a first-come, first-served basis.

### TRIP POLICY

There will be no smoking or alcoholic beverages allowed on any vehicles used for

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## Classes, Events & Activities

**9/1/06 to 11/30/06  
REGISTRATION BEGINS  
August 23, 2006**

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**For Complete  
Activity Information and  
Registration,  
visit [www.loudoun.gov/prcs](http://www.loudoun.gov/prcs)  
and click on the  
Webtrac link!**

Front cover: Grant Mendoza

## GENERAL INFORMATION: WHAT YOU NEED TO KNOW

Department trips including motor buses. Due to outside costs associated with arranging and booking trips, there will be no refund when a participant cancels a trip registration.

### RENTALS

Community centers, senior centers and parks have spaces available for rent. Reserve a room, pavilion, or gym for private parties, meetings and other activities. Call the preferred center or park directly for available dates, times and rental rates. Rental fees are non-refundable. For any other facility, please call 703-777-0343.

### VOLUNTEERS

For information on volunteer opportunities, including PRCS advisory boards and councils, please contact your local center, park or program representative, or call 703-777-0343. Those interested in working with Loudoun residents with disabilities, including Special Olympics and VSA arts, should call 703-771-5010 or 703-777-0438.

### PROGRAM ACCESSIBILITY/ ADA

Loudoun County Parks, Recreation and Community Services is committed to complying with

the Americans with Disabilities Act (ADA). If you need reasonable accommodations in order to

participate, please contact the main PRCS office 10 days prior to the start of the activity. Phone:

703-777-0343 TTY: 703-771-5352 Email: [pres@loudoun.gov](mailto:pres@loudoun.gov).

### CLOSINGS/POSTPONEMENTS

In case of inclement weather, public holidays or emergencies, the Department will determine cancellation or postponement of programs. If you are in doubt as to whether or not activities will be held, call the program location or the administrative office at 703-

777-0343. For sport league information, call the Sports cancellation line at 703-777-0456.

### INCLEMENT WEATHER POLICY

1. When Loudoun County Government is closed, PRCS facilities are closed and all recreation programs are cancelled.

2. When Loudoun County Government makes a decision to close after the start of normal business hours, parents must make arrangements to pick up their children from all PRCS programs and locations right away. The facilities will close when the last child has been picked up.

3. When Loudoun County Schools announce that schools are closed for the day (and the Government is open):

- All PRCS classes, programs, activities and services, except Childcare, are cancelled. PRCS facilities are open for business matters, childcare and drop-in programs.

- All PRCS programs held in school facilities are cancelled.

- Evening programs held in PRCS facilities scheduled from 5PM until closing may be held; confirm directly with the site offering the activity, or by calling 703-777-0456.

4. When Loudoun County Schools announce a 1-hour delay, all PRCS classes, programs, activities and services operate on time.

5. When Loudoun County Schools announce a 2 or more hour delay, all morning PRCS classes, programs, activities and services, except Childcare, are cancelled. Childcare sites open on time. All PRCS facilities will open by 9AM for business matters and drop-in programs.

6. When Loudoun County schools announce an early dismissal, all evening PRCS classes, programs and activities, including CASA, are cancelled. Childcare sites and Adult Day Center remain open only until the last participant is picked up.

Please keep track of changing weather conditions and call the appropriate PRCS facility or the administrative office at 703-777-0343 with any questions.

### DEPARTMENT OF PARKS, RECREATION AND COMMUNITY SERVICES PHONE DIRECTORY

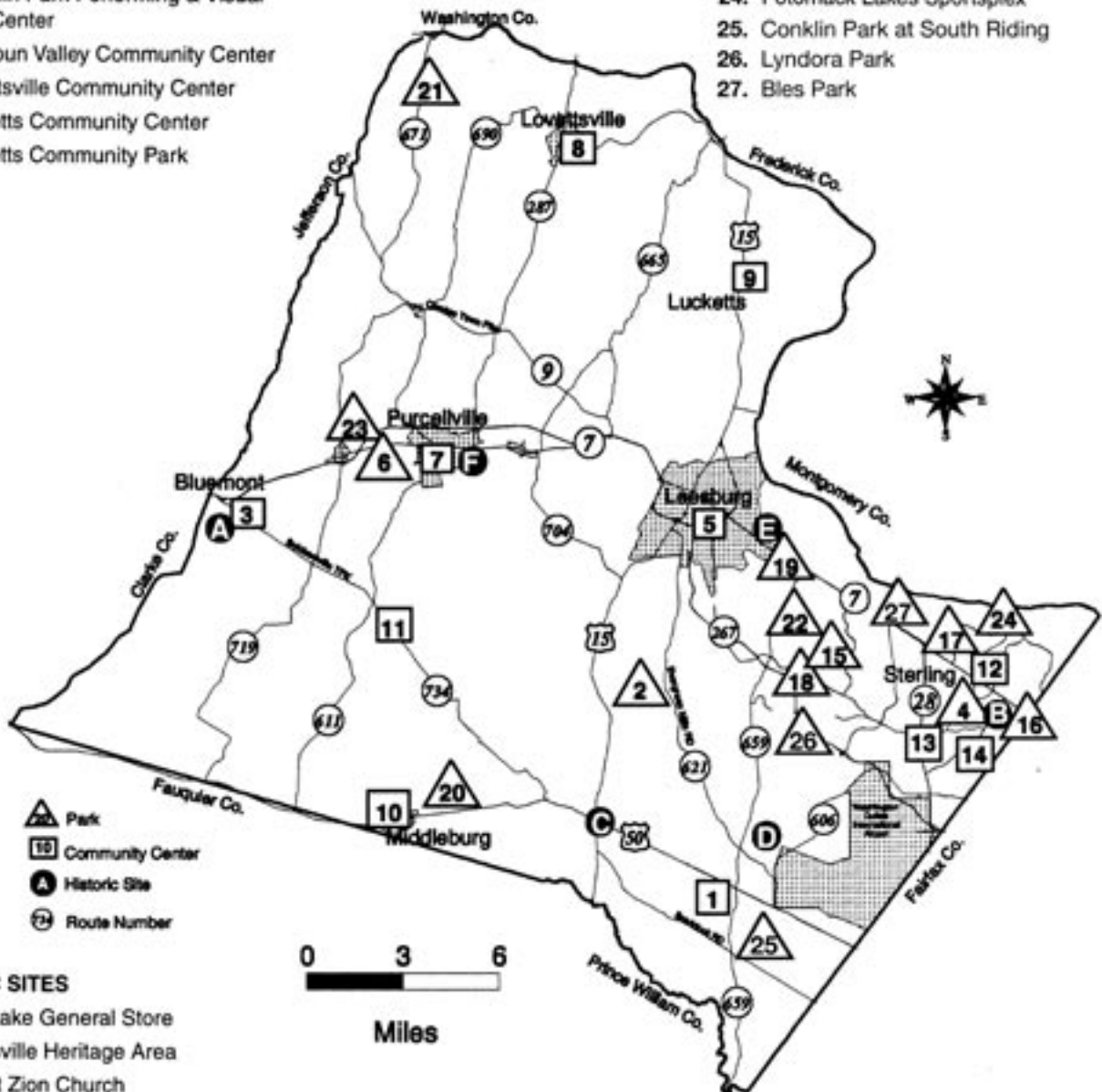
#### Administrative Offices

Main Number .....	703-777-0343
TDD .....	703-771-5352
Adult Day Services .....	703-771-5334
Area Agency on Aging .....	703-777-0257
Camp Programs .....	703-737-8031/771-5662
Licensed School Age Programs ..	703-777-0343
(CASA) .....	703-777-0343
(YAS) .....	703-737-8804
Youth Development .....	703-777-0392
Youth Outreach .....	703-737-8709
Senior Center at Arcola .....	703-327-3232
Senior Center at Leesburg .....	703-771-5156
Senior Center at Purcellville .....	540-338-4883
Senior Center at Cascades .....	703-430-2397
Adaptive Recreation .....	703-777-5013
Sports (Youth & Adult) Programs	703-777-0343
Sports Postponement/ Cancellation .....	703-777-0456
Arcola Community Center .....	703-327-3111
Bluemont Community Center .....	540-554-8643
Claude Moore Park .....	703-444-1275
Douglass Community Center .....	703-771-5913
Franklin Park .....	540-338-7603
Franklin Park Performing Arts Center .....	540-338-7973
Loudoun Heritage Farm Museum	703-421-5322
Loudoun Valley Comm. Center ...	540-338-4122
Lovettsville Community Center ...	540-822-5284
Lucketts Community Center .....	703-771-5281
Middleburg Community Center ...	540-687-6375
Philomont Community Center ....	540-338-5882
Potomack Lakes Sportsplex .....	703-444-1459
Sterling Annex Comm. Center ....	703-430-6673
Sterling Community Center .....	703-430-9480
TeleTrac .....	703-443-9338

# Register Online!

Visit [www.loudoun.gov/prcs](http://www.loudoun.gov/prcs)  
and click on the webtrac link.

- |   |                                     |                                   |
|---|-------------------------------------|-----------------------------------|
| 1. Arcola Community Center                    | 10. Middleburg Community Center     | 17. Countryside Park              |
| 2. Banshee Reeks Nature Preserve              | 11. Philomont Community Center      | 18. Greg Crittenden Memorial Park |
| 3. Bluemont Community Center                  | 12. Senior Center at Cascades       | 19. Keep Loudoun Beautiful Park   |
| 4. Claude Moore Park                          | 13. Sterling Annex Community Center | 20. Mickie Gordon Memorial Park   |
| Heritage Farm Museum                          | 14. Sterling Community Center       | 21. Nell Boone Park               |
| 5. Douglass Community Center                  | 15. Ashburn Park                    | 22. Trailside Park                |
| 6. Franklin Park                              | 16. Briar Patch Park                | 23. Woodgrove Park                |
| Franklin Park Performing & Visual Arts Center |                                     | 24. Potomack Lakes Sportsplex     |
| 7. Loudoun Valley Community Center            |                                     | 25. Conklin Park at South Riding  |
| 8. Lovettsville Community Center              |                                     | 26. Lyndora Park                  |
| 9. Lucketts Community Center                  |                                     | 27. Bles Park                     |
| Lucketts Community Park                       |                                     |                                   |



For directions and a complete listing of PRCS facilities including Kephart Bridge Landing, Bles Park and Elizabeth Mills Riverfront Park, visit [www.loudoun.gov/prcs](http://www.loudoun.gov/prcs).



## SPECIAL EVENTS – COUNTYWIDE

This section includes some of our countywide special events offered by community centers, parks and other PRCS facilities. Special events are listed in chronological order. Please call the number listed for additional information.



*Look for the Birthday Cake symbol for special events marking our 40th Anniversary!*

### SEPTEMBER

#### FAMILY NIGHT DROP-IN

(All ages) Location: Douglass Community Center. Bring your children for a fun evening of basketball, volleyball and other activities. Call 703-771-5913.

##### Free Event

F	9/1-9/1	6:30P-8:00P
F	10/6-10/6	6:30P-8:00P
F	11/3-11/3	6:30P-8:00P

#### 2ND ANNUAL AUTUMN ARTS & CRAFTS SHOW IN HISTORIC CLAUDE MOORE PARK

(All ages) Location: Claude Moore Park. Beautiful hand-made items for sale. Enjoy music, food, children's area, and historic Lanesville House. Use Loudoun Park Lane entrance. Call 703-444-1275.

##### Free event

Sa	9/9-9/9	10:00A-5:00P
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#### 2ND ANNUAL DOG SWIM

(All ages) Location: Middleburg Community Center pool will be open to our four legged friends for one day only. Bring your own water toy. Call 540-687-6375.

**Pay at door** \$10.00

Sa	9/9-9/9	11:00A-1:00P
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#### DANCE SHOE SWAP & SALE

(All ages) Location: Loudoun Valley Community Center. Bring your old tap or ballet shoes along and swap them or sell them. No registration required. Call 540-338-4122.

##### Free event

Sa	9/9-9/9	10:00A-12:00P
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#### DOG BONE HUNT

(All ages) Location: Loudoun Valley Community Center. Bring your four legged friends to LVCC for a doggy show and hunt for treats. Call 540-338-4122.

##### Free event

Sa	9/9-9/9	10:00A-11:30A
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#### 8TH ANNUAL DOG SWIM

(All ages) Join us as we turn over the Lovettsville Community Center Pool to the dogs for our 8th Annual Dog Swim. Frisbees

and balls are welcome. Only dogs permitted in pool. Loudoun County Dog Licenses are mandatory. Call 540-822-5284.

<b>Pay at door</b>	\$7.00	
Sa	9/9-9/9	9:00A-12:00P

#### AMERICAN RED CROSS BLOOD DRIVE

(Ages 18 & up) Location: Sterling Annex Community Center. Co-hosted with Sterling Fire & Rescue. To schedule an appointment, call 1-800-GIVE-LIFE or call 703-430-6673.

Sa	9/9-9/9	9:00A-1:00P
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#### LOVETTSVILLE MOVIES

(All ages) Enjoy a night under the stars while watching a movie at the Lovettsville Community Center. Call 540-822-5284.

<b>Pay at door</b>	\$5.00	
F	9/15-9/15	7:00P-9:30P

#### PRESCHOOL SOCK HOP

(All ages) Location: Loudoun Valley Community Center. Put on your bobby socks and let's dance to the oldies. Call 540-338-4122.

<b>Pay at door</b>	\$3.00	
F	9/15-9/15	6:00P-7:00P

#### FATHER & DAUGHTER DANCE

(All ages) Location: Middleburg Community Center. Dress up for a night to remember! The evening will include dancing, pictures, refreshments and more. Advance registration required. Call 540-687-6375.

<b>Pay at door</b>	\$15.00	
F	9/15-9/15	7:00P-9:00P

#### BLUEMONT FAIR

(All ages) Join us for the 37th annual Bluemont Fair. Sponsored by the Bluemont Citizen's Association. Call 540-554-8643.

<b>Pay at door</b>	\$5.00/Adults	Free/under 12
Sa,Su	9/16-9/17	10:00A-5:00P

#### PROUD POOCH PET SHOW

(All ages) Location: Lucketts Community Center. Show off your prize winning dog's best costume, trick, obedience, etc. in our first ever pet show. Prizes in all categories. Refreshments provided. Call 703-771-5281.

<b>109703-01</b>	\$5.00/dog/class	
Sa	9/16-9/16	10:00A-12:00P

#### DIGGING FOR DINOSAURS

(Ages 4 & up) Location: Sterling Annex Community Center. Bring a small hand gardening shovel or kitchen spatula to dig for all the dinosaur filled eggs you can find. Call 703-430-6673.

<b>110700-01</b>	\$5.00	
Sa	9/16-9/16	10:00A-10:30A

#### BOOK SWAP

(All ages) Location: Sterling Annex Community Center. Do you have adult or children's books that you would like to swap? Bring them in and look through our selection. Call 703-430-6673.

##### Free event

Sa	9/16-9/16	10:00A-12:00P
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#### NORTHERN VIRGINIA SENIOR OLYMPICS

(Ages 50 & up by 12/31/06) Residents of Alexandria, Falls Church and Fairfax cities and Arlington, Fairfax, Loudoun and Prince William counties can compete in the 2006 NoVA Senior Olympics at various locations throughout the region. Registration fee: \$10 (includes 1 event). Each add'l event: \$1.00. Deadline: September 1. For more information, call 703-771-5156 or visit [www.novaseniorolympics.com](http://www.novaseniorolympics.com).

Sa-Th	9/16-9/28
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#### BASKET BINGO

(Ages 6 & up) Location: Blue Ridge Middle School. Win beautiful new/retired hardwood baskets and pottery by Longaberger. Call Philomont Community Center at 540-338-5882. Doors open at 6:00P.

<b>Pay at door</b>	\$20.00	
F	9/22-9/22	7:00P-10:00P

#### THE GREAT ARCOLA CAMP OUT

(All ages) Location: Arcola Comm. Center. Join us for an evening of camping, fun, and games. Call 703-327-3111 for more details!

<b>105800-01</b>	\$5.00	
F,Sa	9/22-9/23	5:00P-11:00A

#### CRITTER CARNIVAL AT FRANKLIN PARK!

(All ages) Location: Franklin Park. Learn about pets of all shapes and sizes. Bring your pet to compete in our All Animal Beauty Pageant. Meet local shelter animals looking for a good home and see demonstrations of pets in action. Call 540-338-7603.

##### Free event

Sa	9/23-9/23	10:00A-1:30P
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#### LUCKETTS 2006 ANTIQUE AND CLASSIC AUTO SHOW

(All ages) Location: Lucketts Community Center. This antique and classic car show for the whole family is presented by the Loudoun/Douglass Alumni Association. Call 703-771-5281.

<b>Pay at door</b>	\$5/person \$3/senior
	Free/under 12
Su	9/24-9/24      10:00A-4:00P

#### OKTOBERFEST DINNER

(All ages) Location: Lovettsville Community Center. This family dinner kicks off the

Lovettsville Oktoberfest Celebration with a traditional German meal complete with sauerbraten, sauerkraut, rye bread, and black forest cake. Call 540-822-5284.

**Pay at door** \$8.00 \$4.00/kids' hot dog meal  
F 9/29-9/29 5:30P-7:30P

### FATHER-DAUGHTER DANCE - A NIGHT TO REMEMBER

(All ages) Location: Lucketts Community Center. Dads, bring your daughters and dance the night away. Dancing, DJ, refreshments and free pictures provided. Call 703-771-5281.

**109705-01** \$12.00/couple  
Sa 9/30-9/30 7:00P-9:00P

## OCTOBER

### LUCKETTS BLUEGRASS

(All ages) Location: Lucketts Community Center. The tradition continues! Old time bands as well as up and coming names find a home on the Lucketts stage every Saturday evening. Call 703-771-5281.

**Pay at door** \$12.00  
Sa 10/7-11/18 7:00P-10:30P



### 19th ANNUAL STERLINGFEST FESTIVAL

(All ages) Location: Sterling Community Center. Experience the 19th annual celebration of Sterlingfest and the 40th Anniversary of PRCS! There's something for everyone...great food, fun games, live music, stage shows & much more! Call 703-430-9480.

**Free event**  
Sa 10/7-10/7 10:00A-4:00P

### FALL PLANT EXCHANGE

(Ages 16 & up) Location: Sterling Annex Community Center. Bring your extra perennial divisions, herbs, houseplants, shrubs, etc to swap and meet others who share an interest in plants and gardening. Call 703-430-6673.

**Free Event**  
Sa 10/7-10/7 1:00P-1:30P

### PAGEANT WORKSHOP

(Ages 3-19) Location: Harmony School in Purcellville, VA. Are you unsure of the pageant process or need extra practice? This workshop covers all aspects! Call Philomont Community Center at 540-338-5882.

**111702-01** \$10.00  
F 10/13-10/13 6:00P-7:30P

### LITTLE MISS LOUDOUN COUNTY PAGEANT

(Ages 3-9) Location: Harmony School. Show off your little princess in the 2nd annual Philomont Community Center Beauty Pageant. Crowns, trophies and banners for each age group. Call 540-338-5882.

**111703-01** \$40.00 Formal Wear

Sa 10/14-10/14 10:00A-1:00P  
**111703-02** \$10.00 (add'l) Photogenic  
Sa 10/14-10/14 10:00A-1:00P  
**111703-03** \$10.00 (add'l) Casual Wear  
Sa 10/14-10/14 10:00A-1:00P

### JR. MISS LOUDOUN COUNTY PAGEANT

(Ages 10-18) Location: Harmony School. Sign up for the Philomont Community Center's 2nd annual Beauty Pageant. Crowns, trophies and banners for each age group. Call 540-338-5882.

**111704-01** \$40.00 Formal Wear  
Sa 10/14-10/14 3:00P-7:00P  
**111704-02** \$10.00 (add'l) Photogenic  
Sa 10/14-10/14 3:00P-7:00P  
**111704-03** \$10.00 (add'l) Casual Wear  
Sa 10/14-10/14 3:00P-7:00P

### FALL CRAFT FAIR

(All ages) Location: Senior Center at Cascades. Tables are \$13 each, maximum 2 tables per exhibitor. Start your holiday shopping early by finding a unique gift. Call 703-430-2397 by 9/30 to reserve space.

**Free Event**  
Sa 10/14-10/14 9:00A-1:00P

### KIDS ON THE BLOCK PUPPET SHOW

(All ages) Location: Lucketts Community Center. Facts and feelings are exchanged between the puppets and the audience in a frank and humorous way to create an unforgettable experience.

**Free event**  
Tu 10/17-10/17 9:30A-10:30A  
10/17-10/17 1:00P-2:00P

### SPOOKTACULAR

(All ages) Location: Douglass Community Center. Enjoy a hayride, have your face painted, enter a costume contest or try your luck at our midway booths. Call 703-771-5913 or email dcc@loudoun.gov.

**104702-01** \$5.00  
Sa 10/21-10/21 3:00P-5:00P

### HEALTHMOBILE AT LUCKETTS

(All ages) Location: Lucketts Community Center. The Loudoun Healthmobile will offer flu shots. Call 703-771-5281 for prices.

**Pay at door**  
Sa 10/21-10/21 9:00A-12:00P

### FALL FARM COLOR TOUR WEEKEND

(All ages) Begin your farm tour of Loudoun's vineyards, orchards and farms with a stop at the Museum. The Museum will be open special hours. Call 703-421-5322.

**Free to tour participants**  
Sa,Su 10/21-10/22 10:00A-4:00P

### HORSES FAMILY DAY AND VOLUNTEER FAIR

(All ages) Location: Loudoun Heritage Farm Museum. Features interactive programs for young riders and volunteer information from local equine organizations. At 12:00P, we open a new exhibit highlighting Loudoun's Kentucky Derby winner, Genuine Risk. Call 703-421-5322.

#### Free to tour participants

Sa 10/21-10/21 10:00A-4:00P



### "HOWL"-O-WEEN

(All ages) Location: Sterling Annex Community Center. The Annex and Loudoun County Animal Shelter celebrate the 40th Anniversary of PRCS with a "howling" good time! Pet microchips, a pet parade, pet costume contest and a "Tricks for Treats" talent show. Animals adopted receive free spay/neuter. Bring leash/carrier. Call 703-430-6673.

**110726-01** \$5.00  
Sa 10/21-10/21 10:00A-2:00P

### AUTUMN APPLE FESTIVAL

(All ages) Location: Loudoun Heritage Farm Museum. Features local apple farmers and homemade products, demonstrations of historic orchard tools, cider making and "Virginia Apples for Flavor: The Story of Hill High Orchards." Call 703-421-5322.

**Free to tour participants**  
Su 10/22-10/22 10:00A-4:00P

### LUCKETTS COMMUNITY CENTER ANNUAL POT LUCK SUPPER

(All ages) Location: Lucketts Community Center. Annual appreciation dinner for the residents of Lucketts. Bring a dish to share with your neighbors. Call 703-771-5281.

**Free event**  
Su 10/22-10/22 5:00P-7:00P

### FAMILY SCARECROW CONSTRUCTION

(All ages) Location: Loudoun Valley Community Center. Bring overalls and a flannel shirt to make a scarecrow. Hay, newspaper, string and cloth provided. Apple cider will be served. Call 540-338-4122.

**101701-01** \$7.00  
Tu 10/24-10/24 6:00P-7:00P

### FLASHLIGHT CANDY SEARCH

(Ages 6-10) Location: Loudoun Valley Community Center. Search for candy in the dark. Bring a flashlight and a bag. Call 540-338-4122.

**Pay at door** \$5.00  
Th 10/26-10/26 7:00P-8:30P

### TALES OF THE TRAILS: HALLOWEEN

(Ages 6 & up) Location: Claude Moore Park. Hear spine-tingling tales on a walk through the woods. Take a spooky hayride. Listen

to campfire stories. Adult must accompany children under 16. Rain date 10/28. Call 703-444-1275.

<b>161737-01</b>	\$5.00	Ages 6 & up
Th	10/26-10/26	6:00P-7:00P
<b>161737-02</b>	\$5.00	Ages 6 & up
F	10/27-10/27	6:00P-7:00P
<b>161737-03</b>	\$5.00	Ages 11 & up
Th	10/26-10/26	7:45P-9:00P
<b>161737-04</b>	\$5.00	Ages 11 & up
F	10/27-10/27	7:45P-10:00P

### HALLOWEEN PARTY/FLASHLIGHT CANDY FILLED EGG HUNT

(Ages 4 -10) Location: Sterling Annex Community Center. Bring your flashlight for a great candy hunt! Decorate a bag to gather your candy and play a prize walk game. Register by 4:00P on 10/27. Call 703-430-6673.

<b>110701-01</b>	\$10.00	
F	10/27-10/27	7:00P-8:00P

### PUMPKINS IN THE PARK

(All ages) Location: Middleburg Community Center. Join the family pumpkin carving contest or make your own scarecrow! Please bring clothes and pantyhose. Stuffing provided. Call 540-687-9375.

<b>108702-01</b>	\$5.00	
F	10/27-10/27	6:30P-8:30P

### FRIDAY NIGHT TEEN SCREAM

(All ages) Location: Franklin Park. Hot dogs, cool tunes, s'mores, campfire stories and a haunted tour brought to you by Franklin Park and Philomont Community Center. Call 540-338-7603.

<b>Free event</b>	\$3.00/person Haunted Tour	
F	10/27-10/27	5:30P-7:30P

### FLASHLIGHT CANDY HUNT

(Ages 2-10) Location: Sterling Community Center. Gather goodies in the dark. Bring your flashlight and don't forget your Trick or Treat Bag. Call 703-430-9480.

<b>103764-01</b>	\$5.00	Ages 2-3
F	10/27-10/27	6:00P-6:30P
<b>103764-02</b>	\$5.00	Ages 4-6
F	10/27-10/27	6:45P-7:15P
<b>103764-03</b>	\$5.00	Ages 7-10
F	10/27-10/27	7:30P-8:00P

### ACC CONSIGNMENT SALE

(All ages) Location: Arcola Community Center. Moms will love the children's consignment sale. Consignors receive 75% of their sales! Volunteers can shop at an exclusive time! Register by 10/25. Call 703-327-3111.

<b>Free event</b>	\$5.00/Consignor fee	
F,Sa	10/27-10/28	8:30A-3:00P



### ACC HAUNTED HALLOWEEN FESTIVAL & HAUNTED CANDY RUN

(All ages) Location: Arcola Community Center. Join us for games, rides, food, prizes and help celebrate PRCS's 40th Anniversary! Bring your ghosts and ghouls for the haunted run for candy sponsored by ACC Advisory Board Call 703-327-3111.

#### Free event

Sa	10/28-10/28	10:00A-3:00P
Sa	Candy Run	12:00P-2:00P

### HALLOWEEN HAYRIDE

(All ages) Location: Philomont Community Center. Catch this community tradition, the one and only hayride trick-or-treat event. Call 540-338-5882.

<b>111701-01</b>	\$8.00	2 and under free
Sa	10/28-10/28	6:00P-9:00P

### ARTIST OF MYSTERY - MAGIC SHOW

(All ages) Location: Lucketts Community Center. Celebrate Halloween with a unique and mind boggling magic show. Come in costume. Refreshments served. Call 703-771-5281.

<b>109710-01</b>	\$5.00 advance	\$6.00 at door
Su	10/29-10/29	2:00P-3:00P

### PRESCHOOL HALLOWEEN PARTY

(Ages 2-6) Location: Loudoun Valley Community Center. Call 540-338-4122 for details.

<b>Pay at door</b>	\$5.00	
M	10/30-10/30	6:00P-7:00P

### HALLOWEEN CELEBRATION

(Ages 3-15) Location: Lovettsville Community Center. A Halloween carnival follows trick-or-treating. Kids' meal and refreshments available for purchase.

<b>Pay at door</b>	\$5/child Free/adults	
Tu	10/31-10/31	6:00P-7:30P

### HOT DOG IT'S HALLOWEEN

(All ages) Location: Middleburg Community Center. Activities include costume parade, games, hayrides and a hot dog dinner. Call 540-687-6375.

<b>Pay at door</b>	\$4.00/adults \$2.00/kids	
Tu	10/31-10/31	6:00P-8:00P

## NOVEMBER

### AUDITIONS FOR 2007 VSA MUSICAL

(All ages) Try out for this VSA arts musical production based on Japanese fairy tales. Open to actors of every age and ability. VSA arts of Virginia promotes the arts, education, and creative expression of children and adults with disabilities. Call 540-338-7973 to schedule.

W,Th	11/1-11/2	5:45-7:30P
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### HOLIDAY CRAFT FAIR

(All ages) Location: Loudoun Valley Community Center. Fun for the entire family. Shop for holiday art, crafts, and gifts. Bake sale and food available. Craft vendors should call 540-338-5402 to register.

#### Free event

Sa	11/11-11/11	9:00A-4:00P
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### TURKEY TROT 5-K RUN

(Ages 16 & up) Location: Loudoun Valley Community Center. The LVCC Advisory Board is sponsoring its second annual 5-K Turkey Trot. To register, contact Meredith Thomas at merthomas@hotmail.com.

Sa	11/11-11/11	8:00A-11:00A
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### DINING WITH DINOSAURS

(Ages 4-10) Location: Sterling Annex Community Center. Bring lunch and a drink and eat among the dinosaurs. Explore like a paleontologist looking for fossils and dinosaur eggs. Call 703-430-6673.

<b>110702-01</b>	\$5.00	
Tu	11/7-11/7	11:30A-12:30P

## DECEMBER

### BREAKFAST W/SANTA

(All Ages): Location: Bluemont Community Center. Join us for breakfast with Santa. Registration by 11/27/06. Call 540-554-8643

<b>106703-01</b>	\$5.00	
Sa	12/2-12/2	9:00A-11:00A

### HOLIDAY IN THE PARK

(All ages) Location: Claude Moore Park. Visit holiday-decorated historic Lanesville house. Enjoy crafts, hayrides, marshmallows and more. Call 703-444-1275.

#### Free event

Sa	12/2-12/2	3:30P-6:00P
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### COMMUNITY TREE LIGHTING

(All ages) Location: Lucketts Community Center. Join us for our first Tree Lighting and fund raiser to benefit LAWS. Enjoy the Seraphim Bell Ringers, hot chocolate, holiday treats and bonfire. Call 703-771-5281.

#### Free event

Su	12/3-12/3	6:00P-7:30P
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### CANDY CANE HUNT/LUNCH WITH SANTA

(Ages 2-10) Location: Sterling Annex Community Center. Get into the holiday spirit! Go on a candy cane hunt in the safety of our fenced ball field, join us for lunch, have your picture taken with Santa, play games and win prizes. Call 703-430-6673.

<b>110703-01</b>	\$10.00	
Sa	12/2-12/2	10:30A-12:30P
<b>110703-02</b>	\$2.00/parent lunch only	
Sa	12/2-12/2	10:30A-12:30P



## TRIPS COUNTYWIDE

This section includes some of our countywide trips offered by community centers, senior centers, parks and other programs. Trips are listed in chronological order. Please call the number listed for additional information.

### SEPTEMBER

#### PRESCHOOLER AND ME

(Ages 3-5) Take your preschooler on a fun trip to the National Zoo. Depart/return: Arcola Community Center. Parents must attend. Call 703-327-3111. Free admission to Zoo.

**105901-01** \$10.00  
Sa 9/9-9/9 8:00A-2:30P

#### HIKE WOLF ROCK

(All ages) Destination: Catoclin Mountains. Grab your hiking gear and get ready for one of the best hikes in the area. Depart/return: Arcola Community Center. Call 703-327-3111.

**105902-01** \$15.00  
Sa 9/16-9/16 9:00A-3:00P

#### DC DUCK TOUR

(All ages) Visit the WWII memorial, have lunch on your own at Union Station, then climb aboard a fully restored 1942 "Duck" that takes you on a tour then splashes into the Potomac River! Depart/return: Lovettsville Community Center. Call 540-822-5284.

**102712-01** \$45.00  
Sa 9/23-9/23 9:00A-4:00P

#### NEW YORK CITY "YOUR WAY"

(All ages) Travel by deluxe charter bus and experience all NYC offers. Parents must accompany children under 18. Depart/return: Arcola Community Center. Call 703-327-3111.

**105903-01** \$55.00  
Sa 9/30-9/30 5:30A-11:59P

### OCTOBER

#### MY FIRST BUS RIDE TO BIG APPLE CIRCUS

(All ages) Ride a big, yellow school bus to the Big Apple Circus at the Dulles Towne Center. Parent must pay and accompany child. Depart/Return: Douglass Community Center. Call 703-771-5913.

**104701-01** \$19.00/person  
W 10/4-10/4 10:00A-2:30P

#### FOXCROFT OBSERVATORY

(All ages) Dress in layers and bring a flashlight. Parent must accompany children under 16. Rain date 10/21. Depart/return Loudoun Valley Community Center. Call 540-338-4122.

**101713-01** \$5.00  
F 10/6-10/6 7:00P-9:30P

#### KINGS DOMINION FEAR FEST

(All ages) Take a ride with us and experience one of the scariest parks on earth! Depart/return: Arcola Community Center. Call 703-327-3111. Includes admission.

**105904-01** \$35.00  
Sa 10/7-10/7 8:00A-8:00P

#### CATOCTIN ZOO & FALL FOLIAGE

(All ages) Enjoy the colorful panoramic views of the Catoclin Mountains as you travel to Thurmont's Wildlife Preserve. Depart/return Loudoun Valley Community Center. Call 540-338-4122.

**101717-01** \$12.00  
Sa 10/7-10/7 9:30A-3:00P

#### MOUNT VERNON CRUISE TRIP

(All ages) This trip includes a narrated Potomac River tour, a cruise to and from Mount Vernon, admission to Mount Vernon. Depart/return: Arcola Community Center. Call 703-327-3111.

**105905-01** \$48.00  
Sa 10/14-10/14 6:30A-4:30P

#### LUCK STONE QUARRY

(All ages) Parent/guardian must accompany children under 10. The bus will make a breakfast stop on the way back. Depart/return Loudoun Valley Community Center. Call 540-338-4122.

**101716-01** \$10.00  
Sa 10/14-10/14 8:00A-11:30A

#### HARPERS FERRY TRIP

(Ages 5 & up) Take a walking tour of historic Harpers Ferry, W. VA. Depart/return Loudoun Valley Community Center. Call 540-338-4122.

**101719-01** \$15.00  
Sa 10/14-10/14 9:00A-3:00P

#### SURVIVAL HIKE

(Grades 6-12) You'll hike and learn from experts how to purify water, build a debris hut and more. Wear hiking shoes. Bring water & lunch. Depart/return: Lovettsville Community Center. Call 540-822-5284.

**102390-01** \$35.00  
Su 10/15-10/15 10:45A-3:15P

#### TEMPLE HALL FARM CORN MAIZE

(All ages) See if you can find your way out of the corn maze! Depart/return: Arcola Community Center. Call 703-327-3111. Includes admission.

**105906-01** \$8.00  
Sa 10/21-10/21 10:00A-2:30P

#### NEW YORK CITY TRIP

(Ages 8 & up) You'll be dropped off at Macy's to enjoy 8 hours of shopping, site seeing, eating, and more! Ages 8-17 MUST be accompanied by parent. Depart/return: Sterling Community Center. Call 703-430-9480.

**103740-01** \$55.00  
Sa 10/21-10/21 6:00A-11:00P

#### CIVIL WAR CEMETERY TOUR

(Ages 12 & up) Visit cemeteries where Civil War notables are buried. Bring a bag lunch. Adult must accompany children under 16. Register by 10/20. Depart/return: Claude Moore Park. Call 703-444-1275.

**161734-01** \$35.00  
Sa 10/21-10/21 9:00A-5:00P

#### CORN "MAIZE" TRIP

(All ages) Ride to Temple Hall Regional Farm to play in the maze. Parent/guardian must accompany children under 12. Fee includes admission. Depart/return Loudoun Valley Community Center. Call 540-338-4122.

**101714-01** \$12.00  
Sa 10/28-10/28 11:00A-3:00P

### NOVEMBER

#### TARARA WINERY

(Ages 21 & up) Visit one of the area's most popular wineries. Depart/return: Arcola Community Center. Call 703-327-3111.

**105907-01** \$13.00/transport only  
Sa 11/4-11/4 10:30A-2:30P

#### POTTERY FIELD TRIP

(All ages) Take a trip to a local pottery shop and create your own personal piece of art. Depart/return Loudoun Valley Community Center. Call 540-338-4122.

**101721-01** \$20.00  
W 11/8-11/8 11:30A-2:30P

#### BALTIMORE AQUARIUM

(All ages) See beautiful and exciting sea life at the famous aquarium. Depart/return: Arcola Community Center. Call 703-327-3111. Includes admission.

**105908-01** \$25.00  
Sa 11/11-11/11 8:00A-4:00P

#### HAGERSTOWN PRIME OUTLETS

(All ages) Get your Holiday shopping done early at some of the best outlets around. Depart/return Loudoun Valley Community Center. Call 540-338-4122.

**101718-01** \$10.00  
Sa 11/11-11/11 8:30A-5:00P

#### NEW YORK, YOUR WAY

(All ages) Travel by motor coach to New York City. Spend the day shopping and sightseeing.

**TRIPS - COUNTYWIDE**

Children must be accompanied by adults.  
Depart/return: Lovettsville Community Center.  
Call 540-822-5284.

**102721-01** \$55.00  
Sa 11/18-11/18 6:00A-11:00P

**INTERNATIONAL SPY MUSEUM**

(All ages) Learn all the tricks of the trade as you try to become the best international spy.  
Depart/return: Arcola Community Center. Call 703-327-3111. Includes admission.

**105909-01** \$22.00  
Sa 11/18-11/18 8:30A-3:30P

**NYC TRIP**

(All ages) Visit the Big Apple for shopping and sightseeing. A deluxe motor coach drops you off at Macy's. Depart/return: Franklin Park. **Under 18 must be accompanied by an adult.** Call 540-338-7603.

**162910-01** \$60.00  
Sa 11/25-11/25 6:00A-11:59P  
**162910-02** \$60.00  
Sa 11/25-11/25 6:30A-11:59P

## DECEMBER REGISTRATION STARTS 8/23

**MOTHER-DAUGHTER LIBBY LOOS TRIP**

(Ages 2 & up) We'll be traveling to Tyson's Corner for a special treat. Parent/guardian must accompany child. Fee covers 1 adult +1 child; \$3.00/ each additional child. Depart/return Loudoun Valley Community Center Call 540-338-4122.

**101712-01** \$10.00  
Sa 12/2-12/2 10:00A-4:00P

**NYC ROCKETTES**

(All ages) Travel by motor coach to New York City to see the world famous Rockettes. Time for shopping and lunch. Cost includes fuel surcharge. Registration deadline is 11/14. Depart/return: Leesburg Steinmart parking lot Call 703-771-5913.

**104703-01** \$110.00 Includes show  
Sa 12/16-12/16 6:30A-11:30P

**NEW YORK CITY SHOPPING ONLY**

(All ages) See above description. No show.  
**104707-01** \$60.00 Transportation only  
Sa 12/16-12/16 6:30A-11:30P

## TRIPS FOR SENIORS

Registration begins on 8/23/06 unless otherwise noted. All trips are for individuals 55 and older. Transportation is by Senior Center buses unless otherwise noted. First price listed is for current card carrying senior

**TRIPS - SENIORS****703-430-2397**

members (Arcola, Cascades, Leesburg and Purcellville); second price listed is for non-members. Departure and return locations for most day trips: Leesburg Wal-Mart (west side of parking lot near Garden Center), Loudoun Valley Community Center and Senior Center at Cascades. Sign-up is required and may be done at any PRCS facility with access to RecTrac! There are no refunds although a refund minus a 20% administrative fee may be issued if your seat is resold. Call 703-430-2397.

The following previously advertised trips are **SOLD OUT**:

**9/7 HILLWOOD MUSEUM AND GARDENS**

**9/13 "KISS ME KATE" AT TOBY'S THEATRE**

**9/18-9/21 BOSTON AND NEWPORT/ NEW ENGLAND**

The following previously advertised trips **MAY BE AVAILABLE**:

**9/25-9/28 HISTORIC TRIANGLE: JAMESTOWN, YORKTOWN & WILLIAMSBURG**

**10/9-10/14 VERMONT**

## SEPTEMBER

**U.S. CAPITOL / WASHINGTON MONUMENT – WASHINGTON, DC**

Tour your national Capitol and after lunch view DC from the top of the Washington Monument. Lunch on your own at the Old Post Office. Price includes transportation and tours. Extensive walking.

**145613-01** \$10/member, \$12/non-member  
Tu 9/12-9/12

**CASINO TRIP – CHARLES TOWN, WV**

Enjoy slots and simulcast horse racing. Lunch on your own. Price covers transport and \$5 cash back (subject to change). Minimum walking.

**145610-01** \$7/member, \$9/non-member  
Th 9/14-9/14

**SMITHSONIAN MUSEUMS – WASHINGTON, DC**

Drop off and pick-ups at Natural History, Gallery of Art, American Indian, Air and Space and African Art/Sackler/Freer/Hirshhorn Museums. Lunch on your own at museum. Price covers transport. Free admission. Extensive walking.

**145614-01** \$8/member, \$10/non-member  
F 9/22-9/22

**CASINO TRIP – CHARLES TOWN, WV**

See description for 9/14.

**145610-02** W 9/27-9/27

**WORLD WAR II & FDR MEMORIALS – WASHINGTON, DC**

Spend three hours at WWII and FDR

Memorials and/or walk over to Vietnam, Korean and Lincoln Memorials. Bring bag lunch. Price covers transport. Free admission. Extensive walking.

**145615-01** \$8/member, \$10/non-member  
F 9/29-9/29

**NATIONAL ZOO – WASHINGTON, DC**

Enjoy a day at the zoo and perhaps even get a glimpse of the baby panda. This trip is open to seniors, their children and grandchildren. Bring lunch or purchase at zoo. Price covers transport. Free admission. Extensive walking.

**145616-01** \$8/member/family member, \$10/non-member  
Sa 9/30-9/30

## OCTOBER

**TANGIER ISLAND – REEDSVILLE, VA**

Travel by motorcoach, then board a narrated cruise across Chesapeake Bay to Tangier Island. Family style meal (crab cakes, oysters, ham) before exploring the island. Dinner at fast food restaurant on your own. Price covers transport, cruise, lunch, tax, tip. Moderate walking.

**145617-01** \$77/member, \$79/non-member  
W 10/4-10/4

**MOUNT VERNON – ALEXANDRIA, VA**

Visit George Washington's home and burial site. Bring bag lunch or purchase on site. Price covers transport and admission. Extensive walking.

**145618-01** \$20/member, \$22/non-member  
F 10/6-10/6

**SKYLINE DRIVE AUTUMN COLORS – SHENANDOAH NATIONAL PARK**

View fall colors along the northernmost 24 miles of Skyline Drive. Park admission \$5 per person or free with Golden Age or Access Passport. Pack a lunch or purchase at Elkwhallow Wayside. Price covers transport. Minimum walking.

**145619-01** \$8/member, \$10/non-member  
W 10/11-10/11

**CASINO TRIP – CHARLES TOWN, WV**

See description for 9/14.

**145610-03** Th 10/12-10/12

**SKYLINE DRIVE AUTUMN COLORS – SHENANDOAH NATIONAL PARK**

See description for 10/11.

**145620-01** Tu 10/17-10/17

**SKYLINE DRIVE AUTUMN COLORS – SHENANDOAH NATIONAL PARK**

See description for 10/11.

**145621-01** W 10/18-10/18

**U.S. CAPITOL / WASHINGTON MONUMENT - WASHINGTON, DC**

See description for 9/12.

**145622-01** Th 10/19-10/19**"SHEAR MADNESS" AT KENNEDY CENTER - WASHINGTON, DC**

Enjoy the ever-changing and longest running show in American theatre, "Shear Madness." Lunch is on your own before show at Clyde's in Tysons. Price covers transport and show. Minimum walking.

145623-01 \$38/member, \$40/non-member  
Su 10/22-10/22

**CASINO TRIP - CHARLES TOWN, WV**

See description for 9/14.

**145610-04** W 10/25-10/25**SMITHSONIAN MUSEUMS - WASHINGTON, DC**

See description for 9/22.

**145624-01** F 10/27-10/27**NOVEMBER****"BLACK COFFEE" AT WAYSIDE THEATRE - MIDDLETOWN, VA**

Begin with a buffet lunch at Hotel Strasburg and then enjoy this Hercule Poirot mystery by Agatha Christie. Price covers transport, lunch, tax, tip, show. Minimum walking.

**145625-01** \$47/member, \$49/non-member  
W 11/1-11/1

**AMERICAN ART MUSEUM, NATIONAL PORTRAIT GALLERY & SPY MUSEUM - WASHINGTON, DC**

Explore this recently reopened museum or visit the Spy Museum across the street (cost about \$15). Lunch on your own. Price covers transport. Free art museum admission. Extensive walking.

**145626-01** \$8/member, \$10/non-member  
Th 11/2-11/2

**ARLINGTON NATIONAL CEMETERY / LUNCH AT CLYDE'S - ARLINGTON, VA**

Visit the largest military cemetery in the U.S., the Tomb of the Unknown Soldiers and the Kennedy graves. Late lunch on your own at Clyde's in Tysons. Price covers transport and Tourmobile. Moderate walking.

**145627-01** \$12/member, \$14/non-member  
F 11/3-11/3

**"JOSEPH AND THE AMAZING TECHNICOLOR DREAMCOAT" AT RESTON COMMUNITY PLAYERS - RESTON, VA**

Enjoy this delightful musical parable by the legendary team of Webber and Rice. Dinner on your own at Clyde's in Reston. Price covers transport and show. Minimum walking.

**145628-01** \$20/member, \$22/non-member  
Su 11/5-11/5

**CASINO TRIP - CHARLES TOWN, WV**

See description for 9/14.

**145610-05** Th 11/9-11/9**CASINO TRIP - CHARLES TOWN, WV**

See description for 9/14.

**145610-06** W 11/22-11/22**"HERE'S LOVE - MIRACLE ON 34TH STREET" AT TOBY'S DINNER THEATRE - COLUMBIA, MD**

Kris Kringle takes on the cynics among us in this musical adaptation of the popular holiday favorite. Price covers transport, show, lunch, tax, tip. Minimum walking.

**145629-01** \$50/member, \$52/non-member  
W 11/29-11/29

**BREWMASTER'S CASTLE AND WOODROW WILSON HOUSE - WASHINGTON, DC**

Visit America's most intact late-Victorian House and after lunch tour President Wilson's home. Lunch on your own near DuPont Circle. Price covers transport and admissions. Extensive walking.

**145630-01** \$18/member, \$20/non-member  
Th 11/30-11/30

Depart: 8:00A from LVCC; 8:30A from Wal-Mart; 9:00A from SCCM

Return: 5:00P to SCCM; 5:30P to Wal-Mart; 6:00P to LVCC

**CHRISTMAS IN THE SMOKY MOUNTAINS SHOW TRIP - TENNESSEE**

5-days, 4-nights. Call for flyer. Total trip cost: \$552/member and \$582/non-member for double occupancy or \$672/member and \$702/non-member for single occupancy. Moderate walking.

**245640-01** \$184/member,  
\$194/non-member double  
\$224/member,  
\$234/non-member single  
due upon registration

**245640-02** \$184/\$194 or  
\$224/\$234 due 9/15

**245640-03** \$184/\$194 or  
\$224/\$234 due 10/10

M-F 11/13-11/17

**REGISTRATION FOR TRIPS BELOW STARTS 8/23****HOLIDAY LIGHTS TRIP - WASHINGTON, DC**

Begin with dinner on your own at Union Station, view Pageant of Peace and visit Mormon Temple grounds and Visitors Center

(live nativity). Price covers motorcoach transport. Free admissions. Extensive walking.

**245611-01** \$19/member, \$21/non-member  
M 12/11-12/11

Depart: 3:00P Wal-Mart, 3:30P SCCM

Return: 10:00P SCCM, 10:30P

Wal-Mart

**245612-01** \$19/member, \$21/non-member  
Th 12/14-12/14

**SAVANNAH / JEKYLL ISLAND / BEAUFORT TRIP - GEORGIA/SOUTH CAROLINA**

7-days, 6-nights. Call for flyer. Total trip cost: \$564/member and \$594/non-member for double occupancy or \$744/member and \$774/non-member for single occupancy. Extensive walking.

**245641-01** \$188/member,  
\$198/non-member double  
\$248/member,  
\$258/non-member single  
due upon registration

**245641-02** \$188/\$198 or  
\$248/\$258 due 10/2

**245641-03** \$188/\$198 or  
\$248/\$258 due 11/1

Su-Sa 2/18-2/24 (2007)

**AREA AGENCY ON AGING**

215 Depot Court, SE, 2nd Floor  
Leesburg, VA 20175

703-777-0257

Monday-Friday 8:30A 5:00P

**The Area Agency on Aging provides the following information and programs for senior citizens and their families:**

ELDER CHOICES: One Number to Call for information and assistance.

HOME DELIVERED MEALS

ADULT DAY CENTER

MEDICAL TRANSPORTATION INFORMATION

HEALTH PROMOTION

TAX ASSISTANCE PROGRAM

RETIRED AND SENIOR VOLUNTEER PROGRAM (RSVP)

**SENIOR CENTERS GENERAL INFORMATION****ACTIVITIES & FEES**

Full-service senior centers and senior activity centers offer a variety of programs and activities for citizens 55 years of age and up. Annual membership fee July-June is \$10/person (\$15/non-county residents). In lieu of membership, seniors may pay a daily drop-in

fee of \$1 (\$1.50 for non-residents). Members receive lower rates for trips and classes, a monthly newsletter and membership privileges at all senior centers. For lunch there is a suggested donation for adults 60 plus and a cost of \$4.00 for adults under 60.

## SENIOR ACTIVITY CENTER AT LEESBURG

215 Depot Court, SE, First Floor  
Leesburg, VA 20175

703-737-8039

M - F 8:30A-5:30P

*Unless otherwise noted, the following activities are offered FREE to participants ages 55 & older, although membership or drop-in fees apply.*

### CRAFTS

#### PAINTING; WATERCOLORS, ACRYLICS AND OILS

\$12.00 due to instructor at first class for supplies. No class 10/9.

**127625-01** \$45.00  
M 9/18-10/30 1:00P-3:30P

#### SEWING WITH CAROL

Work on your project with expert help

M 9/11-11/30 9:00A-11:00A

#### CERAMICS WITH ERNIE AND MYRNA

Supply prices vary with the piece of green ware you intend to glaze and fire. Volunteer instructors : Ernie and Myrna

W 9/6-11/30 12:30P-1:30P

#### CRAFTS

Variety of media and projects

W 9/6-11/30 1:30P-3:00P

#### STITCH-IN

Come and join the fun ! Bring your quilting, knitting, crocheting, and other needle projects. Make new friends !

M 9/11-11/30 9:00A-11:45A

#### BASKETRY

Create your own hand-woven basket. Bring wire-cutters and scissors

**127626** \$12.00  
W 9/13-9/27 1:30P-3:00P

### DANCE

#### LINE DANCE WITH LOIS

All abilities welcome. Volunteer instructor: : Lois

W 9/6-11/30 1:00P-2:00P

#### TAP DANCE WITH LOIS

All abilities welcome. Volunteer Instructor:

Lois  
W 9/6-11/30 2:00P-3:00P

#### SQUARE DANCE WITH BEAUS AND BELLS

Beginners course lasts for 7 months. See Club Caller first night for fees.

M 10/2-5/21 7:00P-10:00P

### EDUCATIONAL

#### SPANISH WITH GLORIA

Learn to speak and recognize the language. Join in conversation in a small group setting for quick learning. Volunteer instructor: Gloria

**127606-01** \$7.00 (+ text book fee)  
Tu 9/5-11/30 11:00A-12:00P

#### INTERNET COMPUTER BASICS WITH SHIWEI

Four one-hour sessions for new users. Learn the basics of finding information on the internet. Create your own e-mail address. Space limited. Volunteer instructor: Shiwei.

**127607-01** \$7.00  
W 9/6-9/27 10:00A-11:00A  
**127607-02** \$7.00  
W 10/4-10/25 10:00A-11:00A  
**127607-03** \$7.00  
W 11/1-11/22 10:00A-11:00A

#### MICROSOFT WORD AND EXCEL

Learn how to make a variety of documents and how to save and delete files. Volunteer instructor: Ron.

**127608-01** \$14.00  
Th 10/5-11/16 10:00A-12:00P

#### WRITING CLASS

Write your one-page memoir. Have you ever wanted to write your life story but the task seems overwhelming? Begin with the help of Pat Kellerman, a fellow senior and published writer. This class meets every other Thursday.

Th 9/7-11/16 12:30P-2:00P

### FITNESS

#### EXERCISE TAPE

National Council on Aging provides this video for ages 55 and up.

Tu & Th 9/5-11/29 9:00A-10:30A

#### STRETCH & TONE WITH CAROL

Use bands and hand weights for overall fitness.

Th 9/7-11/24 11:00A-11:45A

#### WALKING CLUB

Get your walking shoes in motion and walk for your health.

M,W,F on-going 10:30A

#### EXERCISE EQUIPMENT

2 Treadmills, 2 Bikes, and 1 Cardioglide  
M-F on-going 8:30A-5:00P

#### TAI-CHI

T on-going 12:30P

#### GRAVITY

Daily on-going 11:30A

### ON-GOING CLUBS & GROUPS

#### BIBLE STUDY WITH BEN

W on-going 11:00A-12:00P

#### PARTY BRIDGE

Party Bridge recently established. We are looking for new participants.

Tu on-going 1:00P-4:00P

#### INTERGENERATIONAL CHESS CLUB

YOUTH AND SENIORS participate in Chess at all levels of difficulty. Meets every other Thursday Sept-Nov.

Th 9/7-11/30 1:30P-3:00P  
Th 12/7,12/14 1:30-3:00P

#### ADVISORY BOARD MEETING

"Leesburg Senior Center" meet the first Thursday of the month.

1st Th on-going 2:00P

#### GOOSE CREEK BRIDGE GROUP

Duplicate Bridge group fees involved for members

Th on-going 10:00A

#### LOUDOUN BRIDGE BUFFS

Duplicate Bridge Sanctioned game.-\$2.00/member

F on-going 1:00P

#### CROCHET CLUB

F on-going 11:00A

#### FUN AND GAMES NIGHT

M on-going 2:00P-5:00P

#### BEAUS & BELLS SQUARE DANCES

Group fees involved for members

2nd, 4th F on-going 7:00P

### HEALTH SCREENINGS & INFORMATION

#### VIRGINIA RESOURCE CENTER FOR THE DEAF AND HARD OF HEARING

Representative Joan Cassidy will present quarterly information on resources and devices available to assist with mild to severe hearing loss.

1st W on-going 11:00A-12:00P

#### DIABETES SUPPORT GROUP

2nd Th on-going 11:00A

**BLOOD PRESSURE CHECKS WITH CHARLOTTE**

3rd W on-going 11:00A

**OSTEOPOROSIS VIDEO WITH RHONDA**

W 11/4-11/4 11:00A-11:45A

**BONE HEALTH**

T 9/12-9/12 11:00A

**DEMENTIA & DRIVING**

T 11/28-11/28 11:00A

**CARE COORDINATION WITH KATHY**

4th T on-going 11:00A

**RECREATION, SOCIALS, & GAMES****LUNCH IN THE DINING ROOM**

Served daily at 12:00P. Reservations required. Call 703-737-8040.

\$4.00/ages 55-59, Donation/ages 60 &amp; over.

**SHOPPING OUTING**

Join us on Tuesdays for this weekly activity.

Tu on-going 12:30P

**BOWLING**

Location: Village Lanes Bowling in Leesburg. Non-competitive. Play one fun game. Transportation provided.

**Pay at door** \$2.00/Game

M on-going 1:00P

**BILLIARDS**

Make use of the regulation slate pool table.

Free with membership.

M-F on-going 8:30A-5:00P

**FAST BINGO****Pay at door** 50 cents per card

W on-going 9:00A

**BINGO****Pay at door** \$.50/ card

F on-going 12:30P

**SPECIAL EVENTS****LEESBURG LUNCH BUNCH**

Visit Restaurants in our area for lunch with old and new friends. Depart from the Leesburg Senior Center. Registration required. Bus transportation fee. Lunch additional.

**THE ANVIL RESTAURANT**, Harpers Ferry, WVA**127611-01** \$6/members \$11/non-members

Th 9/21-9/21 11:00A-2:30P

**BAVARIAN INN**, Shepherdstown, WVA**127611-02** \$6.00

Th 10/19-10/19 11:00A-2:30P

**THE TALK OF THE TOWN**, Lovettsville, VA**127611-03** \$6.00

Th 11/16-11/16 11:00P-2:30P

**MONTHLY BIRTHDAY CELEBRATION**

Leesburg members will have a special Birthday celebration for all members of the month.

3rd T on-going 12:30P

**AARP DRIVING SAFETY COURSE**

Participants must be 55 &amp; older and attend both classes to complete the 8-hour certification. Make checks payable to AARP. Bring check to first class. Class size limited. Call 703-737-8039.

M 10/2, 10/16 1:00P-5:00P

**NUTRITION HEALTH SERIES: THE HEALTHY ALTERNATIVE****FRUITS**

F 9/1-9/29 11:00A-12:00P

**VEGETABLES**

F 10/6-10/27 11:00A-12:00P

**BREADS & CEREALS**

Th, F 11/3, 11/9, 11/17 11:00A-12:00P

**VETERANS DAY CELEBRATION**

Honor our vets. Bring your photos and memorabilia to share.

**127624-01** \$1.00

F 11/10-11/10 11:00A

**HOEDOWN**

Dress comfortably and be ready to dance. Get a beginner square dance lesson provided by a professional caller from the Beaus &amp; Bells.

**127630-01** \$2.00

M 10/2-10/2 7:00P

**HALLOWEEN PARADE**

Meet at the Leesburg Senior Center to board the bus for the Town of Leesburg Parade.

T 10/31-10/31 4:00P-7:30P

**2006 MAJOR LEAGUE BASEBALL WORLD SERIES PARTY**

Come celebrate the winner of the 2006 MLB World Series.

**127631-01** \$2.00

W 10/25-10/25 TBD

**SENIOR ACTIVITY CENTER AT ARCOLA**

24238 Goshen Road

Aldie, VA 20105

**703-327-3232 703-327-3923**

M-F 9:00A-5:00 P

*Unless otherwise noted, the following activities are offered FREE to participants age 55 & older, although membership or non-member drop-in fees apply.***CLASSES****COMPUTER LAB**

Computer instruction w/Raman. Please schedule class

Th on-going 12:15P-1:00P

**EXERCISE FOR SENIORS**

Yoga for Srs. w/Ved Wednesday

Gentle exercise w/Calvin Friday

W &amp; F on-going 11:00A-12:00P

**QUILTING & CRAFTING****Bring your own supplies.**

1st 2nd 4th Tu on-going 11:00A-2:00P

**BEGINNING LINE DANCE**

Join us in learning how to LINE DANCE. It should be a great work out and fun as well!

Th on-going 11:00A-12:00P

**ON-GOING ACTIVITIES****ARCOLA BOOK CLUB**

Loudoun County Seniors READ! Many book selections provided by LCPL. Possible field trips associated with reading selection.

2nd 4th W on-going 12:45P-2:00P

**BOWLING**

Location: Village Lanes Bowling in Leesburg. No competition, just fun for everyone at a low senior discount price. One game played. Transportation provided from Arcola Senior Center.

**Pay at door** \$2.00/Game

M on-going 12:45P-2:00P

**SHOPPING @ K MART**

2nd 3rd M on-going 1:00P-2:00P

**SHOPPING GIANT / SFW**

1st 3rd W on-going 12:30P

**LIBRARY OUTREACH SERVICES**

LCPL visits Arcola Senior Center for a monthly book /tape/CD exchange. Participants are welcome to borrow books, etc. from the center's ever-growing library.

2nd F on-going 11:00A

**AFTERNOON AT THE MOVIES**

Lunch with friends @ Arcola S.A.C. and a new release movie w/popcorn and soda.

**Non-member** \$1.00

3rd F 11:00A-2:00P

**ADVISORY BOARD MEETING**

Meetings are open to all.

2nd Tu on-going 1:00P-2:00P

**VISIT W/ KATHY KEHOE**

Offering Information and assistance.

2nd Tu on-going 11:00A-11:45A

**LOUDOUN MOBILE HEALTH SERVICES**

Stop by and have your blood pressure and heart rate monitored monthly

1st 3rd Tu on-going 11:00A-12:00P

**GAMES GALORE**

Start your weekend out right...PLAY.

Jump start vocabulary with a good game of SCRABBLE, DOMINOES (all types), CRIBBAGE, ETC.

1st 2nd 3rd Th on-going 12:30P-2:00P

**BINGO**

Play BINGO with us!

**Pay at door** \$.50 per card

4th F on-going 12:45P-2:00P

**SPECIAL EVENTS**

Please contact us for information about Special Events for this Fall.

**SENIOR ACTIVITY CENTER AT PURCELLVILLE**

Current address: 320 W. School Street  
Purcellville, VA 20132

Future address: Carver Center  
200 Willie Palmer Way

Purcellville, VA 20132

**540-338-4883**

M-Th 9:00A-10:00P

F 9:00A-8:00P Sa 9:00A-9:00P

*Unless otherwise noted, the following activities are offered FREE to participants age 55 & older, although membership or non-member drop-in fees apply.*

**CLASSES****BEGINNER WATERCOLOR ART CLASSES**

Basic watercolors taught by Jean Kipfler. Learn for cost of your supplies (\$50 - \$100), instruction is free. Non-member \$2.00 per class.

Th 9/1-11/17 12:45P - 2:00P

**BEGINNER COMPUTER CLASS**

Half hour individual instruction in computer basics: Using the mouse, games, Word basics, e-mail accounts, printing documents, etc. Non-member \$2.00 per class. Reservations required.

Th 9/1-11/17 9:00A - 11:30A

**ON-GOING ACTIVITIES****CARVER LUNCH BUNCH**

Good food, good times, good friends! Enjoy lunch out at different restaurants each month.

Purchase lunch on your own. Destination announced monthly. Those providing own transport must still register (no charge).

**130601-01** \$4.00

3rd Tu 9/19-9/19 10:00A-2:00P

**130601-02** \$4.00

3rd Tu 10/17-10/17 10:00A-2:00P

**130601-03** \$4.00

3rd Tu 11/21-11/21 10:00A-2:00P

**CARVER SENIOR CENTER ADVISORY BOARD**

Help make decisions for senior programs, projects, activities, events, fundraisers and trips. Let your voice be heard as a member of the Carver Senior Center Advisory Board. Meetings will be held at the Carver Center.

1st Tu 9/5-11/7 12:45P

**FRIENDS OF CARVER MEETING**

The Carver Senior Center will open later this year. Join this active group as they continue efforts to preserve a piece of Loudoun's history. Meetings will be held at the Carver Center.

2nd Tu 9/12-11/14 1:30P

**VIRGINIA RESOURCE CENTER FOR THE DEAF AND HARD OF HEARING**

Representative Joan Cassidy will present quarterly information regarding mild to severe hearing loss and newest equipment available to assist. New schedule for the Carver Center will be announced in upcoming editions of the Silver Star Newsletter.

**BLUE RIDGE SPEECH AND HEARING**

A representative will be at the senior center on the 4th Tu of every other month to clean and test hearing aids, as well as provide resource information.

4th Tu 9/26 & 11/28 10:30A-11:30A

**AREA AGENCY ON AGING RESOURCE**

Up-to-the-minute information and group presentations by AAA Elder Resources Representatives; individualized information and assistance consultations provided upon request.

2nd W 9/13-11/8 11:00A-12:00P

**BLOOD PRESSURE CHECK**

Provided by Loudoun Healthcare. No appointment needed.

2nd,4th Th 9/14-11/9 11:00A-12:00P

**BOWLING**

Village Lanes in Leesburg, play one non-competitive game \$1.75, free shoes. Free transportation provided at 12:45P from senior center.

M on-going 1:00P-2:30P

**BINGO**

Join in for fun and product prizes - 1 hour of play for \$.50 per card, no card limit. (Friday morning game after move into Carver Center)

**Pay at door** \$.50/card

W on-going 12:45P - 1:45P

F on-going 10:00A-11:00P

**FITNESS**

Exercise on state-of-the-art equipment at the Carver Fitness Center.

M-Th on-going 9:00A-10:00P

F on-going 9:00A-8:00P

Sa on-going 9:00A-9:00P

**AFTERNOON AT THE MOVIES**

Enjoy a full length popular movie each month. Intermission includes popcorn and a drink for \$.50. Movie selections listed in monthly activity calendar.

2nd F 9/8-11/10 1:00P

**POKER**

Get in on the fun with our weekly Poker game (chips only) - play or learn Non-member fee \$2.00.

F on-going 1:00P

**CANASTA**

Join the group for a fun afternoon/play or learn. Non-member fee \$2.00.

M on-going 1:00P

**DEALER'S CHOICE**

Come join the fun and play different card games - Poker, Canasta, Pinochle, Skip-Bo, or introduce one of your own. Great fun and always interesting - teach/learn/play. Non-member fee \$2.00.

Tu & Th on-going 1:00P

**GAMES PEOPLE PLAY**

Play one of ours or bring one of your own. Play, teach or learn and have an enjoyable afternoon with friends. Non-member drop-in fee \$2.00.

M-F on-going 9:00A-5:00P

**SHOPPING**

Weekly transportation to Leesburg for light shopping (1 hour max).

M on-going 1:00P



**SENIOR CENTER - PURCELLVILLE****GROCERY SHOPPING**

Monthly transportation to grocery establishments.

1st F on-going 1:00P

**COMPUTER LAB**

Members can set up a personal e-mail account, surf the Internet, play games, type a letter, have fun. Non-member fee \$2.00.

M-Th on-going 9:00A-10:00P

F on-going 9:00A-8:00P

Sa on-going 9:00A-9:00P

**INTERGENERATIONAL ENTERTAINMENT AND FUN**

Home-schooled children from the Purcellville area visit the senior center to provide outstanding musical entertainment or engage in joint projects with the members.

3rd W 11:00A-12:00P

**VINTAGE THEATER**

Take a fun trip back in time to the "Good old days" by joining members who appreciate those great old movies, short comedic videos or audio stories.

Tu on-going 1:00P

**GUEST SPEAKERS**

Refer to the Silver Star Newsletter for guest speakers and programs scheduled for September, October and November. Last Tuesday of month.

Tu 9/26-11/28 1:00P

**BOOK CLUB & COFFEE KLATCH**

Gladys Beavers, retired Loudoun County teacher, leads this interesting Public Library "Book in a Bag" Book Club. Books are distributed to interested members and at the end of the month readers will meet for light refreshments and lively discussion.

Tu 9/26-11/28 10:30A-12:00P

**THE FLOOR IS YOURS**

Relaxed and casual, stimulating and interesting, discussion on topics of your choice. All seniors are welcome, refreshments served.

3rd F 9/16-11/17 1:00P

**GAME NIGHT**

Various card games are played-all types of games are welcome. Teach, learn and play – join the gang for a great evening out.

Th 9/7-11/17 6:00P-9:00P

**POOL ANYONE?**

Enjoy toning your skills alone or some friendly competition playing pool at Carver Center.

M-Th on-going 9:00A-10:00P

F on-going 9:00A-8:00P

Sa on-going 9:00A-9:00P

**SENIOR CENTER - CASCADES****703-430-2397****SPECIAL EVENTS****GRAND OPENING OF THE CARVER CENTER**

Watch for future notices announcing our grand opening. The Carver Center will be a full service senior, cultural and multi-use center that will include an adult day care. The Carver Center is open to membership for \$10.00 per year for adults 55 years of age and older. For information on extended hours, additional community services, rentals and programming, call 703-777-0257.

**SENIOR CENTER AT CASCADES**

21060 Whitfield Place

Sterling, VA 20165

**703-430-2397**

M, W-F 9:00A-5:00P

Tu 9:00A-8:00P

*Unless otherwise noted, the following activities are offered FREE to participants age 55 & older, although membership or non-member drop-in fees apply.*

**CARDS AND GAMES****BINGO**

**\$1/2 cards (15 games)**

M,Th 10:30A-12:00P

F 1:30P-3:00P

**CANASTA**

Tu 1:00P-4:00P

**DUPLICATE BRIDGE**

**Sanctioned game - \$2/session**

M 11:00A-3:00P

Th 1:00P-4:30P

**HAND AND FOOT**

F 1:00P-4:00P

**MAH-JONGG**

Tu 1:00P-4:00P

**O'HECK**

W 10:00A-11:30A

**PARTY BRIDGE**

M,W,F 1:00P-4:00P

**PINOCHLE**

M,Th 1:00P-4:00P

**POKER**

Tu,Th 1:00P-4:30P

**SCRABBLE**

Th 1:00P-4:00P

**CULTURAL AND SOCIAL ACTIVITIES****BIBLE STUDY**

Tu 10:30A-12:00P

1st, 3rd W 10:00A-11:30A

**BOOK DISCUSSION**

3rd Tu 12:00P-1:30P

**COFFEE CHAT**

M,W,F 11:00A-12:00P

**CURRENT EVENTS DISCUSSION**

W 1:30P-3:00P

**FSCC MEETING**

Friends of the Senior Center at Cascades.

4th W 1:30P-2:30P

**KNITTING AND CROCHETING**

F 10:00A-12:00P

**LIFE WRITING**

Tu 1:00P-2:00P

**MOVIE, POPCORN & SODA**

Movies shown on 8-foot screen. Co-sponsored by the FSCC.

**\$2.00/movie**

1st, 3rd W 1:30P-3:30P

**OPEN PAINTING**

Tu 10:00A-12:00P

**POTLUCK SOCIAL**

Bring a dish to share and small wrapped item for white elephant bingo. Sign-up required at Reception Desk.

2nd Tu 5:30P-7:30P

**SENIOR CENTER ADVISORY BOARD**

4th Th 10:00A-11:00A

**STERLING SILVERS**

Bring your lunch and join this active social group.

**\$.50/donation**

Tu 11:30A-1:00P

**TEA TIME**

\$.50/donation

Th 2:00P-3:00P

**EXERCISE ACTIVITIES****AEROBICS**

M-F 10:00A-11:00A

**LINE DANCING : BASIC**

W 11:00A-12:00P

**LINE DANCING: BEGINNERS**

W,F 1:15P-2:15P

## LINE DANCING: INTERMEDIATES

M,F 1:15P-3:00P

## PICKLE BALL

W 10:00A-11:30A

## TAI CHI

F 11:00A-12:00P

## SELF-HELP AND RESOURCES

## BLOOD PRESSURE CHECK

Tu,Th,F 11:00A-11:30A

## CLOTHING ALTERATIONS

M 9:00A-11:30A

## COMPUTER LAB

M,F 10:00A-12:00P

## DEAF AND HARD OF HEARING SOCIAL

Deaf seniors who use sign language meet for lunch and social activities. Call or fax Elaine Shaffer at 703-430-6077 (TTY) evenings or email at [eo1shaffer@aol.com](mailto:eo1shaffer@aol.com).

2nd W 11:00A-4:00P

## EYEGASSES ASSISTANCE

Staff from Lenscrafters clean glasses and make minor repairs and adjustments.

2nd W 1:00P-2:00P

## HEARING AID ASSISTANCE

Staff from Blue Ridge Speech and Hearing Center provide screenings, clean hearing aids and make minor repairs and adjustments.

3rd Tu 10:30A-11:30A

## HEARING LOSS ASSISTANCE

Joan Cassidy, Northern Virginia Resource Center for Deaf and Hard of Hearing Persons, answers questions about hearing loss and available resources.

3rd Th 10:00A-2:00P

## MAN-TO-MAN (PROSTATE CANCER) EDUCATION AND SUPPORT GROUP

2nd Tu 6:30P-8:00P

## MOBILE HEALTH VAN

Loudoun Healthcare provides health screenings, check-ups and referrals.

2nd,4th Tu 9:30A-12:00P

## SUPPORT GROUP FOR TINNITUS AND HEARING PROBLEMS

1st F 2:00P-3:00P

## WEEKLY PROGRAMS

Watch for information in the Senior Center Review (monthly newsletter distributed to all members) about weekly programs such as financial and estate-planning seminars, medical presentations and screenings and lectures on historical events and literary figures.

## CLASSES

## AARP'S DRIVER SAFETY PROGRAM

Completion of this course may qualify seniors for insurance premium discounts. Must register with cash payment at the Senior Center.

Pay instructor \$10/members

W,F 10/25-10/27 10:00A-3:00P

## CERAMICS

Class required to use ceramics room at Senior Center. Price includes small ceramic piece. Instructors: Bob Mayer, Pat Miller and/or Frank Smith

145602-01 \$21/member, \$22/non-member

Tu 9/12-9/12 10:30A-12:00P

145602-02 \$21/member, \$22/non-member

W 10/11-10/11 10:30A-12:00P

145602-03 \$21/member, \$22/non-member

Th 11/30-11/30 10:30A-12:00P

## COMPUTERS

The following classes are offered continuously and are scheduled month to month. Please check with Senior Center for current schedule. Instructor: Tim Einstein or Gene Gould

Introduction to Computers Class -3 hrs.

145603-01 \$21/member, \$22/non-member

Windows Class - 3 hrs.

145604-01 \$21/member, \$22/non-member

Internet Class - 3hrs.

145605-01 \$21/member, \$22/non-member

Photo Editing and Restoration - 4 hrs.

145606-01 \$29/member, \$30/non-member

## GENTLE YOGA

(Ages 18 & up) Join this relaxing, fun class and learn basic techniques. Instructor: Lin Wagener, R.Y.T.

145607-01 \$103.50/member, \$115.50/non-member

Tu 10/10-12/26 6:30P-7:45P

## SPECIAL EVENTS

## 7TH ANNUAL END OF SUMMER COOKOUT

Price includes main entrées, beverage and dessert. Live entertainment provided. Family members welcome. Tickets \$7 members in advance.

Pay at door \$9/non-member or at the door

F 9/8-9/8 4:30P-7:00P

## 7TH ANNUAL HALLOWEEN COSTUME CONTEST/PARTY

Dress up in your favorite costume. DeeJay Sky Dantine will provide the spooky tunes. Tickets \$2 members in advance.

Pay at door \$4/non-member or at the door

Tu 10/31-10/31 2:00P-4:00P

## LICENSED PROGRAMS

## LICENSED PROGRAMS

## LICENSED CHILDCARE PROGRAM

(Ages 3-5) Program hours are 7:00A to 6:15P, M-F. Contact the nearest center for fees and availability. **Community Centers:** Arcola, Bluemont, Douglass, Loudoun Valley, Lovettsville, Lucketts.

## LICENSED PRESCHOOL PROGRAM

## 2006-07 REGISTRATION

(Ages 2½-5) Registration is ongoing. For more information contact the **Community Center** nearest you: Arcola, Bluemont, Douglass, Loudoun Valley, Lovettsville, Lucketts, Middleburg, Philomont, and the Sterling Annex. A \$45 non-refundable registration fee is due upon program entry.

## LICENSED SCHOOL AGE PROGRAMS

## 2006-07 AM KIDS CLUB

(Ages 5-12) Contact the nearest center for availability. **Community Centers:** Arcola, Loudoun Valley. \$45 registration fee.

## 2006-07 AFTER-K PROGRAM

(Ages 5-7) Contact the nearest center for availability. **Community Centers:** Arcola, Bluemont, Loudoun Valley, Philomont, Middleburg. \$45 registration fee.

## 2006-2007 PM KIDS CLUB

(Ages 5-11) Contact the nearest center for availability. **Community Centers:** Arcola, Bluemont, Middleburg, Lucketts.

## BEFORE SCHOOL &amp; CASA LICENSED PROGRAMS

703-737-8042

Registration must be submitted in person. For registration information and forms, visit [www.loudoun.gov/prcs/youthservices](http://www.loudoun.gov/prcs/youthservices).

## 2006-2007 BEFORE SCHOOL PROGRAM

(Age 5 - Grade 5) Children are offered a variety of early bird activities in a safe, supervised, structured environment. The Before School Program operates from 6:30am-School Starts and follows the Loudoun County Public School calendar. *Note: PM Kindergarten parents will have to find alternate care before the start of PM Kindergarten.*

## 2006-2007 COUNTY AFTER SCHOOL ACTIVITIES (CASA) PROGRAM

(Age 5 - Grade 5) CASA is a supervised recreational and educational program designed to help meet the needs of working families. "Going Global with CASA" is this year's

## LICENSED PROGRAMS

theme. All our activities will revolve around this...your child will explore various cultures, create worldly projects and learn different skills. We also provide homework time and a snack. CASA is operated in elementary schools and community centers and follows the Loudoun County Public School calendar. The program begins when school ends and runs until 6:00pm\*.

\*(Hutchison Farm and Little River run until 6:15pm, Loudoun Valley Community Center runs until 6:30pm M-Th\*, and Lovettsville Community Center runs until 6:30pm.) *Note: AM Kindergarten parents will have to find alternate care until the end of the regular school day.*

### 2006-2007 Fees

Before School: \$150/month/child

Registration Fee: \$45 per household

CASA: \$300/month/child

Registration Fee: \$45 per household

### 2006-2007 Before School Location

Little River and Hutchison Farm

### 2006-2007 CASA Locations/Schools Served

Algonkian, Ashburn, Balls Bluff, Belmont Station, Catocin, Cedar Lane, Cool Spring, Countryside, Dominion Trail, Evergreen Mill, Forest Grove, Hamilton, Hillside, Horizon, Hutchison Farm, Leesburg, Legacy, Little River, Loudoun Valley Community Center (Emerick & Lincoln), Lovettsville Community Center (Lovettsville), Lowes Island, Meadowland, Mill Run, Mountain View, Newton-Lee, Pinebrook, Potowmack, Reid, Rolling Ridge, Round Hill, Sanders Corner, Seldens Landing, Sugarland, Sully (Guilford, Sterling, Sully), Tolbert, Waterford

2006-2007 REGISTRATION: BEFORE SCHOOL & CASA

Open registration for any remaining CASA/ YAS slots are filled on a first-come, first-served basis. Please refer to #1 below for the procedure to follow and materials required for registration.

Registration must be done in person at the PRCS administrative office at 215 Depot Court in Leesburg. Registration hours are Monday-Friday 8:30am-5:00pm. **You must bring a complete application packet consisting of:**

- A Children's Program Division Registration form and addendum. You may download this form at [www.Loudoun.gov/prcs/youthservices](http://www.Loudoun.gov/prcs/youthservices) or pick one up at the PRCS Administrative Office.
- Present identity verification for each child. Acceptable forms of identification include an original or certified copy of the child's birth certificate, birth registration card, passport or report card.
- A completed copy of the Commonwealth of Virginia School Entrance Health Form.
- A \$45.00 non-refundable registration fee per family per program.
- *There are no exceptions! We must have all of*

## YOUTH AFTER SCHOOL/YAS

*the above items to register your child. These forms are needed to comply with Virginia state licensing requirements.*

- There is a three day grace period (once school starts) from the day you register your child to the day your child can start at their CASA site. This ensure your child's information is complete and at the site for your child's first day with us.

## YOUTH AFTER SCHOOL PROGRAM/YAS

### 2006-2007 YOUTH AFTER SCHOOL (YAS) PROGRAM

(Grades 6-8) YAS offers fun, exciting, recreational activities for middle school students including sports, games, arts & crafts, field trips, special events, intramural competitions as well time for homework, relaxing, and socializing in a safe supervised environment. YAS programming is driven by the interest of the participants at each site. Participants have the opportunity to help plan activities and are encouraged to explore their interest in sports, arts and crafts and the dramatic arts.

YAS is operated in middle schools and follows the Loudoun County Public School calendar. The program begins right in the school when final bell rings and runs until 6:15 pm everyday that school is in session..

### 2006-2007 YAS Locations

Belmont Ridge, Blue Ridge, Eagle Ridge, Farmwell Station, Harper Park, Mercer, River Bend, Seneca Ridge, Smart's Mill

2006-2007 Fees

\$20/child per year

## ADAPTIVE RECREATION

703-771-5013, 703-771-5010, 703-737-8837 or 703-777-0438

**Call for pick-up and departure times.**

Serving individuals with disabilities.

*"Enhancing Your Recreation Experience"*

### INTEGRATION OPPORTUNITIES

Individuals with disabilities are entitled to recreation opportunities. Adaptive Recreation encourages its participants to integrate into all Loudoun County PRCS programs. Please call staff for assistance or information.

## GENERAL INTEREST

### SPECIAL RECREATION ADVISORY BOARD, INC.

Location: PRCS office. Volunteers meet monthly to discuss events, community awareness, fundraising and sponsorships. Newcomers welcome. Please call ahead.

3rd Tu on-going 5:30P-6:30P

## ADAPTIVE REC

### ECHO/LARC SATURDAY LEISURE

(Ages 13 & up) Location: Aurora School. A program created to provide supervised recreational activities in a safe and relaxed setting. Call 703-777-0438 for more information.

### GIRLS CLUB

(Ages 13-18) Location: Aurora School. A club for girls with and without disabilities designed to promote equal opportunities, develop friendships, and have a great time. In partnership with ECHO and Girls Scouts of Loudoun and sponsored by LARC. Call 703-777-0438 for more information. Free of charge. 3rd Sa on-going 5:00P-7:00P

## ARTS

### VSA ARTS OF VIRGINIA-LOUDOUN COUNTY COMMITTEE MEETINGS

Location: PRCS office. Volunteers meet to plan future events, workshops, community awareness opportunities, & fundraising. New members welcome. Contact Emily Nalls 703-703-737-8837 to confirm attendance.

4th M on-going 5:45P-7:00P

### CINDERELLA

(Ages 13 & up) Watch Cinderella and Prince Charming live out a fairytale. Contact Sarah Tinsley.

141719-01 \$50.00  
Sa 11/18-11/18 12:00P

### THANKSGIVING CRAFTS

(Ages 5-13) Be creative with some new ideas for Thanksgiving themed craft projects. Supplies will be provided. Contact Emily Nalls.

141727-01 \$10.00  
F 11/17-11/17 5:00P-7:30P

## SPORTS ADULT & YOUTH

### LOUDOUN COUNTY SPECIAL OLYMPICS COMMITTEE MEETING

Location: Ashburn Library. Volunteers, athletes, coaches, committee members meet monthly. New members should call ahead.

1st M on-going 6:00P-7:00P

### SPARE TIME BOWLING

(Ages 18 & up) Relax on a Friday afternoon with two games of bowling! This program teaches the basics of the game, promotes socialization and community awareness. Contact Amy Wilcox. Please register in person or by mail.

141710-01 \$12.00  
F 9/1-9/1 2:45P-4:45P  
141710-02 \$12.00  
F 9/15-9/15 2:45P-4:45P

## ADAPTIVE RECREATION

<b>141710-03</b>	\$12.00	
F	10/6-10/6	2:45P-4:45P
<b>141710-04</b>	\$12.00	
F	10/20-10/20	2:45P-4:45P
<b>141710-05</b>	\$12.00	
F	11/3-11/3	2:45P-4:45P
<b>141710-06</b>	\$12.00	
F	11/17-11/17	2:45P-4:45P

## REDSKINS FOOTBALL

(Ages 18 & up) Watch the Redskins take on the Cowboys on the big screen TV. We will be going to Champions in Leesburg. Bring Money for dinner. Contact Emily Nalls.

<b>141734-01</b>	\$5.00	
Su	11/5-11/5	12:30P-4:30P

## MINIATURE GOLF

(Ages 18 & up) Come out and challenge some friends to a round of Miniature Golf! We will eat dinner at Chic-Fil-A. Please contact Emily Nalls.

<b>141724-01</b>	\$14.00	
Tu	9/26-9/26	5:00P-9:00P

## TRIPS

## AIR SHOW

(Age 13 & up) It's a bird, it's a plane! Travel out to the Culpeper Air Show. Contact Sarah Tinsley.

<b>141712-01</b>	\$5.00	
Sa	10/14-10/14	8:00A-12:00P

## HALLOWEEN PARTY

(Ages 6 & up) Come celebrate Halloween at Stephenie Doyle's house. Come dressed up and enjoy dinner and lots of dancing. Please register in person or by mail. Contact Amy Wilcox.

<b>141725-01</b>		
Sa	10/28-10/28	5:00P-9:00P

## HOLD THE ANCHOVIES

(Ages 13 & up) Come learn how to cook pizza with Ms. Betty. It's a great time! Please register in person or by mail. Contact Amy Wilcox.

<b>141726-01</b>	\$10.00	
F	10/13-10/13	3:00P-6:00P

## MOVIE MADNESS

(Ages 18 & up) Join us for a Saturday matinee. We'll spend our free time browsing local shops and dining with friends. Please register in person or by mail.

<b>141730-01</b>	\$14.00	
Sa	9/23-9/23	11:00A-4:30P
<b>141730-02</b>	\$14.00	
Sa	10/21-10/21	11:00A-4:30P
<b>141730-03</b>	\$14.00	
Sa	11/11-11/11	11:00A-4:30P

## CAMP PROGRAMS

### BOB EVANS

(Ages 15 & up) Relax and enjoy dinner with friends. Bring money for dinner. Call Emily Nalls.

<b>141731-01</b>	\$5.00	
F	9/8-9/8	6:00P-7:30P

### LEDO'S PIZZA

(Ages 15 & up) Come enjoy and nice dinner and socialization with your friends at the Ledo's Pizza. Bring some money for dinner. Contact Emily Nalls.

<b>141732-01</b>	\$5.00	
F	10/6-10/6	5:00P-7:30P

### THE "MAIZE"

(Ages 13 & up) Join some friends and get yourself lost in Northern Virginia's most famous corn maze. Bring money for a quick snack on the way. Contact Emily Nalls.

<b>141733-01</b>	\$14.00	
F	10/20-10/20	5:00P-9:00P

### THE GREAT AR CAMP OUT

(Ages 18 & up) We'll spend 2 nights in beautiful log cabins, take nature hikes, tell campfire stories, cook over a campfire and much more. Please Contact Amy Wilcox.

<b>141740-01</b>	\$65.00	
F,Sa,Su	9/15-9/17	2:00P-5:00P

## CAMP PROGRAMS

703-771-5662

### SCHOOL'S OUT CAMPS

(Grades K-5) Our day camps provide a fun alternative for winter break and teacher work days. Campers need to bring lunch and two snacks. For details, call 703-771-5662 or visit [www.loudoun.gov/prcs/camps](http://www.loudoun.gov/prcs/camps). A minimum of 20 campers is required at each site.

### BUILD A ... CAMP

Are you ready to Build A... Bear (stuffed animal), Birdhouse, Ice Cream Creations and more? Join us for two fun-filled days of building creations. We will have representatives from Home Depot, Lowes, Noah's Ark Workshops and more to show you how to Build A...Good Time! The camp meets in the school cafeteria.

<b>Location: Sterling</b>		
<b>123202-01</b>	\$70.00	
M,Tu	11/6-11/7	7:30A-6:00P

<b>Location: Ashburn</b>		
<b>123202-02</b>	\$70.00	
M,Tu	11/6-11/7	7:30A-6:00P

<b>Location: Leesburg</b>		
<b>123202-03</b>	\$70.00	
M,Tu	11/6-11/7	7:30A-6:00P

## SPORTS - ADULT & YOUTH

### Location: Western Loudoun

<b>123202-04</b>	\$70.00	
M,Tu	11/6-11/7	7:30A-6:00P

### Location: South Riding

<b>123202-05</b>	\$70.00	
M,Tu	11/6-11/7	7:30A-6:00P

## SPORTS ADULT AND YOUTH

703-777-0343

SPORTS POSTPONEMENT/  
CANCELLATION LINE

703-777-0456

## ADULT SPORTS LEAGUES

Basketball, Flag Football, Volleyball

Contact: 703-737-8450

Softball, Soccer, Badminton

Contact: 703-771-5211

### ADULT SPORTS COUNCIL

The Loudoun County Adult Sports Council is currently seeking volunteers to work together to enhance adult sports programs in the county. Please call 703-737-8450.

## ADULT PROGRAMS

### MASE ADULT FITNESS CAMP (AFC)

(Ages 18 & up coed) Improves your cardiovascular fitness, core strength and upper & lower body strength through functional training. Camp time coincides with Youth ISP and LSP programs to achieve our goal of improving the overall health and fitness of the whole family!

<b>121713-01</b>	\$110.00	Harper Park MS
Tu	9/26-10/31	6:00P-7:00P
<b>121713-02</b>	\$110.00	Farmwell Station MS
W	9/27-11/1	6:00P-7:00P
<b>121713-03</b>	\$110.00	River Bend MS
Th	9/28-11/2	6:00P-7:00P

### V-PERFORMANCE - ADULT PERFORMANCE TRAINING

(Ages 19-50) Combines a dynamic fitness program with a performance-enhancing protocol to improve speed, power, and agility. For active adults who participate at a competitive level. Certified/degreed Sports Performance Coach. Maximum class size 10. M/W/F: Olympic lifting strength training. Tu/Th: Energy system development.

**Location: Velocity Sports Performance, Ashburn**

<b>121701-01</b>	\$395.00	
M,Tu,W,Th,F	9/11-10/6	7:00A-8:30A
<b>121701-02</b>	\$395.00	
M,Tu,W,Th,F	10/9-11/3	7:00A-8:30A
<b>121701-03</b>	\$395.00	
M,Tu,W,Th,F	11/6-12/8	7:00A-8:30A

**V-FITNESS – ADULT FITNESS TRAINING (COED and WOMEN)**

(Ages 21-60) Improve strength, function, shape and definition. Every session includes Active Dynamic Warm-Up, Energy System Development, & Strength Training. For all abilities and fitness levels. Certified/degreed Sports Performance Coach. Maximum class size 10.

**Location: Velocity Sports Performance, Ashburn**

<b>121702-01</b>	\$195.00	Women only
M,W,F	9/11-10/6	8:30A-9:30A
<b>121702-02</b>	\$195.00	Women only
M,W,F	10/9-11/3	8:30A-9:30A
<b>121702-03</b>	\$195.00	Women only
M,W,F	11/6-12/8	8:30A-9:30A
<b>121702-04</b>	\$195.00	Women only
M,W,F	9/11-10/6	9:30A-10:30A
<b>121702-05</b>	\$195.00	Women only
M,W,F	10/9-11/3	9:30A-10:30A
<b>121702-06</b>	\$195.00	Women only
M,W,F	11/6-12/8	9:30A-10:30A
<b>121702-07</b>	\$195.00	Coed
M,W,F	9/11-10/6	6:00A-7:00A
<b>121702-08</b>	\$195.00	Coed
M,W,F	10/9-11/3	6:00A-7:00A
<b>121702-09</b>	\$195.00	Coed
M,W,F	11/6-12/8	6:00A-7:00A
<b>121702-10</b>	\$195.00	Coed
M,W,F	9/11-10/6	6:00P-7:00P
<b>121702-11</b>	\$195.00	Coed
M,W,F	10/9-11/3	6:00P-7:00P
<b>121702-12</b>	\$195.00	Coed
M,W,F	11/6-12/8	6:00P-7:00P

**ACTIVE DUTY FITNESS FOR WOMEN**

(Ages 18 & up) A fun, challenging, progressive “boot camp” for all fitness levels. Monthly memberships: \$149-\$179. Trial weeks available! Call 703-737-8940.

**Location: Conklin Park at South Riding**  
M,Tu,Th,F 6:00A-7:00A

**ADULT YOGA**

(Ages 18 & up) Classes on Mon/Wed 8:30A-9:30A, Thurs 9:00AM-10:00AM or drop-in. Purchase 4, 8, or 12 sessions. Cards do not expire.

**Location: All Star Legacy, Dulles VA**

<b>121218-01</b>	\$65.00
M,W,Th	9/11-11/30
<b>121218-02</b>	\$105.00
M,W,Th	9/11-11/30
<b>121218-03</b>	\$125.00
M,W,Th	9/11-11/30

**PRESCHOOL AGE PROGRAMS****PRESCHOOL - SPORTS MIX**

(Ages 3-5) A fun, safe and non-competitive environment with a different sport introduced each class.

**Location: Hutchison Farm Elementary**

<b>121103-01</b>	\$58.00
Sa	9/23-10/21 9:00A-9:30A
<b>121103-02</b>	\$58.00
Sa	9/23-10/21 9:45A-10:15A
<b>121103-03</b>	\$58.00
Sa	9/23-10/21 10:30A-11:00A

**BASKETBALL PROGRAMS****INSTRUCTIONAL BASKETBALL PROGRAM**

(Age 3-Grade 3) A fun and exciting atmosphere for skill development. THIS IS NOT A LEAGUE. Coed unless noted otherwise. Possible scrimmage games.

**Location: Algonkian Elementary**

<b>121201-01</b>	\$42.00	Ages 3-5
Sa	11/4-12/9	9:00A-9:30A
<b>121201-02</b>	\$42.00	Ages 3-5
Sa	11/4-12/9	9:30A-10:00A
<b>121201-03</b>	\$50.00	Kindergarten
Sa	11/4-12/9	10:00A-10:45A
<b>121201-04</b>	\$50.00	Kindergarten
Sa	11/4-12/9	10:45A-11:30A
<b>121201-05</b>	\$58.00	1st Grade Boys
Sa	11/4-12/9	12:00P-1:00P
<b>121201-06</b>	\$58.00	1st & 2nd Girls
Sa	11/4-12/9	1:00P-2:00P
<b>121201-08</b>	\$58.00	2nd Grade Boys
Sa	11/4-12/9	2:00P-3:00P
<b>121201-09</b>	\$58.00	3rd Grade
Sa	11/4-12/9	3:00P-4:00P

**Location: Blue Ridge MS**

<b>121202-01</b>	\$58.00	1st Grade Boys
Sa	11/4-12/9	9:00A-10:00A
<b>121202-02</b>	\$58.00	1st&2nd Girls
Sa	11/4-12/9	10:00A-11:00A
<b>121202-03</b>	\$58.00	2nd Grade Boys
Sa	11/4-12/9	11:00A-12:00P

**Location: Ball's Bluff Elementary**

<b>121203-01</b>	\$50.00	Ages 3-5
Sa	11/4-12/9	9:00A-9:45A
<b>121203-02</b>	\$50.00	Ages 3-5
Sa	11/4-12/9	10:00A-10:45A
<b>121203-03</b>	\$50.00	Kindergarten
Sa	11/4-12/9	11:00A-11:45A
<b>121203-04</b>	\$50.00	Kindergarten
Sa	11/4-12/9	12:00P-12:45P
<b>121203-05</b>	\$58.00	1st & 2nd Grade
Sa	11/4-12/9	1:00P-2:00P

**Location: Cool Spring Elementary**

<b>121204-01</b>	\$58.00	1st Grade
Sa	11/4-12/9	9:00A-10:00A
<b>121204-02</b>	\$58.00	2nd Grade
Sa	11/4-12/9	10:00A-11:00A
<b>121204-03</b>	\$58.00	3rd Grade
Sa	11/4-12/9	11:00A-12:00P
<b>121204-04</b>	\$58.00	Kindergarten
Sa	11/4-12/9	12:00P-1:00P

**Location: Potowmack Elementary**

<b>121205-01</b>	\$58.00	Ages 3-5
Sa	11/4-12/9	9:00A-9:30A
<b>121205-02</b>	\$58.00	Ages 3-5
Sa	11/4-12/9	9:30A-10:00A
<b>121205-03</b>	\$58.00	Kindergarten
Sa	11/4-12/9	10:00A-11:00A
<b>121205-04</b>	\$58.00	1st Grade
Sa	11/4-12/9	11:00A-12:00P
<b>121205-05</b>	\$58.00	2nd Grade
Sa	11/4-12/9	12:00P-1:00P

**Location: Lovettsville Elementary**

<b>121206-01</b>	\$50.00	Kindergarten
Sa	11/4-12/9	9:00A-9:45A
<b>121206-02</b>	\$58.00	1st Grade
Sa	11/4-12/9	9:45A-10:45A
<b>121206-03</b>	\$58.00	2nd & 3rd Grade
Sa	11/4-12/9	10:45A-11:45A

**Location: Sanders Corner Elementary**

<b>121207-01</b>	\$58.00	1st Grade
Sa	11/4-12/9	9:00A-10:00A
<b>121207-02</b>	\$58.00	2nd Grade
Sa	11/4-12/9	10:00A-11:00A
<b>121207-03</b>	\$58.00	3rd Grade
Sa	11/4-12/9	11:00A-12:00P

**Location: Round Hill Elementary**

<b>121208-01</b>	\$50.00	Ages 3-5
Sa	11/4-12/9	9:00A-9:45A
<b>121208-02</b>	\$50.00	Kindergarten
Sa	11/4-12/9	10:00A-10:45A
<b>121208-03</b>	\$58.00	1st Grade
Sa	11/4-12/9	11:00A-12:00P

**Location: Little River Elementary**

<b>121209-01</b>	\$50.00	Kindergarten
Sa	11/4-12/9	9:00A-9:45A
<b>121209-02</b>	\$58.00	1st Grade
Sa	11/4-12/9	9:45A-10:45A
<b>121209-03</b>	\$58.00	2nd Grade
Sa	11/4-12/9	10:45A-11:45A
<b>121209-04</b>	\$58.00	3rd Grade
Sa	11/4-12/9	11:45A-12:45P

**Location: Ashburn Elementary**

<b>121211-01</b>	\$50.00	Kindergarten
Sa	11/4-12/9	9:00A-9:45A
<b>121211-02</b>	\$58.00	1st Grade
Sa	11/4-12/9	10:00A-11:00A

<b>121211-03</b>	\$58.00	2nd Grade
Sa	11/4-12/9	11:00A-12:00P
<b>121211-04</b>	\$58.00	3rd Grade
Sa	11/4-12/9	12:00P-1:00P
<b>121211-05</b>	\$50.00	Kindergarten
Sa	11/4-12/9	1:00P-1:45P
<b>121211-06</b>	\$58.00	1st Grade
Sa	11/4-12/9	2:00P-3:00P

### GIANT BASKETBALL ACADEMY LEAGUE

(Ages 8-10 Boys) Former Washington Wizard Gheorghe Muresan's instructional league for beginner-intermediate players. Emphasizes fundamental skill development, teamwork, sportsmanship and positive participation. One practice per week and 1 game per weekend.

*\*\*\*Please register for the program by your preferred practice location.*

#### LEAGUE # 1: \*All Games at Ball's Bluff Elem.

Practice Locations:

<b>121123-01</b>	\$100.00	Ball's Bluff Elem.
Tu,Sa	9/26-11/14	5:30P-6:30P
<b>121123-02</b>	\$100.00	Tolbert Elem.
Tu,Sa	9/26-11/14	5:30P-6:30P

#### LEAGUE # 2: \*All Games at Potowmack Elem.

Practice Locations:

<b>121123-03</b>	\$100.00	Algonkian Elem.
W,Sa	9/27-11/15	5:30P-6:30P
<b>121123-04</b>	\$100.00	Potowmack Elem.
W,Sa	9/27-11/15	5:30P-6:30P

#### LEAGUE # 3: \*All Games at Hillside Elem.

Practice Locations:

<b>121123-05</b>	\$100.00	Hillside Elem.
Th,Sa	9/28-11/16	5:30P-6:30P
<b>121123-06</b>	\$100.00	Legacy Elem.
Th,Sa	9/28-11/16	5:30P-6:30P

### BASKETBALL FUNDAMENTALS

(Grades K-5) Learn the fundamentals of dribbling, shooting, passing, rebounding, and defense in a non-competitive environment.

**Location: Pinebrook Elementary**

<b>121212-01</b>	\$58.00	Grades K-2
Tu	10/3-10/31	6:15P-7:00P
<b>121212-02</b>	\$58.00	Grades 3-5
Tu	10/3-10/31	7:15P-8:00P

**Location: Hutchison Elementary**

<b>121212-03</b>	\$58.00	Grades K-2
W	10/4-11/1	6:15P-7:00P
<b>121212-04</b>	\$58.00	Grades 3-5
W	10/4-11/1	7:15P-8:00P

**Location: Little River Elementary**

<b>121212-05</b>	\$58.00	Grades K-2
Th	10/5-11/2	6:15P-7:00P
<b>121212-06</b>	\$58.00	Grades 3-5
Th	10/5-11/2	7:15P-8:00P

### CHEERLEADING PROGRAMS

#### ALL STAR BEGINNER CHEER

(Ages 4 & up) Instruction includes jumps, motions, stunting, dance, and cheer. Parent show at last class at 5:15P. Dress code: shorts, T-shirt, tennis shoes, hair pulled away from face. Bring water.

**Location: Virginia Cheerleading Academy, Leesburg**

<b>121215-01</b>	\$147.00	No class 10/9
M	9/11-11/27	4:30P-5:30P

#### ALL STAR TUMBLE

(Ages 4 & up) This class concentrates on cheerleading style tumble. Requires cartwheel, handstand and round-off skills. Dress code: shorts, T-shirt, tennis shoes, and hair pulled away from face.

**Location: Virginia Cheerleading Academy, Leesburg**

<b>121216-01</b>	\$60.00	
W	9/6-9/27	4:30P-5:30P
<b>121216-02</b>	\$60.00	
W	10/4-10/25	4:30P-5:30P
<b>121216-03</b>	\$60.00	
W	11/1-11/22	4:30P-5:30P

#### ALL STAR LEGACY SUPERNOVAS

(Ages 7 & up) Non-competitive cheer program structured like our competitive all star squads with a focus on tumbling, motions and stunts.

**Location: All Star Legacy, Dulles VA**

<b>121217-01</b>	\$75.00	
Su	10/1-10/29	6:00P-7:00P
<b>121217-02</b>	\$75.00	
Su	11/5-11/19	6:00P-7:00P
<b>121217-03</b>	\$75.00	
Su	12/3-12/17	6:00P-7:00P

#### ALL STAR LEGACY - TUTSI ROLLS

(Ages walking -4 yrs) Music, games, moon bounce, obstacle courses, trampolines, air track, shapes, mats, friends, and more for parent and child.

**Location: All Star Legacy, Dulles VA**

<b>121219-01</b>	\$10.00	
Tu	9/5-9/5	10:30A-12:30P
<b>121219-02</b>	\$10.00	
F	9/8-9/8	10:30A-12:30P
<b>121219-03</b>	\$10.00	
Tu	9/12-9/12	10:30A-12:30P
<b>121219-04</b>	\$10.00	
F	9/15-9/15	10:30A-12:30P
<b>121219-05</b>	\$10.00	
Tu	9/19-9/19	10:30A-12:30P
<b>121219-06</b>	\$10.00	
F	9/22-9/22	10:30A-12:30P
<b>121219-07</b>	\$10.00	
Tu	9/26-9/26	10:30A-12:30P

<b>121219-08</b>	\$10.00	
F	9/29-9/29	10:30A-12:30P
<b>121219-09</b>	\$10.00	
Tu	10/3-10/3	10:30A-12:30P
<b>121219-10</b>	\$10.00	
F	10/6-10/6	10:30A-12:30P
<b>121219-11</b>	\$10.00	
Tu	10/10-10/10	10:30A-12:30P
<b>121219-12</b>	\$10.00	
F	10/13-10/13	10:30A-12:30P
<b>121219-13</b>	\$10.00	
Tu	10/17-10/17	10:30A-12:30P
<b>121219-14</b>	\$10.00	
F	10/20-10/20	10:30A-12:30P
<b>121219-15</b>	\$10.00	
Tu	10/24-10/24	10:30A-12:30P
<b>121219-16</b>	\$10.00	
F	10/27-10/27	10:30A-12:30P
<b>121219-17</b>	\$10.00	
F	11/3-11/3	10:30A-12:30P
<b>121219-18</b>	\$10.00	
Tu	11/7-11/7	10:30A-12:30P
<b>121219-19</b>	\$10.00	
F	11/10-11/10	10:30A-12:30P
<b>121219-20</b>	\$10.00	
Tu	11/14-11/14	10:30A-12:30P
<b>121219-21</b>	\$10.00	
F	11/17-11/17	10:30A-12:30P
<b>121219-22</b>	\$10.00	
Tu	11/21-11/21	10:30A-12:30P
<b>121219-23</b>	\$10.00	
Tu	11/28-11/28	10:30A-12:30P

### GOLF PROGRAMS

#### DULLES GOLF-INTRO TO THE GAME

(Ages 15 & up) Students learn grip, set up, alignment, posture, full swing, pitch shots, chipping and putting, as well as rules and etiquette. Clubs, range balls and rule books included.

**Location: Dulles Golf Center, Dulles VA**

<b>121703-01</b>	\$125.00	
M	9/25-10/23	7:00P-8:00P
<b>121703-02</b>	\$125.00	
W	9/13-10/11	7:00P-8:00P
<b>121703-03</b>	\$125.00	
Sa	9/16-10/14	9:00A-10:00A

#### DULLES GOLF-BASIC FUNDAMENTALS

(Ages 15 & up) For all skill levels. Covers above skills plus "mini-swing," short irons, middle irons, long irons and woods. 4 -8 students per class. Includes private instruction and range balls.

**Location: Dulles Golf Center, Dulles VA**

<b>121704-01</b>	\$200.00	
Tu	9/12-10/10	7:00P-8:00P



**121704-02** \$200.00  
Sa 9/16-10/14 10:00A-11:00A

### DULLES GOLF-SHORT GAME & SCORING

(Ages 15 & up) An advanced program to "fine tune" your game. Develop a pitching & chipping system, find your putting style & take the fear out of bunker shots. Includes clubs, range balls, & Academy Student Manual (CD).

**Location: Dulles Golf Center, Dulles VA**

**121705-01** \$160.00  
Th 9/14-10/5 7:00P-8:00P

**121705-02** \$160.00  
Sa 9/16-10/7 11:00A-12:00P

### DULLES GOLF- JR. CAMP

(Ages 10-17) Covers grip, stance, posture, woods, irons, putting, and the short game, as well as rules and etiquette. Classes size 6-12. Fee include clubs, range balls, rule book.

**Location: Dulles Golf Center, Dulles VA**

**121706-01** \$100.00  
Su 9/10-9/24 1:00P-3:00P

### TOM BUCKLEY BEGINNER GOLF

(Ages 10-adult) Learn the basics of grip, stance, posture, ball position, full swing, chipping, pitching, and putting. Maximum ratio 5:1. Visit [www.golfurheadoff.com](http://www.golfurheadoff.com). Cost of range balls extra.

**Location: Brambleton Regional Golf Course**

**121708-01** \$72.00  
W 9/6-10/11 6:00P-7:00P

**121708-02** \$72.00  
Sa 9/9-10/14 1:00P-2:00P

### SOCCER PROGRAMS

#### MORAVEK SOCCER TOTS-FALL

(Ages 3-5) This program will develop fundamental skills through fun instruction.

**Location: Lyndora Park, Ashburn**

**121120-01** \$50.00  
M 9/11-10/16 12:00P-12:45P

**121120-02** \$50.00  
M 9/11-10/16 1:00P-1:45P

**Location: Sterling Annex CC**

**121120-03** \$50.00  
Tu 9/12-10/17 11:00A-11:45A

**121120-04** \$50.00  
Tu 9/12-10/17 12:00P-12:45P

**Location: Middleburg CC**

**121120-05** \$50.00  
W 9/13-10/18 11:00A-11:45A

**121120-06** \$50.00  
W 9/13-10/18 12:00P-12:45P

**Location: Leesburg Annex**

**121120-07** \$50.00  
Th 9/14-10/19 11:00A-11:45A

**121120-08** \$50.00  
Th 9/14-10/19 12:00P-12:45P

**Location: Loudoun Valley CC**

**121120-09** \$50.00  
F 9/15-10/20 11:00A-11:45A

**121120-10** \$50.00  
F 9/15-10/20 12:00P-12:45P

**Location: Potowmack Elem, Sterling**

**121120-11** \$50.00  
Sa 9/16-10/21 9:00A-9:45A

**121120-12** \$50.00  
Sa 9/16-10/21 10:00A-10:45A

**121120-13** \$50.00  
Sa 9/16-10/21 11:00A-11:45A

**Location: Ashburn Elem.**

**121120-14** \$50.00  
Sa 9/16-10/21 9:00A-9:45A

**121120-15** \$50.00  
Sa 9/16-10/21 10:00A-10:45A

**121120-16** \$50.00  
Sa 9/16-10/21 11:00A-11:45A

**Location: Little River Elem., South Riding**

**121120-17** \$50.00  
Sa 9/16-10/21 2:00P-2:45P

**121120-18** \$50.00  
Sa 9/16-10/21 3:00P-3:45P

**121120-19** \$50.00  
Sa 9/16-10/21 4:00P-4:45P

**Location: Lovettsville CC**

**121120-20** \$50.00  
Su 9/17-10/22 2:00P-2:45P

**121120-21** \$50.00  
Su 9/17-10/22 3:00P-3:45P

**Location: Leesburg Elem.**

**121120-23** \$50.00  
Sa 9/16-10/21 2:00P-2:45P

**121120-24** \$50.00  
Sa 9/16-10/21 3:00P-3:45P

**121120-25** \$50.00  
Sa 9/16-10/21 4:00P-4:45P

### SPORTS PERFORMANCE

#### MASE KIDS SPORTS PERFORMANCE

(Ages 6-9 coed) Kids gain confidence and reach their full potential by developing the fundamentals needed to run, jump, shuffle, sprint, and focus as athletes.

**121714-01** \$60.00 Tolbert ES  
Tu 10/3-10/24 3:00P-4:00P

**121714-02** \$60.00 Ashburn ES  
W 10/4-10/25 3:00P-4:00P

**121714-03** \$60.00 Potowmack ES  
Th 10/5-10/26 3:00P-4:00P

#### MASE LINEAR SPEED PROGRAM (LSP)

(Ages 9-17) Improve the overall skills needed to perform well at "Collegiate Combines"

(40 yard dash, Pro shuttle, L shuttle, Broad & Vertical Leap).

**121715-01** \$110.00 Farmwell Station MS  
W 9/27-11/1 6:00P-7:00P

### MASE INTERMEDIATE SPORTS PERFORMANCE (ISP)

(Ages 9-17 coed) Develop linear & lateral speed, multi-directional movement, strength, foot quickness, explosive movement and conditioning.

**121716-01** \$110.00 Harper Park MS  
Tu 9/26-10/31 6:00P-7:00P

**121716-02** \$110.00 Farmwell Station MS  
W 9/27-11/1 6:00P-7:00P

**121716-03** \$110.00 River Bend MS  
Th 9/28-11/2 6:00P-7:00P

### ARCOLA COMMUNITY CENTER

24328 Goshen Road

Aldie, VA 20105

703-327-3111 / 703-327-6172

M - F 6:30A-6:30P

Sa Hours vary

*Supply & material fees are payable to the instructor at the first class*

### PRESCHOOL AGE PROGRAMS

*All Creative Dance Center Classes:  
\$15 annual registration due at first class  
includes T-shirt.*

#### DINO DIG

(Ages 3-5) Explore an exciting prehistoric world.

**105100-01** \$8.00  
Tu 9/5-9/5 12:30P-1:15P

#### "FUN WITH"

(Ages 3-5) Have "fun with" your favorite friends, play games and make crafts.

**105101-01** \$5.00 Bob the Builder  
Th 9/7-9/7 8:45A-9:30A

**105101-02** \$5.00 Thomas & Friends  
W 10/4-10/4 8:15A-9:00A

**105101-03** \$5.00 Dora the Explorer  
Tu 10/17-10/17 8:45A-9:30A

**105101-04** \$5.00 Blues Clues  
Th 11/16-11/16 8:15A-9:00A

#### KINDERDANCE®

(Ages 3-5) Offers a developmental introduction to ballet, tap, gymnastics, and creative dance. Soft ballet shoes required.

**105102-01** \$175.00 No class 11/2  
Th 9/7-11/16 11:35A-12:35P

**105102-02** \$175.00 No class 11/11  
Sa 9/9-11/18 11:20A-12:20P

**KINDERGYM®**

(Ages 3-5) Offers developmental floor gymnastics. Emphasis on social skills, motor development and fitness. Bare feet or gymnastic shoes required.

<b>105103-01</b>	\$125.00	No class 11/2
Th	9/7-11/16	12:40P-1:10P
<b>105103-02</b>	\$125.00	No class 11/11
Sa	9/9-11/18	12:30P-1:00P

**ABRAKADOODLE® TWOOSY DOODLERS**

(Ages 20-36mos) Children use paints, textures, papers, glues and modeling compounds. Developmentally appropriate lessons help them acquire new skills.

<b>105104-01</b>	\$87.00 (+\$10 materials)	
F	9/8-10/27	12:30P-1:15P
<b>105104-02</b>	\$79.00 (+\$8 materials)	
F	11/3-12/1	12:30P-1:15P

**ABRAKADOODLE® MINI DOODLERS**

(Ages 3-6) Children create their own masterpieces using paints, water colors, pastels and more. Lessons ignite the imagination, foster creativity and develop new skills.

<b>105105-01</b>	\$87.00 (+\$10 materials)	
F	9/8-10/27	1:30P-2:15P
<b>105105-02</b>	\$79.00 (+\$8 materials)	
F	11/3-12/1	1:30P-2:15P

**HAWAIIAN LUAU**

(Ages 3-5) Aloha! Join us for some Hawaiian fun.

<b>105106-01</b>	\$8.00	
F	9/8-9/8	1:00P-1:45P

**KINDERTOTS®**

(Ages 2) Toddlers expand their motor development and minds with familiar nursery rhymes. Bare feet or gymnastics shoes.

<b>105107-01</b>	\$125.00	No class 11/11
Sa	9/9-11/18	10:00A-10:30A
<b>105107-02</b>	\$125.00	No class 11/11
Sa	9/9-11/18	10:40A-11:10A

**SOCCER “FUN”DAMENTALS**

(Ages 3-5) Provides a fun, non-competitive, challenging intro to soccer. Players learn through individual training and small sided games. Soccer ball required.

<b>105108-01</b>	\$110.00	No class 10/9
M	9/11-11/6	11:45A-12:35P
<b>105108-02</b>	\$110.00	No class 10/9
M	9/11-11/6	12:45P-1:35P

**WHIZKIDS**

(Ages 4-5) This course introduces basic computer concepts, reinforces letter and number recognition and improves mouse dexterity. Children also learn about computer care and safe computer use. No class 10/9.

<b>105109-01</b>	\$80.00 (+\$20 materials)	
M	9/11-11/27	12:00P-12:30P
<b>105109-02</b>	\$80.00 (+\$20 materials)	
M	9/11-11/27	1:00P-1:30P

**FABULOUS FOAM**

(Ages 3-5) Learn fun new ways to make crafts with foam!

<b>105110-01</b>	\$5.00	
M	9/11-9/11	1:00P-1:45P

**TEE BALL**

(Ages 3-5) Let your little ones learn the fundamentals of tee ball.

<b>105111-01</b>	\$20.00	
Tu	9/12-9/26	12:45P-1:30P
<b>105111-02</b>	\$20.00	
W	11/15-11/29	12:00P-12:45P

**LITTLE PARK RANGERS**

(Ages 3-6) This group will explore nature at its best. Enjoy fun nature activities.

<b>105112-01</b>	\$45.00	
W	9/13-9/27	12:00P-1:30P

**FOOTBALL FEVER**

(Ages 3-5) It's that time again...Down, Set, Hut!!

<b>105113-01</b>	\$20.00	
F	9/15-9/29	12:00P-12:45P

**KIDZART® SQUIGGLES TO GRINS**

(Ages 2-3½) Kids discover the excitement of creating art with moms, dads or caregivers through singing, storytelling, and art projects.

<b>105114-01</b>	\$108.00	
W	9/20-11/15	11:00A-11:45A

**KIDZART® PRESCHOOL**

(Ages 3½-5) Children are guided through an easy to follow curriculum by a certified KidzArt instructor who introduces them to the “language” of art.

<b>105115-01</b>	\$108.00	
W	9/20-11/15	12:00P-12:45P

**PRINCESS TEA PARTY**

(Ages 3-5) Wear your princess dress and join us for lunch and tea!

<b>105116-01</b>	\$10.00	
Th	9/21-9/21	12:30P-1:15P
<b>105116-02</b>	\$10.00	
W	11/1-11/1	12:45P-1:30P

**MEDIEVAL TIMES**

(Ages 3-5) Discover a magical world full of knights, kings, queens and castles.

<b>105117-01</b>	\$8.00	
Th	9/28-9/28	12:30P-1:15P

**PIZZA PIRATES**

(Ages 3-5) Join our crew and eat pizza and search for treasure!

<b>105118-01</b>	\$10.00	
M	10/2-10/2	1:00P-1:45P
<b>105118-02</b>	\$10.00	
Tu	11/28-11/28	12:00P-12:45P

**WORLD OF SOCCER**

(Ages 3-5) Let your little ones learn the fundamentals of soccer.

<b>105119-01</b>	\$20.00	
Th	10/5-10/19	1:00P-1:45P

**LITTLE SCIENTISTS**

(Ages 3-5) Discover all things science with this fundamental science program.

<b>105120-01</b>	\$35.00	
F	10/6-10/27	12:00P-12:45P
<b>105120-02</b>	\$35.00	
M	11/6-11/27	12:30P-1:15P

**SUPERHERO LUNCH**

(Ages 3-5) Dress up as your favorite superhero and enjoy lunch and a fun craft.

<b>105121-01</b>	\$10.00	
Tu	10/10-10/10	12:30P-1:15P
<b>105121-02</b>	\$10.00	
Th	11/30-11/30	12:00P-12:45P

**WORLD OF HOCKEY**

(Ages 3-5) Let your little ones learn the fundamentals of hockey.

<b>105122-01</b>	\$20.00	
M	10/16-10/30	12:30P-1:15P

**PRETTY PAINTED PUMPKINS**

(Ages 3-5) Paint on a scary ghost or a silly clown, as long as you are creative.

<b>105123-01</b>	\$10.00	
M	10/23-10/23	12:30P-1:15P
<b>105123-02</b>	\$10.00	
Tu	10/24-10/24	12:00P-12:45P

**WORLD OF BASKETBALL**

(Ages 3-5) Let your little ones learn the fundamentals of basketball.

<b>105124-01</b>	\$20.00	
F	11/3-11/17	12:00P-12:45P

**HALLOWEEN CRAFT**

(Ages 3-5) We have tons of fun crafts for you to create!

<b>105125-01</b>	\$8.00	
Th	10/26-10/26	12:30P-1:15P
<b>105125-02</b>	\$8.00	
Tu	10/31-10/31	12:45P-1:30P

**SAFARI HUNT LUNCH**

(Ages 3-5) Go on a wild safari. We'll have

crafts, lunch and lots of fun!

**105126-01** \$10.00  
Th 11/9-11/9 12:30P-1:15P

### THANKSGIVING CRAFT

(Ages 3-5) Join us for some crafts and stories all about Thanksgiving!

**105127-01** \$8.00  
Tu 11/21-11/21 1:00P-1:45P

### CREATIVE DANCE FOR CHILDREN

(Ages 3-4) Creative Movement, Pre-ballet & Tumbling. Creative Dance Center instructor. Themed classes use imagery & props. Pink leotards, pink tights, pink ballet shoes required.

**105128-01** \$165.00  
Tu 9/12-11/28 11:30A-12:15P  
**105128-02** \$165.00  
W 9/13-11/29 11:30A-12:15P

### CREATIVE DANCE FOR CHILDREN

(Ages 3-5) See above description.

**105129-01** \$165.00  
Tu 9/12-11/28 12:30P-1:15P  
**105129-02** \$165.00  
W 9/13-11/29 12:30P-1:15P

### YOU AND ME

(Ages 2-3) Parent & child attend together at Creative Dance Center in Chantilly. Call 703-378-1800 for details.

**105130-01** \$112.00  
Tu 9/12-10/31 10:45A-11:30A  
**105130-02** \$112.00  
F 9/15-11/3 11:45A-12:30P

### BROADWAY BABIES: CREATIVE TAP

(Ages 3-4) Held at Creative Dance Center. Call 703-378-1800 for details.

**105131-01** \$112.00  
Tu 9/12-10/31 10:00A-10:45A  
**105131-02** \$112.00  
Th 9/14-11/2 10:45A-11:30A  
**105131-03** \$112.00  
F 9/15-11/3 10:00A-10:45A  
**105131-04** \$112.00  
Sa 9/9-10/28 9:30A-10:15A

### BROADWAY BABIES: CREATIVE TAP

(Ages 4-5) See above. Call 703-378-1800.

**105132-01** \$125.00  
W 9/13-11/1 11:15A-12:15P

### DANCING DUDES AND DIVAS

(Ages 3-4) Held at Creative Dance Center. Call 703-378-1800.

**105133-01** \$112.00  
Tu 9/12-10/31 11:30A-12:15P

### DANCING DUDES AND DIVAS

(Ages 4-5) See above. Call 703-378-1800.

**105134-01** \$125.00  
W 9/13-11/1 1:00P-2:00P  
**105134-02** \$125.00  
W 9/13-11/1 4:15P-5:15P  
**105134-03** \$125.00  
Sa 9/9-10/28 11:45A-12:45P

### PRE-PRINCESS BALLET

(Ages 3-4) Held at Creative Dance Center. Call 703-378-1800.

**105135-01** \$112.00  
M 9/11-10/30 4:30P-5:15P  
**105135-02** \$112.00  
W 9/13-11/1 10:30A-11:15A  
**105135-03** \$112.00  
Th 9/14-11/2 10:00A-10:45A

### BALLET/TAP

(Ages 4-5) Held at Creative Dance Center. Call 703-378-1800.

**105136-01** \$125.00  
Tu 9/12-10/31 1:00P-2:00P  
**105136-02** \$125.00  
Th 9/14-11/2 1:00P-2:00P

### BALLET/TAP

(Ages 5-6) See above. Call 703-378-1800.

**105137-01** \$125.00  
Tu 9/12-10/31 4:15P-5:15P

### MINI JAZZ/POM

(Ages 3-4) Held at Creative Dance Center. Call 703-378-1800.

**105138-01** \$112.00  
Th 9/14-11/2 11:30A-12:15P  
**105138-02** \$112.00  
Th 9/14-11/2 4:30P-5:30P

### MINI JAZZ/POM

(Ages 4-5) See above. Call 703-378-1800.

**105139-01** \$125.00  
F 9/15-11/3 1:00P-2:00P

## ELEMENTARY AGE PROGRAMS & SCHOOL HOLIDAY CAMPS

*All Creative Dance Center Classes:  
\$15 annual registration due at first class  
includes T-shirt.*

### CHESS AND CHECKERS CLUB

(Ages 6-11) Learn or improve your chess or checkers skills. Class meets every other Tuesday.

**105200-01** \$14.00  
Tu 9/5-11/14 5:00P-6:00P

### ABRAKADOODLE® DOODLERS

(Ages 6-13) Lessons designed to ignite the imagination, foster creativity and develop new skills with paints, water colors, pastels, and other materials.

**105201-01** \$87.00 (+\$10 materials)  
F 9/8-10/27 3:00P-3:45P  
**105201-02** \$79.00 (+\$8 materials)  
F 11/3-12/1 3:00P-3:45P

### KINDERCOMBO®

(Ages 6-8) Creative movement, fitness, dance and basic floor gymnastic skills blended with academics. Soft ballet shoes required.

**105202-01** \$175.00 No class 11/11  
Sa 9/9-11/18 1:10P-2:10P

### WHIZKIDS

(Ages 5-6) Reinforces language arts and math skills using MS Word, Power Point, Paint and scholastic computer games. No class 10/9.

**105203-01** \$129.00 (\$20 materials)  
M 9/11-11/27 9:45A-10:30A

### ACC GAMERS CLUB

(Ages 6-10) Play video games on our newest game systems! Class meets every other Monday.

**105204-01** \$15.00  
M 9/11-11/20 4:00P-6:00P

### GAMES, GAMES, GAMES

(Ages 6-11) We have a wide variety of fun games, come in and play them with your friends.

**105205-01** \$5.00  
M 9/18-9/18 4:30P-5:30P  
**105205-02** \$5.00  
F 11/17-11/17 4:30P-5:30P

### NO SCHOOL ADVENTURE DAYS

(Ages 6-13) Ready for ADVENTURE? Don't forget your lunch!

**105206-01** \$25.00  
M 10/9-10/9 7:30A-6:00P  
**105206-02** \$25.00  
M 11/6-11/6 7:30A-6:00P  
**105206-03** \$25.00  
Tu 11/7-11/7 7:30A-6:00P

### BEGINNING BALLET/JAZZ DANCE

(Ages 5-7) Classical technique & upbeat style dance. Black leotard, pink tights, black Jazz shoes required. Creative Dance Center instructor.

**105207-01** \$185.00  
W 9/13-11/29 4:00P-5:00P

### BEGINNING HIP HOP/JAZZ DANCE

(Ages 8-10) Dance Technique to popular

music. Black Jazz shoes required. Creative Dance center instructor..

**105208-01** \$185.00  
W 9/13-11/29 5:00P-6:00P

### PRINCESS BALLET

(Ages 4-5) Held at Creative Dance Center. Call 703-378-1800 for details.

**105209-01** \$125.00  
F 9/15-11/3 10:45A-11:45A

### PRINCESS BALLET

(Ages 4-6) See above description. Call 703-378-1800.

**105210-01** \$125.00  
Sa 9/9-10/28 9:30A-10:30A

### PRINCESS BALLET

(Ages 5-7) See above description. Call 703-378-1800.

**105211-01** \$125.00  
M 9/11-10/30 6:15P-7:15P

### BALLET/JAZZ

(Ages 5-6) Held at Creative Dance Center. Call 703-378-1800 for details.

**105212-01** \$125.00  
M 9/11-10/30 5:15P-6:15P

### BALLET/JAZZ

(Ages 5-7) See above description. Call 703-378-1800.

**105213-01** \$125.00  
Sa 9/9-10/28 10:30A-11:30A

### BALLET/JAZZ

(Ages 6-7) See above description. Call 703-378-1800.

**105214-01** \$125.00  
W 9/13-11/1 5:00P-6:00P  
**105214-02** \$125.00  
Th 9/14-11/2 4:45P-5:45P

### JAZZ/POM

(Ages 7-9) Held at Creative Dance Center. Call 703-378-1800 for details.

**105215-01** \$125.00  
Th 9/14-11/2 4:45P-5:45P

### TAP DANCE

(Ages 5-7) Held at Creative Dance Center. Call 703-378-1800 for details.

**105216-01** \$125.00  
W 9/13-11/1 5:00P-6:00P

### TAP DANCE

(Ages 7-9) See above description. Call 703-378-1800.

**105217-01** \$125.00  
Tu 9/12-10/31 6:00P-7:00P

### HIP HOP/JAZZ DANCE

(Ages 7-9) Held at Creative Dance Center. Call 703-378-1800 for details.

**105218-01** \$125.00  
M 9/11-10/30 5:00P-6:00P

### BALLET

(Ages 6-8) Held at Creative Dance Center. Call 703-378-1800 for details.

**105219-01** \$125.00  
Th 9/14-11/2 5:15P-6:15P

### BALLET

(Ages 9-11) See above description. Call 703-378-1800.

**105220-01** \$125.00  
Th 9/14-11/2 6:15P-7:15P

### LYRICAL DANCE

(Ages 9-11) Held at Creative Dance Center. Call 703-378-1800 for details.

**105221-01** \$125.00  
Tu 9/12-10/31 7:45P-8:45P

### SNOW DAZE ACTIVITIES

(Ages 5-13) Join us for sledding, movies, rock climbing and hot chocolate when school is out.

**Pay at door** \$25.00  
M,Tu,W,Th,F Dates vary 7:30A-6:00P

## MIDDLE SCHOOL AGE PROGRAMS

*All Creative Dance Center Classes:  
\$15 annual registration due at first class  
includes T-shirt.*

### CAPTURE THE FLAG

(Ages 10-14) Get a group of friends and enjoy this all time favorite.

**105300-01** \$5.00  
F 9/8-9/8 4:30P-5:30P  
**105300-02** \$5.00  
W 10/11-10/11 4:30P-5:30P

### ACC GAMERS CLUB

(Ages 10-14) Play video games on our newest game systems! Class meets every other Tuesday.

**105301-01** \$15.00  
Tu 9/12-11/21 4:00P-6:00P

### GET INVOLVED WITH RECREATION

(Ages 10-15) We need volunteers to help with all sorts of recreational tasks.

### Free Event

Th 9/14-11/16 4:00P-6:00P

### ROLLER HOCKEY MANIA

(Ages 10-14) Gather a group of friends for a pick-up game or two. Please provide your own roller blades.

**105302-01** \$5.00  
F 9/15-9/15 4:00P-5:30P  
**105302-02** \$5.00  
F 9/22-9/22 4:00P-5:30P

### BOYS ONLY HIP HOP

(Ages 10-14) Held at Creative Dance Center. Call 703-378-1800 for details.

**105303-01** \$125.00  
Th 9/14-11/2 7:45P-8:45P

### MODERN DANCE

(Ages 10-14) Held at Creative Dance Center. Call 703-378-1800 for details.

**105304-01** \$125.00  
Th 9/14-11/2 7:30P-8:30P

## HIGH SCHOOL AGE PROGRAMS

### ARCOLA TEEN CENTER

Ages (13-19) Enjoy our new teen center; play games, ping pong, watch movies or just hang out!

**105400-01** \$10.00  
W 9/6-11/29 4:30P-6:30P

### 3-ON-3 BASKETBALL TOURNAMENT

(Ages 13-18) Get all your friends and play in a 3-on-3 basketball tournament.

**105401-01** \$15.00/3-player team  
Th 9/7-9/7 4:00P-6:00P  
**105401-02** \$15.00/3-player team  
Th 9/14-9/14 4:00P-6:00P

## ADULT PROGRAMS

*All Creative Dance Center Classes:  
\$15 annual registration due at first class  
includes T-shirt.*

### COMPUTER CLASSES FOR ADULTS

Ages (18 & up) Tailored for novice PC users. Learn Microsoft programs. \$10 materials fee. Taught by **Whizkids**. No class 10/9, 11/16.

**105500-01** \$89.00 Basic PC Usage  
M 9/11-9/25 10:30A-12:00P  
**105500-02** \$89.00 MS Word  
M 10/2-10/23 10:30A-12:00P  
**105500-03** \$59.00 MS Excel  
M 10/30-11/13 10:30A-12:00P  
**105500-04** \$59.00 MS Power Point  
M 11/20-11/27 10:30A-12:00P

### ADULT STRETCH AND TONE

(Ages 18 & up) Held at Creative Dance Center. Call 703-378-1800 for details.

**105502-01** \$125.00  
Tu 9/12-10/31 7:15P-8:15P

### SENIOR PROGRAMS ARCOLA SENIOR CENTER

Ages 55 & up) Engage in fun activities have lunch with friends, relax and enjoy the good life. For details, see "Loudoun County Senior Activity Center at Arcola" or call 703-327-3232.

#### GAME DAY

(Ages 55 & up) Grab your friends and play some your favorite games like checkers, chess and dominos. Light refreshments provided.

**105600-01** \$3.00  
F 11/3-11/3 1:00P-3:00P

### MULTI-AGE PROGRAMS

*All Creative Dance Center Classes:  
\$15 annual registration due at first class  
includes T-shirt.*

#### ARCOLA TEEN CENTER

(Ages 13-19) Enjoy our new teen center; play games, ping pong, watch movies or just hang out!

**105700-01** \$10.00  
W 9/6-11/29 4:30P-6:30P

#### MOVIE NIGHT

(All ages) Watch a movie in our gym on our large projection screen. Bring a comfy pillow and we'll provide refreshments.

**105701-01** \$5.00  
F 10/20-10/20 6:30P-8:30P

#### JAZZ DANCE

(Ages 6-18) Held at Creative Dance Center. Call 703-378-1800 for details.

**105702-01** \$125.00 Ages 10-13  
M 9/11-10/30 5:00P-6:00P  
**105703-01** \$125.00 Ages 6-8  
Tu 9/12-10/31 5:45P-6:45P  
**105704-01** \$125.00 Ages 7-9  
Tu 9/12-10/31 5:00P-6:00P  
**105705-01** \$125.00 Ages 9-11  
Tu 9/12-10/31 6:45P-7:45P  
**105706-01** \$125.00 Ages 13-18  
Tu 9/12-10/31 8:00P-9:00P  
**105707-01** \$125.00 Ages 7-9  
Sa 9/9-10/28 11:15A-12:15P

#### HIP HOP DANCE

(Ages 6-18) Held at Creative Dance Center. Call 703-378-1800 for details.

**105708-01** \$125.00 Ages 6-8  
Tu 9/12-10/31 6:15P-7:15P  
**105709-01** \$125.00 Ages 8-11  
W 9/13-11/1 6:00P-7:00P  
**105710-01** \$125.00 Ages 9-11  
Tu 9/12-10/31 5:15P-6:15P

**105711-01** \$125.00 Ages 11-14  
W 9/13-11/1 7:00P-8:00P  
**105712-01** \$125.00 Ages 13-18  
Tu 9/12-10/31 7:00P-8:00P

### SHOW CHOIR DANCE/MUSICAL THEATRE

(Ages 11-17) Held at Creative Dance Center. Call 703-378-1800 for details.

**105713-01** \$125.00 Ages 11-13  
W 9/13-11/1 6:00P-7:00P  
**105714-01** \$125.00 Ages 13-17  
W 9/13-11/1 7:00P-8:00P

### BANSHEE REEKS NATURE PRESERVE

21085 The Woods Rd.  
Leesburg, VA 20175

703-669-0316

Open 8:00A-4:00P

3rd Sa & Su of each month

bansheereeks@starpower.net

www.bansheereeks.org

Enjoy the beauty of Banshee Reeks, a 725-acre nature preserve in the heart of Loudoun County! The preserve consists of successional fields, hardwood forests, wetlands and riverine habitat. Banshee Reeks strives to protect the rich natural environment of varied plant and animal populations within its borders. This is a unique environment within Loudoun County due to its size and habitat variation. Goose Creek, a State Scenic River that encompasses abundant and diverse wildlife and associated habitats, runs over 2 miles along the border of Banshee Reeks. The preserve is currently open to the public on the third consecutive Saturday and Sunday of each month from 8:00A to 4:00P and to organized groups that secure a permit for access from the Manager. Fall open weekends: 9/16 & 17, 10/21 & 22, 11/18 & 19.

#### VOLUNTEER OPPORTUNITIES

The 3rd Saturday of each month beginning at 9:00AM, is Volunteer Day at Banshee Reeks. This is a great way to become more familiar with the preserve and meet people who share a common interest in nature, history and the environment. Activities vary month to month and projects are indoor and outdoor. No registration is required, but children under 16 must be accompanied by an adult. Volunteer Day is held regardless of weather. Come to the Visitor/Education Center ready to have fun! Fall Volunteer Days: 9/16, 10/21, 11/18.

The Visitor Information Volunteer Association (VIVA) program allows the preserve to be open to the public on the 3rd consecutive Saturday and Sunday of each month. BRNP is "staffed" VIVA members. If you have an interest in this program, please call Ron Circé @ 703-669-0316

### SPECIAL OPPORTUNITIES

#### TRAILS ARE OPEN

Bring the family and enjoy many of the miles of trails at our nature preserve on the 3rd consecutive Saturday and Sunday of each. No registration required.

#### BIRDING BANSHEE

(Ages 14 & up) Join the Friends of Banshee Reeks and Loudoun Wildlife Conservancy for their guided bird walks. These free guided walks begin at 8AM and are held on the 2nd Saturday of each month (9/9, 10/14, 11/11). Because of the rich and varied habitat of Banshee Reeks, this is a birding hot spot and these walks provide both the beginner and experienced birder a chance to see some spectacular birds. Learn or sharpen your birding skills and techniques. Please bring binoculars. Call 703-779-2077.

#### GUIDED WALKABOUTS

Special guided walkabouts can be provided to Scout groups, school classes and community organizations. These special walkabouts are tailored to your specific group. Scout groups can earn Activity Pins, Try-its or Merit Badges. School groups can observe aspects of the natural world that they have been studying in the classroom. Community organizations can learn more about what we have in Loudoun County. These walkabouts can be used to introduce your group to some of the special ecological characteristics, historical resources and wildlife habitats of the preserve. Learn more about ecology, natural science, history and Loudoun County wildlife. Fee is \$2/person with a minimum charge of \$15. Call 703-669-0316.

#### CAMPING AT BANSHEE REEKS

Camping is allowed by special permit for organized Scout groups only. All camping is LNT (Leave No Trace) and primitive. Campers must hike-in. Toilets and water are available. Cooking on stoves only. Fires are dependent on weather and ONLY by permission of BRNP Manager. Fees are \$2.50/person/night with a minimum of \$15/night. Please call 703-669-0316 for permit and policies.

#### SPECIAL EVENT: ARTISTS'S SHOWING

On Saturday, October 21, from 10:00A to 3:00P, join award-winning local woodturning artist, George Carrigan for a one-man show. Mr Carrigan will be showing and selling some selected pieces from his collection of native and exotic woods. A portion of the proceeds will go to benefit Banshee Reeks Nature Preserve. This is a one-time only showing of these pieces. Free admission.

#### SPECIAL ANNOUNCEMENT

Enrollment for the 12-week Fall 2006 Master Naturalist Program at BRNP is full. Please watch for future offerings of

**BANSHEE REEKS**

naturalist programs from BRNP and visit [www.virginiamasternaturalist.org](http://www.virginiamasternaturalist.org) for more information about the Virginia Master Naturalist Program.

## BLUEMONT COMMUNITY CENTER

33846 Snickersville Pike  
Bluemont, Virginia 20135

**540-554-8643**

M-Th 7:00A-8:30P

F 7:00A-6:30P Sa 9:00A-1:00P

*Supply & material fees are payable to the  
instructor at the first class*

### PRESCHOOL AGE PROGRAMS

#### TUMBLING TOTS

(Ages 3-4½) Children will learn basics of the cartwheel, roll and flips. Instructor: Jennifer Cooke

<b>106100-01</b>	\$18.00	
Sa	9/2-9/23	9:30A-10:15A
<b>106100-02</b>	\$18.00	
Sa	10/7-10/21	9:30A-10:15A
<b>106100-03</b>	\$18.00	
Sa	11/4-11/18	9:30A-10:15A

#### KIDZART: SQUIGGLES TO GRINS

(Ages 2-3½) Discover the excitement of creating art with mommy or daddy. Curriculum taught by certified KidzArt instructor.

<b>106101-01</b>	\$48.00	
Tu	9/5-9/26	10:00A-10:45A
<b>106101-02</b>	\$48.00	
Tu	10/3-10/24	10:00A-10:45A
<b>106101-03</b>	\$48.00	
Tu	11/7-11/28	10:00A-10:45A

#### KIDZART-DISCOVER

(Ages 3½-5) Join us for a fun, nurturing art program that helps preschoolers become creative thinkers. Taught by certified KidzArt instructor.

<b>106102-01</b>	\$48.00	
Tu	9/5-9/26	11:00A-11:45A
<b>106102-02</b>	\$48.00	
Tu	10/3-10/24	11:00A-11:45A
<b>106102-03</b>	\$48.00	
Tu	11/7-11/28	11:00A-11:45A

#### HONOR GRANDPARENTS

(Ages 3-6) Create a surprise for the grandparent's special day. Instructor: Jackie Farris

<b>106103-01</b>	\$7.00 (+\$2 supplies)	
Sa	9/9-9/9	10:00A-11:00A

#### TEE BALL

(Ages 3-5) Learn the basics of tee ball. Class is held at Round Hill Elementary School.

**BLUEMONT COMMUNITY CENTER****540-554-8643**

<b>106104-01</b>	\$21.00	
M	9/11-9/25	3:30P-4:30P

#### MOMMY & ME

(Ages 1-5) Parent/child class includes tumbling and dancing. Instructor: Debbie Rouady.

<b>106105-01</b>	\$18.00	
W	9/13-9/27	10:30A-11:15A
<b>106105-02</b>	\$24.00	
W	10/4-10/25	10:30A-11:15A
<b>106105-03</b>	\$24.00	
W	11/1-11/29	10:30A-11:15A

#### WHIZKIDS-PRESCHOOLERS

(Age 4) This 10-week course introduces computer concepts and reinforces letter and number recognition via keyboard exercises. Taught by certified instructors.

<b>106122-01</b>	\$80.00 (+\$20 supplies)	
F	9/15-11/17	11:45A-12:15P

#### INTRO TO GYMNASTICS

(Ages 3½-5) Learn tumbling and balance beam basics. Instructor: Connie McCrary.

<b>106106-01</b>	\$16.00	
M	9/18-9/25	11:45A-12:30P
<b>106106-02</b>	\$32.00	
M	10/2-10/30	11:45A-12:30P
<b>106106-03</b>	\$24.00	
M	11/13-11/27	11:45A-12:30P

#### CREATIVE DANCE

(Ages 3½-5) Introduction to ballet, tap and creative dance. Instructor: Connie McCrary.

<b>106107-01</b>	\$16.00	
W	9/20-9/27	11:45A-12:30P
<b>106107-02</b>	\$32.00	
W	10/4-10/25	11:45A-12:30P
<b>106107-03</b>	\$32.00	
W	11/1-11/29	11:45A-12:30P

#### ICE CREAM SOCIAL

(Ages 2-5) Celebrate Ice Cream Cone Invention Day with us.

<b>106108-01</b>	\$7.00	
F	9/22-9/22	3:15P-4:15P

#### SOCCER, SHOT AND GOAL

(Ages 3-5) Basic soccer skills will be taught. Class is held at Round Hill Elementary School.

<b>106109-01</b>	\$21.00	
M	10/2-10/16	3:30P-4:30P

#### PARENTS' COLUMBUS DAY LUNCH

(Ages 3-5) Drop your child off for fun activities while you go out. Bring lunch & drink. Instructor: Jennifer Cooke.

<b>106110-01</b>	\$17.50	
M	10/9-10/9	11:30A-2:00P

#### HALLOWEEN STORY TIME

(Ages 3-5) Bats and cats galore! Come make Halloween treasures. Instructor: Jackie Farris.

<b>106111-01</b>	\$14.00 (+\$1 supplies)	
Sa	10/21-10/21	10:00A-12:00P

#### TOTS' ART

(Ages 3-5) Little ones explore drawing and painting. Instructor: Don Stinnette.

<b>106112-01</b>	\$14.00	
Th	11/2-11/9	4:00P-5:00P

#### MOM'S MORNING OUT

(Ages 3-5) Kids listen to stories, work on projects and learn songs. Instructor: Jennifer Cooke.

<b>106113-01</b>	\$21.00	
M	11/6-11/6	9:00A-12:00P
<b>106113-02</b>	\$21.00	
Tu	11/7-11/7	9:00A-12:00P

#### PRESCHOOL FOOTBALL

(Ages 3-5) Young football players learn the basics of football. Class is held at Round Hill Elementary School.

<b>106114-01</b>	\$21.00	
M	11/6-11/20	3:30P-4:30P

#### THANKSGIVING STORY TIME

(Ages 3-5) Turkeys, corn and pumpkins make great decorations for your Thanksgiving dinner. Instructor: Jackie Farris.

<b>106115-01</b>	\$14.00 (+\$1 supplies)	
Sa	11/18-11/18	10:00A-12:00P

#### PRE-THANKSGIVING MORNING CAMP

(Ages 3-5) Preschool's out, so bring the kids to camp for stories, crafts and games. Bring a snack and drink. Instructor: Jennifer Cooke.

<b>106116-01</b>	\$21.00	
W	11/22-11/22	9:00A-12:00P

### ELEM. AGE PROGRAMS & SCHOOL HOLIDAY CAMPS

#### BEGINNER GYMNASTICS

(Ages 5-10) Tumbling, rolls, cartwheels and handstands will be taught. Instructor: Jennifer Cooke.

<b>106200-01</b>	\$21.00	
Sa	9/2-9/23	10:20A-11:20A
<b>106200-02</b>	\$21.00	
Sa	10/7-10/21	10:20A-11:20A
<b>106200-03</b>	\$21.00	
Sa	11/4-11/18	10:20A-11:20A

#### INTERMEDIATE GYMNASTICS

(Ages 5-12) This class is for students who have taken gymnastics before to continue to work on skills. Instructor: Jennifer Cooke.

<b>106201-01</b>	\$21.00	
Sa	9/2-9/23	11:30A-12:30P



<b>106201-02</b>	\$21.00	
Sa	10/7-10/21	11:30A-12:30P
<b>106201-03</b>	\$21.00	
Sa	11/4-11/18	11:30A-12:30P

**BASIC TEE BALL**

(Ages 6-8) Basic skills such as hitting, fielding, throwing and running will be taught. Class is held at Round Hill Elementary School.

<b>106202-01</b>	\$21.00	
Tu	9/12-9/26	3:30P-4:30P

**NINJA KIDS**

(Ages 7-12) Learn the basics of martial arts in a fun atmosphere. Class is held outdoors. Instructor: Brian Ferrenz.

<b>106203-01</b>	\$28.00	
Th	9/7-9/28	3:30P-4:30P
<b>106203-02</b>	\$28.00	
Th	10/5-10/26	3:30P-4:30P

**CARTOON ART**

(Ages 6-12) All kids like to draw cartoons. Children learn different techniques of drawing. Instructor: Don Stinnette.

<b>106204-01</b>	\$28.00	
Th	9/7-9/28	4:00P-5:00P

**SPEED STACKING**

(Ages 6-10) Learn the newest craze of speed stacking. Must provide own cups. Instructor: Wes Harris.

<b>106205-01</b>	\$21.00	
M	9/11-9/25	6:00P-7:30P

**WHIZKIDS-KINDERGARTNERS**

(Ages 5-6) This 10-week course is designed to reinforce language arts and math curriculum using the computer. Class is taught by certified instructors.

<b>106206-01</b>	\$129.00 (+\$20 supplies)	
F	9/15-11/17	12:30P-1:15P

**BASICS OF SOCCER**

(Ages 6-8) Focusing on the basic soccer fundamentals and skills. Class is held at Round Hill Elementary School.

<b>106207-01</b>	\$21.00	
Tu	10/3-10/17	3:30P-4:30P

**ELEMENTARY ART**

(Ages 7-11) Learn painting basics through an understanding of color. Instructor: Don Stinnette

<b>106208-01</b>	\$28.00	
W	10/4-10/25	4:00P-5:00P

**DISCOVER NATURE ART CLASS**

(Ages 6-11) Class is designed to teach fundamental drawing skills by introducing kids to nature. Instructor: Don Stinnette

<b>106209-01</b>	\$28.00	
Th	10/5-10/26	4:00P-5:00P

**AUTUMN ARTS**

(Ages 7-11) Students will create fall inspired art, write Halloween prose and poetry and perform a spooky skit. Instructor: Jennifer Cooke.

<b>106210-01</b>	\$28.00	
Th	10/5-10/26	7:00P-8:00P

**FUN COMPANY**

(Ages 6-9) It's time for nothing but games! Let your children work off extra energy. Instructor: Don Stinnette.

<b>106211-01</b>	\$28.00	
F	10/6-10/27	4:00P-5:00P

**ELEMENTARY SCHOOL HOLIDAY CAMP**

(Ages 6-11) Kids enjoy movies, games and crafts while school is out. Bring a bag lunch and drink.

<b>106212-01</b>	\$40.00	
M	10/9-10/9	7:00A-6:00P
<b>106212-02</b>	\$40.00	
M	11/6-11/6	7:00A-6:00P
<b>106212-03</b>	\$40.00	
Tu	11/7-11/7	7:00A-6:00P

**ELEMENTARY SCHOOL SNOW CAMP**

(Ages 6-11) This camp runs when Loudoun County schools are closed due to snow, but County government is open. Call 540-554-8643 for availability. Bring a lunch and drink.

<b>106213-01</b>	\$40.00/day	
M,Tu,W,Th,F	11/1-11/30	7:00A-6:00P

**SKETCHING CHARCOAL**

(Ages 6-12) Students will learn to use charcoal and drawing techniques for art sketches.

<b>106214-01</b>	\$21.00	
W	11/1-11/15	4:00P-5:00P

**BASICS OF FOOTBALL**

(Ages 6-8) Players will develop skills in safety, throwing, catching and running. Class is held at Round Hill Elementary School.

<b>106215-01</b>	\$21.00	
Tu	11/7-11/21	3:30P-4:30P

**YOUTH ART**

(Ages 6-11) Stretch your imagination! Explore the world of art and creativity in this fun class. Instructor: Don Stinnette.

<b>106216-01</b>	\$14.00	
M,W	11/27-11/29	4:00P-5:00P

**MIDDLE & HIGH SCHOOL AGE PROGRAMS**
**YOUNG WRITERS CLUB**

(Ages 12-14) Develop your writing skills by exploring prose and poetry. Compose original works and create a writing portfolio.

<b>106301-01</b>	\$28.00	
M	11/6-11/27	7:00P-8:00P

**FUTURE REC CLUB LEADERS**

(Ages 14-18) Young men and women can apply to be leaders for future children's programs.

<b>106401-01</b>		
M-Sa	9/5-11/30	3:30P-6:00P

**ADULT PROGRAMS**
**GET FIT WITH LINDA**

(Ages 18 & up) Workout includes stretching, aerobics and mat work. Class is ongoing. Instructor: Linda Sapp.

<b>106501-01</b>	\$56.00	
M,W,F	9/4-9/20	9:15A-10:15A

**EVENING YOGA**

(Ages 18 & up) Relax. Enjoy this ancient art of exercise. Instructor: Jen Stone.

<b>106502-01</b>	\$56.00	
W	9/6-9/27	6:15P-7:45P
<b>106502-02</b>	\$56.00	
W	11/1-11/29	6:15P-7:45P

**PAINTING W/ACRYLICS**

(Ages 18 & up) Students must have canvas, brushes and acrylic paints. Instructor: Don Stinnette.

<b>106503-01</b>	\$40.00	
W	9/6-9/27	7:00P-8:30P
<b>106503-02</b>	\$40.00	
W	10/4-10/25	7:00P-8:30P
<b>106503-03</b>	\$40.00	
W	11/1-11/22	7:00P-8:30P

**TAKE A HIKE**

(Ages 18 & up) Enjoy the fall scenery while walking with Linda. Instructor: Linda Sapp.

<b>106504-01</b>	\$4.00	
Th	9/7-9/28	9:30A-10:30A
<b>106504-02</b>	\$4.00	
Th	10/5-10/26	9:30A-10:30A

**FALL FLORAL DESIGN**

(Ages 18 & up) Make a wreath using leaves and silk flowers in fall colors. Instructor: Allison Brown.

<b>106505-01</b>	\$10.50 (+\$3 supplies)	
Th	9/21-9/21	7:00P-8:30P

**ADULT GYMNASTICS**

(Ages 18 & up) Build your strength and improve your flexibility. Instructor: Jennifer Cooke.

<b>106506-01</b>	\$28.00	
Th	11/2-11/30	7:00P-8:00P

**BLUEMONT COMMUNITY CENTER****HALLOWEEN CENTERPIECE DESIGN**

(Ages 18 & up) Pumpkins, gourds and fall leaves will be used to create a centerpiece for your Halloween decor. Instructor: Allison Brown.

**106507-01** \$10.50 (+\$3 supplies)  
Th 10/19-10/19 7:00P-8:30P

**THANKSGIVING CREATIONS**

Ages 18 & up) Create a beautiful centerpiece for your Thanksgiving table. Instructor: Allison Brown.

**106508-01** \$10.50 (+\$3 supplies)  
Th 11/16-11/16 7:00P-8:30P

**SENIOR PROGRAMS****SENIOR VOLUNTEERS AT BLUEMONT**

(Ages 55 & up) We need seniors to tutor, read and mentor and help with other programs.

**106601-01**  
M,Tu,W,Th,F 9/5-11/30 9:00A-3:00P

**MULTI-AGE PROGRAMS****ADVANCED GYMNASTICS**

(Ages 5-15) This class is for experienced tumblers from gymnasts to cheerleaders. Instructor: Jennifer Cooke.

**106701-01** \$21.00  
Tu 9/5-9/19 7:00P-8:00P  
**106701-02** \$21.00  
Tu 10/3-10/17 7:00P-8:00P  
**106701-03** \$21.00  
Tu 11/7-11/21 7:00P-8:00P

**PARENTS' NIGHT OUT**

(Ages 3-10) Take a break. We'll supply your kids with entertainment, pizza and drinks. Pre-registration required by 10/10.

**106702-01** \$20.00  
F 10/13-10/13 6:00P-10:00P  
**106702-02** \$20.00  
F 11/10-11/10 6:00P-10:00P

**CLAUDE MOORE PARK**

21544 Old Vestals Gap Road  
Sterling, VA 20164

**703-444-1275**

[www.loudoun.gov/prcs/parks/claude.htm](http://www.loudoun.gov/prcs/parks/claude.htm)

Visitor Center: Daily 9:00A-5:00P

Park Hours: Daily 7:00A-Dusk

**PRESCHOOL AGE PROGRAMS**

Children experience the natural world through play, stories, and exploring outdoors (dress children appropriately). "Nature Buddies," "Nature Adventurers," "Nature Explorers,"

**CLAUDE MOORE PARK****703-444-1275**

"Toddler Treks," are **parent/child classes**.

All other classes are for children only. **No unregistered siblings.** Children in drop-off classes must be toilet-trained.

**NATURE BUDDIES**

(Age 2) Toddlers and adults explore the sights, smells, sounds, and textures of nature.

**161101-01** \$3.50 Sunny Day/Rainy Day  
F 9/8-9/8 9:45A-10:15A  
**161101-02** \$3.50 Fall Flowers  
F 9/22-9/22 9:45A-10:15A  
**161101-03** \$3.50 Pumpkins and Apples  
Tu 10/3-10/3 9:45A-10:15A  
**161101-04** \$3.50 Fall Leaves  
Tu 10/24-10/24 9:45A-10:15A  
**161101-05** \$3.50 Fun Animal Feet  
Tu 11/21-11/21 9:45A-10:15A

**NATURE EXPLORERS**

(Ages 3-4) Preschoolers and adults explore the park looking for tracks, jumping frogs, and more.

**161103-01** \$7.00 Sunny Day/Rainy Day  
F 9/8-9/8 10:45A-11:45A  
**161103-02** \$7.00 Fall Flowers  
F 9/22-9/22 10:45A-11:45A  
**161103-03** \$7.00 Pumpkins and Apples  
Tu 10/3-10/3 10:45A-11:45A  
**161103-04** \$7.00 Fall Leaves  
Tu 10/24-10/24 10:45A-11:45A  
**161103-05** \$7.00 Fun Animal Feet  
Tu 11/21-11/21 10:45A-11:45A

**NATURE ADVENTURERS**

(Ages 2-3) Follow a trail, visit the meadow and more.

**161104-01** \$7.00 Reptiles  
F 9/15-9/15 9:45A-10:45A  
**161104-02** \$7.00 Fall Nature Art  
Tu 10/17-10/17 9:45A-10:45A  
**161104-03** \$7.00 Hide and Survive  
F 11/17-11/17 9:45A-10:45A

**TODDLER TREKS**

(Ages 1-2) Baby's on board as you join parents and toddlers on a hike to explore autumn.

**161105-01** \$5.25  
F 9/15-9/15 11:00A-11:45A  
**161105-02** \$5.25  
Tu 10/17-10/17 11:00A-11:45A  
**161105-03** \$5.25  
F 11/17-11/17 11:00A-11:45A

**DAZZLING DRAGONFLIES**

(Ages 3-5) Can you "fly" forwards, backwards, and hover like dragonflies do? Look through a dragonfly's "eye" and make a dragonfly.

**161109-01** \$10.50  
M 9/11-9/11 9:30A-11:00A

**161109-02** \$10.50  
M 9/11-9/11 12:30P-2:00P  
**161109-03** \$10.50  
Tu 9/12-9/12 9:30A-11:00A  
**161109-04** \$10.50  
Tu 9/12-9/12 12:30P-2:00P

**TERRIFIC TURTLES**

(Ages 3-5) Turtles have shells for protection. See them swim and sun themselves.

**161111-01** \$10.50  
M 9/18-9/18 9:30A-11:00A  
**161111-02** \$10.50  
M 9/18-9/18 12:30P-2:00P  
**161111-03** \$10.50  
Tu 9/19-9/19 9:30A-11:00A  
**161111-04** \$10.50  
Tu 9/19-9/19 12:30P-2:00P

**ANIMAL ABC'S**

(Ages 3-5) Discover what park animal's names begin with ABC.

**161113-01** \$10.50  
M 9/25-9/25 9:30A-11:00A  
**161113-02** \$10.50  
M 9/25-9/25 12:30P-2:00P  
**161113-03** \$10.50  
Tu 9/26-9/26 9:30A-11:00A  
**161113-04** \$10.50  
Tu 9/26-9/26 12:30P-2:00P

**"IT'S NOT EASY BEING A BUNNY"**

(Ages 3-5) Read P.J. Funnybunny's book and join the search for the animals he visits.

**161115-01** \$10.50  
M 10/2-10/2 9:30A-11:00A  
**161115-02** \$10.50  
M 10/2-10/2 12:30P-2:00P  
**161115-03** \$10.50  
Tu 10/3-10/3 12:30P-2:00P

**CRAFTY FALL FUN**

(Ages 3-5) Hunt the places where acorns and pinecones grow; use them to make an animal craft.

**161117-01** \$10.50  
Tu 10/10-10/10 9:30A-11:00A  
**161117-02** \$10.50  
Tu 10/10-10/10 12:30P-2:00P  
**161117-03** \$10.50  
M 10/23-10/23 9:30A-11:00A  
**161117-04** \$10.50  
M 10/23-10/23 12:30P-2:00P

**DISCOVER FALL'S TREES**

(Ages 3-5) Read "A Grand Old Tree" then hunt for the red and yellow of fall trees.

**161119-01** \$10.50

M	10/16-10/16	9:30A-11:00A
<b>161119-02</b>	\$10.50	
M	10/16-10/16	12:30P-2:00P
<b>161119-03</b>	\$10.50	
Tu	10/17-10/17	12:30P-2:00P

### EXPLORE AUTUMN'S HARVEST

(Ages 3-5) Play pumpkin games, discover the star in an apple, and search for the fruit known as "fox candy."

<b>161121-01</b>	\$10.50	
M	10/30-10/30	9:30A-11:00A
<b>161121-02</b>	\$10.50	
M	10/30-10/30	12:30P-2:00P
<b>161121-03</b>	\$10.50	
Tu	10/31-10/31	9:30A-11:00A
<b>161121-04</b>	\$10.50	
Tu	10/31-10/31	12:30P-2:00P

### CLAUDE MOORE PARK 123'S

(Ages 3-5) Can you count all the leaves in the park? Use your counting skills on a hike.

<b>161125-01</b>	\$10.50	
M	11/13-11/13	9:30A-11:00A
<b>161125-02</b>	\$10.50	
M	11/13-11/13	12:30P-2:00P
<b>161125-03</b>	\$10.50	
Tu	11/14-11/14	9:30A-11:00A
<b>161125-04</b>	\$10.50	
Tu	11/14-11/14	12:30P-2:00P

### GOBBLE FOR THE TURKEYS

(Ages 3-5) Gobble like a turkey. Look for the food they eat and where they sleep.

<b>161127-01</b>	\$10.50	
M	11/20-11/20	9:30A-11:00A
<b>161127-02</b>	\$10.50	
M	11/20-11/20	12:30P-2:00P
<b>161127-03</b>	\$10.50	
Tu	11/21-11/21	12:30P-2:00P

### DIGGING DINOSAURS

(Ages 3-5) Measure the length of a stegosaurus. Make your own "fossil" to take home.

<b>161129-01</b>	\$10.50	
M	11/27-11/27	9:30A-11:00A
<b>161129-02</b>	\$10.50	
M	11/27-11/27	12:30P-2:00P
<b>161129-03</b>	\$10.50	
Tu	11/28-11/28	9:30A-11:00A
<b>161129-04</b>	\$10.50	
Tu	11/28-11/28	12:30P-2:00P

## ELEMENTARY AGE PROGRAMS

### HAWK HUNT

(Ages 6-9) Use our binoculars to watch these big birds in flight.

<b>161203-01</b>	\$10.50	
Tu	9/19-9/19	3:30P-5:00P

### KID'S NATURE PHOTOGRAPHY

(Ages 7-12) Bring a camera and two rolls of 200 or 400 ASA color print film (24 prints each), or two disposable cameras, or a digital camera. An adult must accompany each child. Raindate: 9/24.

<b>161205-01</b>	\$10.50	
Sa	9/23-9/23	1:00P-2:30P

### BATS AND BEYOND

(Ages 6-9) Are bats blind? How do they hear? Play a bat game and find out.

<b>161207-01</b>	\$10.50	
Tu	10/17-10/17	3:30P-5:00P

### HALLOWEEN TIME FUN

(Ages 6-9) We'll create our own spooky story, play Spider Relay and make a huge spider web.

<b>161209-01</b>	\$14.00	
F	10/20-10/20	3:30P-5:30P

### FALL FUN DAY CAMP

(Ages 6-9) Enjoy a day full of fall activities, crafts, and fun! Picnic in the park. Different activities each day.

<b>161211-01</b>	\$42.00	
M	11/6-11/6	9:00A-3:00P
<b>161211-02</b>	\$42.00	
Tu	11/7-11/7	9:00A-3:00P

### FALL EXTENDED DAY CAMP

(Ages 6-9) Campers will enjoy supervised play and an afternoon snack. Must be enrolled in corresponding day camp.

<b>161213-01</b>	\$14.00	
M	11/6-11/6	3:00P-5:00P
<b>161213-02</b>	\$14.00	
Tu	11/7-11/7	3:00P-5:00P

### MICROSCOPE MAGIC

(Ages 6-9) Use a microscope to discover the smaller things in nature.

<b>161215-01</b>	\$10.50	
Tu	11/14-11/14	3:30P-5:00P

## SCOUT PROGRAMS

These programs meet most badge requirements. Adult must accompany scouts. Other badges available. Call 703-444-1275 for information and to register. **All sessions:\$4.00/scout/session. Pay at door.**

### BROWNIES-ANIMALS TRY-IT

Discover what makes a wild animal. Play sound charades and more to earn your Animals Try-It.

Sa	9/30-9/30	12:30P-2:00P
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### JUNIOR GS WILDLIFE BADGE

Use magnifiers or binoculars to observe and draw an animal or plant. Become familiar with the characteristics an animal family.

Sa	9/30-9/30	2:30P-4:00P
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### BROWNIES-ECO EXPLORER TRY-IT

Explore the animals and plants that live together in a habitat, hunt for signs of nature, and make a food chain.

Sa	10/7-10/7	12:30P-2:00P
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### WEBELOS-FORESTER BADGE

Play the "Tree Factory" game, explore identifying trees, and discuss how fire can help a forest while working on your Forester Badge.

Sa	10/7-10/7	2:30P-4:00P
Sa	10/21-10/21	2:30P-4:00P

### BROWNIES-WILDLIFE WATCHING TRY-IT

Discover your neighborhood animals and how they make their homes. Make a natural shopping list for wild animals.

Sa	10/21-10/21	12:30P-2:00P
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### BROWNIES-LISTENING TO THE PAST TRY-IT

Dress in colonial costumes, enjoy Victorian school games and listen to the past of the historic Lanesville house.

Sa	11/4-11/4	12:30P-2:00P
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### WEBELOS NATURALIST BADGE

Visit a nature center, investigate bird flyways, play a food chain game, and get to know local poisonous animals and plants.

Sa	11/4-11/4	2:30P-4:00P
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## MULTI-AGE PROGRAMS

### NIGHT OF 1000 MOTHS

(All ages) Explore the diversity of moths through observation, stories, and fun. Adult must accompany children. Call to register.

<b>Pay at door</b>	\$5.00	
F	9/1-9/1	7:00P-9:00P

### LATE SUMMER WILDFLOWERS

(Ages 7 & up) Explore the brilliant gold, purple, and reds of summer wildflowers. Adult must accompany children under 13. Call to register.

<b>Pay at door</b>	\$5.00	
Sa	9/2-9/2	10:00A-12:00P

### LANESVILLE OPEN HOUSE

(All ages) Enjoy a guided tour of this historic house, play with old-time toys and games. Adult must accompany children.

<b>Free event</b>		
Sa	9/9-9/9	10:00A-5:00P
Sa	10/21-10/21	10:00A-4:00P

**CLAUDE MOORE PARK****703-444-1275**

Su 10/22-10/22 12:00P-4:00P  
 Sa 11/18-11/18 10:30A-12:00P

**FROGSHACKLE OPEN HOUSE**

(All ages) Adult must accompany children.  
 Themes: September--Old time use of plants,  
 October--Travellin' Seeds, November--Deer.

**Free event**

M 9/11-9/11 2:30P-3:30P  
 M 10/16-10/16 2:30P-3:30P  
 M 11/13-11/13 2:30P-3:30P

**LANESVILLE IN THE CIVIL WAR**

(All ages) Explore John Mosby's operations,  
 the Bridges family, and the effect of the war on  
 civilians. Some walking involved. Adult must  
 accompany children.

**161715-01** \$8.00  
 Sa 9/16-9/16 9:00A-12:00P  
**161715-02** \$8.00  
 Sa 11/11-11/11 9:00A-12:00P

**AUTUMN SOLSTICE HIKE**

(All ages) Learn why leaves change colors and  
 how animals begin to prepare for winter. Bring  
 a snack. Adult must accompany children. Call  
 to register.

**Pay at door** \$4.00  
 Sa 9/23-9/23 1:00P-2:30P

**FALL OWL PROWL**

(Ages 6 & up) Learn to safely explore the night  
 and identify and call wildlife. No flashlights  
 please. Adult must accompany children under  
 13. Call to register.

**Pay at door** \$5.00  
 Sa 9/23-9/23 7:00P-9:00P

**FORESTS OF GOLD SCAVENGER HUNT**

(All ages) Take a scavenger hunt in search  
 of the brilliant colors of fall. Adult must  
 accompany children under 13. Call to register.

**Pay at door** \$4.00  
 Sa 9/30-9/30 10:30A-12:00P

**ORIENTEERING BASICS**

(Ages 7 & up) Measure your pace and learn to  
 tell directions. Bring a compass or borrow one  
 of ours.

**161727-01** \$17.50  
 Sa 10/7-10/7 9:30A-12:00P

**AUTUMN INSECTS**

(All ages) Discover beetles, butterflies, and  
 other insects and find out where they go  
 in cooler weather. Adult must accompany  
 children. Call to register.

**Pay at door** \$4.00  
 M 10/9-10/9 10:30A-12:00P

**TIED UP IN KNOTS**

(Ages 8 & up) Learn usable knots, how to

lash poles to make ladders and tripods. Ropes  
 provided.

**161731-01** \$14.00  
 M 10/9-10/9 1:00P-3:00P

**REPTILE ROUNDUP**

(All ages) Search for turtles and snakes as you  
 discover how they survive in disappearing  
 habitats. Adult must accompany children. Call  
 to register.

**Pay at door** \$4.00  
 Sa 10/14-10/14 10:30A-12:00P

**PLANTS OF FOOD, FUN, AND FOLKLORE**

(Ages 7 & up) Along with beauty, plants  
 provide us with food, medicine, building  
 materials, and folklore. Adult must accompany  
 children under 13. Call to register.

**Pay at door** \$5.00  
 Sa 10/21-10/21 9:30A-11:30A

**FIREBUILDING BASICS**

(Ages 7 & up) Discover the value of fire  
 while you learn ways to start one. Adult must  
 accompany children under 13. Call to register.

**Pay at door** \$5.00  
 Sa 11/4-11/4 10:00A-12:00P

**GETTING READY FOR THE COLD**

(Ages 5 & up) Explore winter wildlife  
 survival in a walk along the trails. Adult must  
 accompany children under 13. Call to register.

**Pay at door** \$5.00  
 Sa 11/11-11/11 11:00A-1:00P

**READY FOR TURKEY DAY HIKE**

(Ages 7 & up) Take a brisk walk around the  
 park and enjoy the beautiful fall landscape.  
 Bring water. Adult must accompany children  
 under 13. Call to register.

**Pay at door** \$5.00  
 Sa 11/18-11/18 10:00A-12:00P

**IT'S NOT WINTER YET! CAMPFIRE**

(All ages) Share Native American stories,  
 songs, games, and fun around the campfire.  
 Marshmallows provided for toasting. Adult  
 must accompany children. Call to register.

**Pay at door** \$5.00  
 Sa 11/18-11/18 7:00P-9:00P

**NATURE BIRTHDAY PARTY**

(Ages 4 & Up) Celebrate your birthday with a  
 party theme of Turtles, Birds or Nature Safari.  
 Call 703-444-1275 for details.

**161747-01** \$80.00  
 varies 9/1-11/30 10:00A-5:00P

**GUIDED NATURE OR HISTORY HIKES**

(All ages) Group hikes on a variety of topics.  
 Call 703-444-1275 for details.

**DOUGLASS COMMUNITY CENTER**

**161749-01** \$3.50  
 varies 9/1-11/30 10:00A-5:00P

**DOUGLASS COMMUNITY CENTER**

407 E. Market Street  
 Leesburg, VA 20176

**703-771-5913**

M-F 7:00A-10:00P Sa 8:00A-4:00P

*Supply & material fees are payable to the  
 instructor at the first class.*

**PRESCHOOL AGE PROGRAMS**

*All Creative Dance Center Classes:  
 \$15 annual registration due at first class  
 includes T-shirt.*

**BROADWAY BABIES: CREATIVE TAP AND TUMBLE**

(Ages 4-5) Location: Creative Dance Center.  
 Black leotards, pink tights, pink ballet shoes,  
 black patent leather tap shoes.

**104139-01** \$125.00  
 Sa 9/9-10/28 11:15A-12:15A

**YOU AND ME**

(Ages 2 w/ adult) Location: Creative Dance  
 Center. Fun with movement and tumbling  
 using music and props. Sneakers, comfortable  
 clothing.

**104138-01** \$100.00  
 Tu 9/12-10/31 10:45A-11:15A  
**104138-02** \$100.00  
 F 9/9-10/28 11:30A-12:00P

**DANCING DUDES AND DIVAS**

(Ages 3 & 4 coed) Location: Creative Dance  
 Center. Jazz and Tap Dancing. Girls: Pink  
 leotards, pink tights, pink ballet shoes, black  
 patent leather tap shoes. Boys: white T-shirt,  
 black pants, black ballet shoes.

**104140-01** \$112.00  
 Tu 9/12-10/31 4:30P-5:15P  
**104140-02** \$112.00  
 W 9/13-11/1 4:45P-5:30P  
**104140-03** \$112.00  
 Sa 9/9-10/28 10:30A-11:15A

**FIT KIDS**

(Ages 3½-5) Location: Creative Dance Center.  
 Workout with movement, sports conditioning,  
 tumbling, obstacle course. Comfortable  
 workout clothes, sneakers.

**104142-01** \$112.00  
 Tu 9/12-10/31 12:00P-12:45P  
**104142-02** \$112.00  
 Th 9/14-11/2 10:45A-11:30A

**CUDDLE BUGS PLAYGROUP**

(Ages 6-18 mos) Meet other parents and encourage children to explore the world around them, develop small and large motor skills, socialization and much more!

<b>104100-01</b>	\$4.00		
F	9/15-9/15	9:30A-10:00A	
<b>104100-02</b>	\$4.00		
F	9/29-9/29	9:30A-10:00A	
<b>104100-03</b>	\$4.00		
F	10/13-10/13	9:30A-10:00A	
<b>104100-04</b>	\$4.00		
F	11/17-11/17	9:30A-10:00A	

**DINOSAUR TRACKS**

(Ages 2-3) Practice your preschool paleontology skills! Learn about prehistoric animals.

<b>104122-01</b>	\$4.00		
F	9/15-9/15	10:30A-11:00A	
<b>104122-02</b>	\$4.00		
Tu	10/17-10/17	10:30A-11:00A	

**FRANTIC FRIDAY**

(Ages 3-5) A great extension to a preschool day. Bring lunch and a drink. No class 11/10.

<b>104101-01</b>	\$32.00		
F	9/15-10/6	11:30A-12:30P	
<b>104101-02</b>	\$24.00		
F	10/27-11/17	11:30A-12:30P	

**PRE-PRINCESS BALLET**

(Age 4) Location: Creative Dance Center. Incorporates Princess stories and costumes! Pink leotards, pink tights, pink ballet shoes.

<b>104143-01</b>	\$112.00		
F	9/15-11/3	4:30P-5:15P	

**IT'S ALL IN THE GAME**

(Walking -24 mos) Play everything from tag to follow the leader and explore the world of games and sports. Parent participation required.

<b>104102-01</b>	\$16.00		
Tu	9/19-10/10	9:15A-9:45A	

**KIDZART: SQUIGGLES TO GRINS**

(Ages 2-3½) Singing, storytelling and creative art projects with Mommy and Daddy.

<b>104111-01</b>	\$48.00		
Tu	9/19-10/10	10:30A-11:15A	
<b>104111-02</b>	\$48.00		
Tu	10/24-11/14	10:30A-11:15A	

**KIDZART: DISCOVERY!**

(Ages 3½-5) Join us for a fun, nurturing art program that helps preschoolers become creative thinkers. Certified KidzArt instructor.

<b>104110-01</b>	\$48.00		
Tu	9/19-10/10	11:30A-12:15P	
<b>104110-02</b>	\$48.00		
Tu	10/24-11/14	11:30A-12:15P	

**ALL STAR SOCCER**

(Ages 4-5) Have fun learning the exciting game of soccer. Held at Trailside Park in Ashburn.

<b>104103-01</b>	\$32.00		
Tu	9/19-10/10	3:30P-4:30P	

**GYM JAM**

(Ages 2-3) Fun introduction to sports related activities that emphasize team play and group interaction. Parent participation is required.

<b>104104-01</b>	\$16.00		
W	9/20-10/11	9:15A-9:45A	
<b>104104-02</b>	\$16.00		
W	10/25-11/15	9:15A-9:45A	

**APPLE ADVENTURE**

(Ages 2-3) Learn about apples with a story and craft.

<b>104105-01</b>	\$4.00		
W	9/20-9/20	10:00A-10:30A	

**BUSY BEES**

(Ages 2-3) Be busy as bees in this motor skills development class. Jump, hop, crawl and dance. Parent participation.

<b>104106-01</b>	\$4.00		
W	9/20-9/20	9:00A-9:30A	
<b>104106-02</b>	\$4.00		
F	10/6-10/6	10:30A-11:30A	

**PRESCHOOL SPORTS ACADEMY**

(Ages 3-5) Let us introduce your child to the fundamentals of sports and show them how much fun it can be.

<b>104114-01</b>	\$16.00	Basketball-Age 3	
Th	9/21-10/12	3:30P-4:00P	
<b>104114-02</b>	\$32.00	Basketball-Ages 4-5	
Th	9/21-10/12	4:00P-5:00P	
<b>104114-03</b>	\$16.00	Soccer-Age 3	
Th	10/26-11/16	3:30P-4:00P	
<b>104114-04</b>	\$32.00	Soccer-Ages 4-5	
Th	10/26-11/16	4:00P-5:00P	

**GAK ATTACK**

(Ages 2-3) Sticky, wacky and fun! Make your very own silly putty. Cut it, roll it, bounce it and let it slide through your fingers. Parent participation.

<b>104112-01</b>	\$4.00		
F	9/22-9/22	10:30A-11:00A	

**DOWN ON THE FARM**

(Ages 18-36 mos) Have an E-I-E-I-O of a time with songs, crafts, and activities. Parent participation is required.

<b>104107-01</b>	\$4.00		
M	9/25-9/25	10:15A-10:45A	

**SUNFLOWER WINDSOCK**

(Age 2) Make a sunflower windsock.

<b>104113-01</b>	\$4.00		
W	9/27-9/27	9:30A-10:00A	

**NATURE NUTS**

(Age 3) Take a nature walk, collect leaves, sticks and fall foliage to make a collage. Bring a snack.

<b>104119-01</b>	\$8.00		
W	9/27-9/27	11:30A-12:30P	

**SOMETHING FISHY**

(Age 2) Listen to a fish tale and create a great big fish to take home. Parent participation.

<b>104120-01</b>	\$4.00		
F	9/29-9/29	10:30A-11:00A	

**THE SPIDERS WEB**

(Ages 2-3) Make a spider and a web.

<b>104121-01</b>	\$4.00		
W	10/4-10/4	10:30A-11:00A	

**KOOKY CREATURES**

(Ages 3-5) Use colors, shapes and different materials to create a Kooky new friend. Bring a snack.

<b>104124-01</b>	\$8.00		
W	10/4-10/4	11:30A-12:30P	

**SUPER HERO FUN**

(Ages 3-5) Dress up as your favorite Super Hero; enjoy a story, a craft activity and a game. Bring a lunch.

<b>104116-01</b>	\$8.00		
W	10/11-10/11	11:30A-12:30P	

**ABRAKADOODLE-TWOOSY DOODLERS**

(Ages 20-36 mos) Have fun and acquire new skills using paints, textures, papers, glue and modeling compounds.

<b>104123-01</b>	\$66.00(+\$18 supplies)		
M	10/16-11/20	12:15P-1:00P	

**ABRAKADOODLE-MINI DOODLERS**

(Ages 3-5) Create your own unique masterpieces with paints, watercolors, pastels, and other creative tools and materials.

<b>104125-01</b>	\$66.00(+\$18 supplies)		
M	10/16-11/20	1:15P-2:00P	

**SPOOKY FUN**

(Ages 2-3) Have a great time celebrating Halloween with this great craft project.

<b>104127-01</b>	\$4.00		
W	10/18-10/18	10:30A-11:00A	

**PRINCESS TEA PARTY**

(Ages 3-5) Dress up as your favorite Princess; enjoy a story, craft activity and a game. Bring a lunch.

**104126-01** \$8.00  
W 10/18-10/18 11:30A-12:30P

**CHILDREN'S BUDDY YOGA**

(Age 3) Fun, energetic yoga class for children and adult buddy. Learn basic yoga poses enhancing flexibility, balance, coordination and self esteem.

**104128-01** \$30.00  
W 10/18-11/15 3:30P-4:00P

**EXPLORE THE WORLD WITH YOGA**

(Ages 4-6) Fun, energetic yoga class for children. See description above

**104129-01** \$55.00  
W 10/18-11/15 4:15P-5:05P

**TRICKS AND TREATS**

(Ages 3-5) Design and create a unique treat bag and a Halloween mask!

**104118-01** \$6.00  
M 10/23-10/23 10:30A-11:15A

**FANTASTIC HARVEST**

(Age 3) Enjoy the harvest season with some great arts and crafts to make and take.

**104131-01** \$6.00  
W 11/1-11/1 10:00A-10:45A

**PUMPKIN PALS**

(Ages 3-5) Make cute pumpkin crafts to take home.

**104133-01** \$4.00  
F 11/3-11/3 10:30A-11:00A

**GOOFY GOOBLERS**

(Ages 2-3) This is a turkey of a time! Participate in a turkey hunt!

**104135-01** \$6.00  
M 11/13-11/13 10:15A-11:00A

**SPACE CADETS**

(Age 3) 1-2-3 blast off in our make believe space ship and work on a craft along the way!

**104134-01** \$6.00  
W 11/15-11/15 10:00A-10:45A

**PILGRIM PLACE MATS & LEAF DANCER**

(Ages 3-5) Your child will make a place mat and a leaf dancer to take home. Bring a snack.

**104136-01** \$8.00  
W 11/15-11/15 11:30A-12:30P

**SCARECROW FUN**

(Age 3) Celebrate the harvest by making a scarecrow craft.

**104137-01** \$6.00  
F 11/17-11/17 10:00A-10:45A

**ALONG CAME A SPIDER**

(Ages 18-36 mos) Discover the world of these creepy crawlies through activities and a craft.

**104130-01** \$4.00  
M 11/20-11/20 10:30A-11:00A

**TINA AND TOM TURKEY**

(Ages 2-3) Tina and Tom Turkey are just waiting to be put together and invited to your holiday dinner.

**104145-01** \$4.00  
W 11/22-11/22 10:30A-11:00A

**LITTLE INDIANS**

(Ages 3-5) Learn about Native American rainsticks, face painting, tribal customs through stories, activities and crafts. Bring a lunch.

**104141-01** \$8.00  
W 11/22-11/22 11:30A-12:30P

**ADVENTURES WITH THE STORY LADY**

(Ages 3½-5) Storytelling brought to life through improvisation and student participation.

**104155-01** \$24.00  
F 9/22-9/29 3:15P-4:15P

**104155-02** \$24.00  
F 10/6-10/13 3:15P-4:15P

**104155-03** \$24.00  
F 11/3-11/10 3:15P-4:15P

**ELEMENTARY AGE PROGRAMS & SCHOOL HOLIDAY CAMPS**

*All Creative Dance Center Classes:  
\$15 annual registration due at first class  
includes T-shirt.*

**BALLET/JAZZ**

(Ages 5-7) Location: Creative Dance Center. Black leotards, pink tights, pink or black ballet shoes.

**104211-01** \$125.00  
Sa 9/9-10/28 10:30A-11:30A

**PRINCESS BALLET**

(Ages 5-7) Location: Creative Dance Center. Incorporates princess stories and costumes! Pink leotards, pink tights, pink ballet shoes.

**104202-01** \$125.00  
Tu 9/12-10/31 9:30A-10:30A

**104202-02** \$125.00  
Th 9/14-11/2 5:15P-6:15P

**104202-03** \$125.00  
F 9/15-11/3 6:30P-7:30P

**BALLET/TAP**

(Ages 5-7) Location: Creative Dance Center. Black leotards, pink tights, pink ballet shoes, black patent leather tap shoes.

**104203-01** \$125.00 (Ages 5-6)  
W 9/13-11/1 4:30P-5:30P

**104203-02** \$125.00 (Ages 5-7)  
Th 9/14-11/2 4:30P-5:30P

**JAZZ/TAP**

(Ages 5-7) Location: Creative Dance Center. Black leotards, pink tights, jazz shoes, black tap shoes.

**104210-01** \$125.00  
W 9/13-11/1 5:30P-6:30P

**104210-02** \$125.00  
F 9/15-11/3 9:30A-10:30A

**DANCE BASICS**

(Ages 5-8) Location: Creative Dance Center. Basics of ballet, jazz, tumbling. Black leotards, pink tights, black ballet shoes.

**104212-01** \$125.00  
F 9/15-11/3 5:30P-6:30P

**ELEMENTARY PLAYSTATION 2**

(Grades K-5) Play Playstation 2 on our HUGE 125 inch big screen! Some games are supplied, or bring your own to share!.

**104206-01** \$2.00  
Sa 9/16-9/16 10:00A-12:00P

**104206-02** \$2.00  
Sa 10/14-10/14 10:00A-12:00P

**104206-03** \$2.00  
Sa 11/18-11/18 10:00A-12:00P

**KIDZART ELEMENTARY**

(Grades 1-5) KidzArt is a proven, high-quality fine arts program that builds self-confidence and develops creative thinking and problem solving skills in a noncompetitive environment.

**104207-01** \$60.00  
W 9/20-10/11 5:30P-6:30P

**104207-02** \$60.00  
W 10/25-11/15 5:30P-6:30P

**DROP-IN SPORT STACKING**

(Grades 1-5) Open sport stacking. Equipment is provided.

**Pay at door** \$1.00  
F 9/29-9/29 4:00P-5:00P

F 10/13-10/13 4:00P-5:00P  
F 11/10-11/10 4:00P-5:00P

**COLUMBUS DAY TRIP CAMP ELEMENTARY**

(Grades 1-5) Travel with us to the Maryland Science Center in Baltimore, MD.

**104204-01** \$36.00  
M 10/9-10/9 7:00A-6:00P

**ABRAKADOODLE-DOODLERS**

(Ages 6-13) Lessons designed to ignite the imagination, foster creativity and develop new skills with paints, water colors, pastels, and other materials.

**104201-01** \$66.00(+\$18 supplies)  
W 10/18-11/22 5:00P-5:45P

**BASKETBALL BASICS FOR GIRLS**

(Ages 5-7) Learn catching, passing, dribbling and shooting.

**104208-01** \$32.00

Sa 10/28-11/18 10:00A-11:00A

**TEACHER WORKDAY TRIP CAMP  
ELEMENTARY: MOVIES, MICE &  
ELECTION DAY DICE**

(Grades 1-5) Monday: Herndon Chuck E. Cheese & Sterling Regal Cinema (G-rated movie, pizza included). Spending money at parent discretion. Kids vote on Tuesday destination. Bring bag lunch Tuesday.

**104209-01** \$72.00

M,Tu 11/6-11/7 7:00A-6:00P

**ADVENTURES WITH THE STORY LADY**

(Grades K-5) Storytelling brought to life through creative writing, improvisation, set design, leadership skills, stage management, marketing techniques, and directing skills.

**104213-01** \$36.00

Sa 9/23-9/30 11:00A-12:30P

**104213-02** \$36.00

Sa 10/7-10/14 11:00A-12:30P

**104213-03** \$36.00

Sa 11/4-11/11 11:00A-12:30P

**MIDDLE & HIGH SCHOOL AGE &  
SCHOOL HOLIDAY CAMPS**

*All Creative Dance Center Classes:  
\$15 annual registration due at first class  
includes T-shirt.*

**MIDNIGHT MADNESS**

(Grades 6-12) Recreational activities include basketball, music and other events. Transportation provided in Leesburg. Call 703-771-5913 for details.

**Free event**

F on-going 8:30P-10:00P

**LYRICAL DANCE**

(Ages 8-12) Location: Creative Dance Center. Classical technique to popular music. Leotard, tights, and tan lyrical shoes.

**104312-01** \$125.00

Sa 9/9-10/28 11:30A-12:30P

**STRETCH AND TONE**

(Ages 10-18) Location: Creative Dance Center. Includes core conditioning. Comfortable clothes, sneakers.

**104313-01** \$125.00

Sa 9/9-10/28 10:30A-11:30A

**TAP DANCE**

(Ages 7-18) Location: Creative Dance Center. Leotards, tights, tap shoes required.

**104304-01** \$125.00 Ages 7-9

M	9/11-10/30	5:30P-6:30P
<b>104304-02</b>	\$125.00	Ages 13-18
Tu	9/12-10/31	6:30P-7:30P
<b>104304-03</b>	\$125.00	Ages 9-11
W	9/13-11/1	4:30P-5:30P
<b>104304-04</b>	\$125.00	Ages 8-11
F	9/15-11/3	6:30P-7:30P

**JAZZ DANCE**

(Ages 6-18) Location: Creative Dance Center. Dance Technique to popular music. Leotards, tights, jazz shoes.

<b>104305-01</b>	\$125.00	Ages 9-12
M	9/11-10/30	6:30P-7:30P
<b>104305-02</b>	\$125.00	Ages 13-18
M	9/11-10/30	7:30P-8:30P
<b>104305-03</b>	\$125.00	Ages 6-8
Tu	9/12-10/31	4:30P-5:30P

**HIP HOP DANCE**

(Ages 10-18) Location: Creative Dance Center. Comfortable clothes, capris, sneakers.

<b>104309-01</b>	\$125.00	Ages 13-18
M	9/11-10/30	8:30P-9:30P
<b>104309-02</b>	\$125.00	Ages 10-14
Tu	9/12-10/31	8:00P-9:00P
<b>104309-03</b>	\$125.00	Ages 13-18
Th	9/14-11/2	8:30P-9:30P
<b>104309-04</b>	\$125.00	Ages 13-18
Sa	9/9-10/28	1:00P-2:00P

**BALLET**

(Ages 5-18) Location: Creative Dance Center. Black leotards, pink tights, pink ballet shoes. .

<b>104311-01</b>	\$125.00	Ages 5-7
M	9/11-10/30	4:30P-5:30P
<b>104311-02</b>	\$125.00	Ages 8-11
W	9/13-11/1	7:30P-8:30P
<b>104311-03</b>	\$125.00	Ages 10-14
Tu	9/12-10/31	6:30P-7:30P
<b>104311-04</b>	\$125.00	Ages 13-18
Tu	9/12-10/31	7:30P-8:30P
<b>104311-05</b>	\$125.00	Ages 6-8
Sa	9/9-10/28	12:30P-1:30P

**BROADWAY JAZZ DANCE**

(Ages 9-11) Location: Creative Dance Center. Classical jazz style. Leotards, tights, jazz shoes.

<b>104310-01</b>	\$125.00
W	9/13-11/1 5:30P-6:30P

**JAZZ/HIP HOP DANCE**

(Ages 6-11) Location: Creative Dance Center. Dance technique to popular music. Leotards, tights, jazz shoes.

<b>104308-01</b>	\$125.00	Ages 6-8
Th	9/14-11/2 5:30P-6:30P	
<b>104308-02</b>	\$125.00	Ages 8-11

F	9/15-11/3 5:30P-6:30P
<b>104308-03</b>	\$125.00 Ages 6-8
Sa	9/9-10/28 1:15P-2:15P
<b>104308-04</b>	\$125.00 Ages 8-11
Sa	9/9-10/28 10:00A-11:00A

**JAZZ/POM**

(Ages 9-12) Location: Creative Dance Center. Jazz dancing, and precision pom routines. Leotards, tights, jazz shoes.

<b>104303-01</b>	\$125.00
Th	9/14-11/2 6:30P-7:30P

**SHOW CHOIR DANCE/MUSICAL  
THEATER JAZZ**

(Grades 6-12) Location: Creative Dance Center. Ballet or jazz shoes, workout clothes.

<b>104314-01</b>	\$125.00	Ages 11-13
Th	9/14-11/2 4:30P-5:30P	
<b>104314-02</b>	\$125.00	Ages 11-13
Sa	9/9-10/28 11:00A-12:00P	
<b>104314-03</b>	\$125.00	Ages 14-18
Th	9/14-11/2 7:30P-8:30P	
<b>104314-04</b>	\$125.00	Ages 14-18
Sa	9/9-10/28 12:00P-1:00P	

**MIDDLE SCHOOL PLAYSTATION 2**

(Grades 6-8) Play Playstation 2 on our HUGE 125-inch big screen! Some games are supplied or bring your own to share!

<b>104301-01</b>	\$2.00
Sa	9/16-9/16 12:00P-2:00P
<b>104301-02</b>	\$2.00
Sa	10/14-/10/14 12:00P-2:00P
<b>104301-03</b>	\$2.00
Sa	11/18-11/18 12:00P-2:00P

**HIGH SCHOOL PLAYSTATION 2**

(Grades 9-12) Play Playstation 2 on our HUGE 125-inch big screen! Some games are supplied or bring your own to share!

<b>104302-01</b>	\$2.00
Sa	9/16-9/16 2:00P-4:00P
<b>104302-02</b>	\$2.00
Sa	10/14-/10/14 2:00P-4:00P
<b>104302-03</b>	\$2.00
Sa	11/18-11/18 2:00P-4:00P

**COLUMBUS DAY TRIP CAMP MIDDLE  
SCHOOL**

(Grades 6-8) Travel with us to the Maryland Science Center in Baltimore, MD.

<b>104306-01</b>	\$36.00
M	10/9-10/9 7:00A-6:00P

**TEACHER WORKDAY TRIP CAMP:  
MOVIES, MICE & ELECTION DAY DICE  
MIDDLE SCHOOL**

(Grades 6-8) See previous description under Elementary Age.

**DOUGLASS COMMUNITY CENTER**

**104307-01** \$72.00  
M,Tu 11/6-11/7 7:00A-6:00P

**MULTI-AGE PROGRAMS****TAE KWON DO**

(Ages 6 & up) Location: Miller Drive, Leesburg. Learn how to defend against single and multiple attackers & gain confidence. Uniforms (dobak) required; can purchase through instructor. 6-week sessions.

**704404** \$85.00 Ages 6-12  
Tu, Th on-going 7:00P-7:50P

**704405** \$85.00 Ages 13 & up  
Tu, Th on-going 8:00P-8:50P

**KARATE**

(Ages 6 & up) Location: Miller Drive, Leesburg. Increase your self confidence, fitness and discipline. Uniforms required; can purchase through instructor. 6-week sessions.

**704406** \$85.00 Ages 6-12  
Tu, Th on-going 6:30P-7:30P

**704407** \$85.00 Ages 13 & up  
Tu, Th on-going 7:30P-8:30P

**JUJITSU**

(Ages 6 & up) Location: Miller Drive, Leesburg. Learn to use a variety of combat methods, including weaponless techniques, of the Samurai. Uniforms required; can purchase through instructor. 6-week sessions.

**704408** \$85.00 Ages 6-12  
M, W on-going 7:00P-8:00P

**704409** \$85.00 Ages 13 & up  
M, W on-going 7:00P-8:00P

**ADULT PROGRAMS**

*All Creative Dance Center Classes:  
\$15 annual registration due at first class  
includes T-shirt.*

**ADULT STRETCH AND SCULPT**

(Ages 18 & up) Location: Creative Dance Center. Includes core conditioning. Comfortable clothes, sneakers.

**104501-01** \$125.00  
Tu 9/12-10/31 9:30A-10:30A

**104501-02** \$125.00  
Th 9/14-11/2 9:30A-10:30A

**ADULT TAP DANCE**

(Ages 18 & up) Location: Creative Dance Center. Tap shoes.

**104502-01** \$125.00  
Tu 9/12-10/31 7:30P-8:30P

**ADULT JAZZ DANCE**

(Ages 18 & up) Location: Creative Dance Center. Technique to popular music. Jazz shoes.

**FRANKLIN PARK****540-338-7603**

**104504-01** \$125.00  
Tu 9/12-10/31 8:30P-9:30P

**STROLLER STRIDES: DANCE 'N PLAY**

(Ages 18 & up) Total fitness class for Mom with Toddler. Includes body toning, cardio bursts and dancing to children's music.

**704110** \$40/month  
Th on-going 9:30A-10:15A

**VOLLEYBALL**

(Ages 18 & up) Open recreational play.

**Pay at door** \$2.00  
Tu on-going 7:00P-9:45P

**BASKETBALL**

(Ages 18 & up) Open recreational play.

**Pay at door** \$2.00  
W On-going 6:30P-8:30P

**30 & OVER BASKETBALL**

(Ages 30 & up) Open recreational play.

**Pay at door** \$2.00  
M on-going 4:30P-7:00P

**FRANKLIN PARK**

17501 Franklin Park Dr.  
Purcellville, VA 20132

**540-338-7603**

Park Hours: Dawn to Dusk

Office Hours: M-F 9:00A-5:00P

*Supply & material fees are payable to the  
instructor at the first class.*

**PRESCHOOL AGE PROGRAMS****INSECTOPIA**

(Ages 2-5) Explore the world of insects.

**162113-01** \$7.00  
Th 9/7-9/7 11:00A-12:00P

**POND PALS**

(Ages 2-5) Learn the fundamentals of fishing and all about the creatures who live at the pond.

**162114-01** \$7.00  
F 9/8-9/8 10:00A-11:00A

**FOSSIL HUNTERS**

(Ages 2-5) Make your own fossil and take home fossils you unearth that are millions of years old.

**162116-01** \$7.00  
F 9/29-9/29 12:00P-1:00P

**162116-02** \$7.00  
Th 10/19-10/19 12:00P-1:00P

**GET BATTY**

(Ages 2-5) Discover the amazing world of

bats! Learn about bat sonar, eating habits, and other fun bat facts.

**162119-01** \$7.00  
M 10/23-10/23 10:30A-11:30A

**FISH TAILS**

(Ages 2-5) Find out more about those denizens of the deep - Fish!

**162123-01** \$7.00  
M 9/25-9/25 12:30P-1:30P

**LITTLE MOHICANS**

(Ages 2-5) Create crafts like the Native Americans did. Explore Hopi Indian sand art. Make a head dress. Make and take home an arrowhead necklace.

**162124-01** \$7.00  
M 9/11-9/11 11:00A-12:00P

**162124-02** \$7.00  
M 11/13-11/13 12:00P-1:00P

**GREEN THUMB CLUB**

(Ages 2-5) Come to Franklin Park and learn all about plants and how they grow.

**162150-01** \$7.00  
M 9/25-9/25 11:00A-12:00P

**162150-02** \$7.00  
M 10/16-10/16 11:00A-12:00P

**162150-03** \$7.00  
M 11/6-11/6 11:00A-12:00P

**ANIMAL APARTMENTS**

(Ages 2-5) Learn about how and where animals live and make a birdhouse to take home.

**162154-01** \$7.00  
Th 10/26-10/26 12:00P-1:00P

**PUMPKIN PALS**

(Ages 2-5) Enjoy the harvest season with some great pumpkins arts and crafts to take home.

**162156-01** \$7.00  
M 10/23-10/23 12:00P-1:00P

**NATURE'S ART**

(Ages 2-5) Hike around Franklin Park and discover natural treasures you can transform into masterpieces. Take home projects.

**162158-01** \$7.00  
F 9/8-9/8 12:00P-1:00P

**162158-02** \$7.00  
Th 10/12-10/12 12:00P-1:00P

**TURKEY TALES**

(Ages 2-5) Celebrate before Thanksgiving with songs, stories, and crafts about turkeys.

**162159-01** \$7.00  
M 11/20-11/20 12:00P-1:00P

**CREEPY CRAFTS**

(Ages 2-5) Join us at Franklin Park to make some wild, weird, and creepy crafts!



**162165-01** \$7.00  
W 10/25-10/25 12:00P-1:00P

**LITTLE HIKERS**

(Ages 2-5) Bring your hiking shoes and a snack to explore some of the nature areas around the park.

**162170-01** \$7.00  
M 10/2-10/2 12:30P-1:30P

**ELEMENTARY & MIDDLE SCHOOL AGE PROGRAMS****ROCKHOUNDS**

(Ages 6-13) Dig up fascinating facts about the Earth's history through geology.

**162203-01** \$7.00  
Sa 9/23-9/23 10:30A-12:30P

**162203-02** \$7.00  
Sa 11/4-11/4 12:30P-2:30P

**BASIC BOTANY**

(Ages 6-12) Discover the amazing world of botany - from decorative plants to carnivorous plants.

**162204-01** \$7.00  
Th 9/7-9/7 5:00P-6:30P

**162204-02** \$7.00  
Th 10/12-10/12 5:00P-6:30P

**REALLY COOL RECYCLING**

(Ages 6-12) Better living through recycling! Learn to make treasures from household trash.

**162206-01** \$7.00  
F 9/8-9/8 4:30P-6:00P

**LIVING WELL IN THE WILDERNESS**

(Ages 6 & up) Learn how to build a shelter, find food and water, care for an injury, and cook a tasty meal.

**162250-01** \$7.00  
F 10/6-10/6 5:00P-7:00P

**FRIDAY FISHING**

(Ages 6 & up) Enjoy a Friday by the pond and learn the fundamentals of fishing. Bring a rod and reel or borrow ours.

**162251-01** \$7.00  
F 9/15-9/15 4:00P-5:00P

**162251-02** \$7.00  
F 10/13-10/13 4:00P-5:00P

**162251-03** \$7.00  
F 11/3-11/3 4:00P-5:00P

**CAMPFIRE COOKING**

(Ages 8 & up) Create culinary delights on the campfire! Fire preparation and safety will be included.

**162252-01** \$10.00  
F 9/29-9/29 5:00P-6:30P

**162252-02** \$10.00

F 10/13-10/13 5:00P-6:30P  
**162252-03** \$10.00  
F 11/10-11/10 4:00P-5:30P

**SCOUT PROGRAMS****BROWNIES TRY-IT'S-PLANTS**

(Ages 7-11) Learn more about the power of flowers!

**162275-01** \$3.50  
Th 10/19-10/19 4:30P-5:30P

**BROWNIES TRY-IT'S-OUTDOOR ADVENTURER**

(Ages 7-11) Discover your inner outdoor adventurer!

**162276-01** \$3.50  
Th 10/26-10/26 4:30P-6:00P

**BROWNIES TRY-IT'S-WATER EVERYWHERE**

(Ages 7-11) Learn about the ways water is invaluable to our Earth!

**162277-01** \$3.50  
Th 11/2-11/2 4:30P-5:30P

**BROWNIES TRY-IT'S-WILDLIFE WATCHING**

(Ages 7-11) Bring your Brownie troop to Franklin Park to watch the Virginia wildlife.

**162278-01** \$3.50  
Tu 10/24-10/24 4:30P-6:00P

**JUNIOR G.Scouts WATER WONDERS**

(Ages 8-15) Discover the abundant life in and the wonders of...Water!

**162279-01** \$3.50  
Tu 10/17-10/17 4:30P-6:00P

**JUNIOR G. SCOUTS - ECO-ACTION**

(Ages 8-15) Earn your Eco-Action Badge!

**162280-01** \$3.50  
Tu 11/7-11/7 4:00P-5:30P

**JUNIOR G.Scouts-FIND YOUR WAY**

(Ages 8-15) Maps and compasses confusing? Learn about finding your way in the woods.

**162281-01** \$3.50  
Tu 11/14-11/14 4:00P-5:30P

**GEOLOGY FOR SCOUTS**

(Ages 8-15) Discover the incredible history of the Earth while earning your Rocks Rock badge or your Geologist badge.

**162282-01** \$3.50  
Sa 10/14-10/14 11:00A-12:30P

**162282-02** \$3.50  
Sa 11/18-11/18 11:00A-12:30P

**CUB SCOUTS-GROW SOMETHING**

(Ages 6-12) Learn more about plants by

earning your Grow Something badge.

**162283-01** \$3.50  
W 10/11-10/11 4:30P-5:30P

**WEBELOS-NATURALIST**

(Ages 9-13) Discover the nature of Franklin Park while earning your Naturalist Badge.

**162285-01** \$3.50  
Sa 10/28-10/28 10:00A-11:30A

**WEBELOS-FORESTER**

(Ages 9-13) Discover the importance of trees to our environment while earning your Forester badge.

**162286-01** \$3.50  
Th 11/16-11/16 4:30P-6:00P

**MULTI-AGE PROGRAMS****ASTRONOMY 101**

(Ages 8-13) We'll teach the basics by identifying some of the constellations.

**162504-01** \$7.00  
F 9/8-9/8 8:30P-9:30P

**162504-02** \$7.00  
F 9/22-9/22 8:30P-9:30P

**162504-03** \$7.00  
F 10/13-10/13 8:00P-9:00P

**162504-05** \$7.00  
F 11/10-11/10 7:30P-8:30P

**BEGINNERS ARCHERY**

(Ages 8 & up) Learn the basic skills of archery, plus safety with a bow. Target practice and equipment included.

**162505-01** \$14.00  
Tu,Th 9/26-9/28 4:00P-5:00P

**162505-02** \$14.00  
Tu,Th 10/24-10/26 4:00P-5:00P

**162505-03** \$14.00  
Tu,Th 11/28-11/30 4:00P-5:00P

**ADVANCED ARCHERY**

(Ages 8 & up) Concentrate on aiming techniques and long distance target practice. All equipment provided.

**162506-01** \$14.00  
Tu,Th 9/26-9/28 5:00P-6:00P

**162506-02** \$14.00  
Tu,Th 10/24-10/26 5:00P-6:00P

**162506-03** \$14.00  
Tu,Th 11/28-11/30 5:00P-6:00P

**COMPOSTING 101**

(Ages 8 & up) Learn how to maximize your garden's potential with composting.

**162507-01** \$7.00  
Sa 10/7-10/7 11:00A-12:30P

**GARDENING WORKSHOPS**

(Ages 6 & up) Workshop 1: Bulbs, seeds, small

## FRANKLIN PARK

space gardening. Workshop 2: Preparing your garden for winter and building and using a cold frame.

<b>162750-01</b>	\$10.00	
Sa	9/9-9/9	10:30A-12:00P
<b>162750-02</b>	\$10.00	
Sa	9/23-9/23	12:30P-2:00P

### ORIENTEERING/GPS WORKSHOP

(Ages 8 & up) Learn the basics of compass use, map reading, and GPS waypoints.

<b>162785-01</b>	\$7.00	
Th	9/14-9/14	4:00P-5:00P
<b>162785-02</b>	\$7.00	
Th	10/12-10/12	4:00P-5:00P
<b>162785-03</b>	\$7.00	
Th	11/2-11/2	4:00P-5:00P

### DROP-IN ARCHERY

(All ages) Begins 9/13. Practice your aim. Equipment rental: \$3.00.

<b>Pay at door</b>	\$2.00	
W	on-going	4:00P-Dusk

## DOG OBEDIENCE CLASSES

### BASIC OBEDIENCE

Start you pet off right with basic commands, socialization, and good "doggie manners".

<b>162804-01</b>	\$60.00	
Sa	9/30-11/4	9:00A-10:00A

### AKC GOOD CANINE CITIZENSHIP

Dogs who pass class requirements earn the AKC Good Canine Citizenship certification.

<b>162805-01</b>	\$60.00	
Sa	9/30-11/4	10:15A-11:15A

## FRANKLIN PARK PERFORMING AND VISUAL ARTS CENTER

Temporary Location: Round Hill Center  
20 High Street, Round Hill, Va. 20141-9240  
**540-338-7973**

Office Hours: M-F 9:00A-5:00P

ALL EVENTS TAKE PLACE AT THE  
ROUND HILL CENTER UNLESS  
OTHERWISE INDICATED

*Supply & material fees are payable to the  
instructor at the first class*

## PRESCHOOL & ELEMENTARY AGE PROGRAMS

### FAMILY ART TIME

(Ages 3-8) Story and art combine for a fun, creative learning adventure with a weekly theme. Perfect for preschool & home school families. Instructor: Catherine Obreza Fetterman.

<b>163100-01</b>	\$72.00	
Th	9/28-11/16	9:30A-11:00A

## FRANKLIN PART ARTS CENTER

**540-338-7973**

### TUESDAY FUN WITH JULIA TAYLOE

(Ages 2-5) Student artists create special arts projects with paints, sculpture, puppets and more. Parents must stay with child.

<b>163102-01</b>	\$25.00	
Tu	9/12-10/3	10:00A-11:00A
<b>163102-02</b>	\$25.00	
Tu	10/10-10/31	10:00A-11:00A
<b>163102-03</b>	\$25.00	
Tu	11/7-11/28	10:00A-11:00A

### FIRST STAGE

(Ages 5-7) Enjoy theatre games, improvisation exercises, and fun theatre warm ups, ending with a "sharing" performance during the final class.

<b>163201-01</b>	\$60.00 (+\$5 supplies)	
Th	11/2-12/7	3:30P-5:00P

### JUNIOR THEATER

(Ages 7-12) Students create, stage and perform their own production based on classic literature. Reading skills required.

<b>163202-01</b>	\$72.00 (+\$5 supplies)	
Tu	10/31-12/12	4:00P-5:30P

### AMERICAN JAZZ DANCE

(Ages 8-12) Basic jazz with emphasis on style, technique, and choreography. Wear solid color leotard and tights or jazz pants, black split sole jazz oxfords.

<b>163205-01</b>	\$72.00	No class 11/22
W	10/11-12/6	4:00P-5:00P

### POTTERY BY HAND

(Ages 6-12) Hand building and sculpture, no wheels. Functional and ornamental pieces with glazed and acrylic finishes. Call Hannah Janney at 540-338-3416 to register.

**Pay instructor** \$60.00

Sa	10/7-10/27	10:00A-11:00A
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## MIDDLE & HIGH SCHOOL AGE PROGRAMS

### BEGINNING STAGE COMBAT

(Ages 12-18) Introduction to stage combat, with instruction in fisticuffs, edged & blunt weapons. Safety, movement, warm-ups, and combat history covered, ending with a staged demonstration. Instructor: Geoff Thompson.

<b>163401-01</b>	\$96.00	
Tu	9/12-10/31	4:00P-6:00P

### LIVE SOUND

(Ages 14-18) Explore the theory and mechanics of providing audio support to a live performance. Covers analog and digital equipment.

<b>163402-01</b>	\$45.00	
F	10/6-11/3	4:00P-5:30P

## ADULT PROGRAMS

### ADULT JAZZ DANCE

(Ages 18 & up) Basic jazz with emphasis on style, technique and choreography. Wear solid color leotard and tights or jazz pants, black split sole jazz oxfords. Instructor: Kellie Barr.

<b>163503-01</b>	\$72.00	No class 10/9,11/6
M	9/11-11/27	9:00A-10:00A

## MULTI-AGE

### TAI CHI

(Ages 16 & up) Improve flexibility, strength, and coordination. No experience is necessary. Wear comfortable clothes and sneakers. Instructor Jim Kendall.

<b>163501-01</b>	\$72.00	
Tu,Th	9/5-9/28	7:30P-9:00P

<b>163501-02</b>	\$72.00	
Tu,Th	10/3-10/26	7:30P-9:00P

<b>163501-03</b>	\$72.00	
Tu,Th	10/31-11/28	7:30P-9:00P

### DANCE LESSONS

(Ages 7 & up) A great opportunity for dancers to receive individual coaching and training in one-hour sessions. Call 540-338-7973 to schedule.

<b>163702-01</b>	\$35.00	
M,Tu,W,Th,F	9/5-11/30	9:00A-5:00P

### FALL INTO WATERCOLOR

(Ages 8 & up) Capture the beauty of fall using special techniques of watercolor painting. Good for adult beginners, homeschoolers, and seniors. Supply list provided by instructor, Catherine Obreza Fetterman.

<b>163706-01</b>	\$96.00	
Th	9/28-11/16	12:00P-2:00P

### GROUP GUITAR CLASS

(Ages 9 & up) Introductory class with up to 5 students of the same age group. Call Shannon Pitre at 540-955-3732 to schedule.

**Pay instructor** \$70.00

M	9/18-11/20	11:00A-11:30A
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### PIANO LESSONS

(Ages 6 & up) Designed for beginner and 2nd year students. Half-hour private lessons. Call Shannon Pitre at 540-955-3732 to schedule.

**Pay instructor** \$25.00

M,W	9/11-11/15	9:00A-11:30A
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## Check Out Webtrac!

Visit [www.loudoun.gov/prcs](http://www.loudoun.gov/prcs)  
and click on the webtrac link.

## LOUDOUN HERITAGE FARM MUSEUM

21668 Heritage Farm Lane  
Sterling, VA 20164

703-421-5322

www.loudoun.gov/prcs/lhfm  
www.loudounfarmmuseum.org

Tu-Sa 10A-5P, Su 12P-5P

Admission: \$5/Adults \$4/Seniors  
\$3/Children 2-12

### EXHIBITS

#### THE COUNTRY PEOPLE

Permanent Exhibit

Travel through time to meet the 10 generations of Loudoun County residents that have built this county and left their mark on the land.

#### CLAUDE MOORE CHILDREN'S FARM

Permanent Exhibit

Interactive exhibit area for children and their families. Milk our life-like cow, collect eggs from the play chickens and be a farmer for a day.

#### WAXPOOL GENERAL STORE

Permanent Exhibit

The Waxpool General Store has been preserved as a time capsule of days gone by. Tour the store and play shopkeeper, shopper, or postmaster.

#### THE ART COOP: A GALLERY SPACE FOR THE COMMUNITY

Changing Exhibit

Visit "The Coop" for changing exhibits of works by area artists. Juried by the LHFM subcommittee for exhibits. Call for list of shows or to submit work.

### SPECIAL PROGRAMS

#### MAD FARMER'S TEA PARTY

Enjoy tea, coffee and a snack. Watch our feature film and relax while your child plays in our hands-on area. Call to schedule.

**160119-01** \$5.00

Tu,W,Th,F 9/1-11/30 10:00A-5:00P

#### BIRTHDAY PARTIES

(All ages) Package includes admission for 10 children and 4 adults, 2-hour cabin rental, and party favors. Add'l fees: \$5/extra child or chaperone and \$13/extra hour of cabin rental. Call to schedule.

**160728-01** \$100.00

Tu-Su 9/1-11/30 10:00A-5:00P

#### VOLUNTEER TRAINING

(Ages 15 & up) Help preserve Loudoun's rich agricultural heritage and have fun while learning! Call to register for training.

**160729-01**

Tu,F 9/1-11/30 10:00A-12:00P

#### HERITAGE PACKAGE

(All ages) In cooperation with Claude Moore Park, the Museum offers the Family Heritage Package: discounted rate on pavilion rental, museum admission and a special gift. Call to schedule.

**160730-01** \$125.00

Tu-Su 9/1-11/30 10:00A-5:00P

### SCOUT PROGRAMS

Let our staff lead your scouts through the requirements for various badges. Leaders must accompany troops. Interactive, hands-on, supplemental material included. Minimum fees apply. Call to schedule.

#### BROWNIES-LISTENING TO THE PAST

(Grades 1-3) Listen to stories about how adults and children lived a long time ago. Includes a take-home project.

**160211-01** \$5.00

Tu-Su 9/1-11/30 10:00A-5:00P

#### BROWNIES-PENNY POWER TRY-IT

(Grades 1-3) Learn the basics of managing money. Includes a visit to the gift shop and a take-home treat.

**160212-01** \$5.00

Tu-Su 9/1-11/30 10:00A-5:00P

#### BROWNIES PLANTS TRY-IT

(Grades 1-3) Learn about plants through four hands-on activities. Extend your class with take-home projects we provide.

**160214-01** \$5.00

Tu-Su 9/1-11/30 10:00A-5:00P

#### JRGS LOCAL LORE BADGE

(Grades 4-6) Complete the six requirements needed for the Local Lore badge. Includes a take-home project.

**160215-01** \$5.00

Tu-Su 9/1-11/30 10:00A-5:00P

#### SRGS INTEREST PROJECT

(Grades 6-8) Learn about "Women Through Time." Girl Scouts will complete Skills Builders, Technology, Service Projects, and Career Exploration projects and complete a SRGS Interest Project.

**160216-01** \$5.00

Tu-Su 9/1-11/30 10:00A-5:00P

#### TIGER CUB BADGE

(Grades 1-2) Making My Family Special. Cub Scouts can begin to earn their Tiger Cub badge by discovering how family life many years ago compares to family life today.

**160217-01** \$5.00

Tu-Su 9/1-11/30 10:00A-5:00P

#### BEAR CUB BADGE

(Grades 3-5) What Makes America Special? Visit the Loudoun Heritage Farm Museum and learn what it means to be a good citizen.

**160218-01** \$5.00

Tu-Su 9/1-11/30 10:00A-5:00P

### SCHOOL PROGRAMS AND TOURS

Our exhibits support the Virginia Standards of Learning and can accommodate studies in science, technology, history and social sciences. Call to schedule.

#### FARMIN' FEVER

(Grades pre-K-K) Learn about farm life, visit the Waxpool General Store and play in the children's hands-on area.

**160118-01** \$3.50

Tu,W,Th,F 9/1-11/30 10:00A-5:00P

#### APPLES, APPLES, EVERYWHERE

(Grades pre-K-2) Explore the wonders of the apple through songs, games, and hands-on activities. Learn how to press apples into cider!

**160225-01** \$5.00

Tu,W,Th,F 9/1-11/30 10:00A-5:00P

#### WEIGHTS AND MEASURES

(Grades K-2) Learn about volume and weight, and enjoy a potato sack race!

**160219-01** \$3.50

Tu,W,Th,F 9/1-11/30 10:00A-5:00P

#### HERD IT ON THE FARM

(Grades K-2) Discover the world of livestock through hands-on interactive experiences.

**160221-01** \$5.00

Tu,W,Th,F 9/1-11/30 10:00A-5:00P

#### WHO'S A FARMER?

(Grades 1-3) Meet farmers past and present. Learn about Loudoun's agricultural products.

**160222-01** \$3.50

Tu,W,Th,F 9/1-11/30 12:00A-12:00A

#### TIME FOR CHANGE

(Grades 1-3) Travel back to 1909 and visit the Waxpool General Store. Buy groceries for your family and discover that a dollar goes a long way.

**160223-01** \$5.00

Tu,W,Th,F 9/1-11/30 10:00A-5:00P

#### PLANT IT!

(Grades 1-4) Learn about plants through hands-on activities. Extend your class with take-home projects we provide.

**160226-01** \$5.00

Tu,W,Th,F 9/1-11/30 10:00A-5:00P

**LOUDOUN HERITAGE FARM MUS.****SIMPLE MACHINES**

(Grades 3-5) Hands-on introduction to the simple machines on a farm.

**160224-01** \$3.50  
Tu,W,Th,F 9/1-11/30 10:00A-5:00P

**HANDS ON HISTORY**

(Grades 4-6) Learn the fundamentals of archaeology, history, and museum practice.

**160220-01** \$3.50  
Tu,W,Th,F 9/1-11/30 10:00A-5:00P

## LOUDOUN VALLEY COMMUNITY CENTER

320 W. School Street  
Purcellville, VA 20132

**540-338-4122**

M,Tu,Th, 7:00A-9:30P

W 7:00A-10:00P F 7:00A-6:00P

Sa 8:00A-5:00P

*Supply & material fees are payable to the  
instructor at the first class.*

**PRESCHOOL AGE PROGRAMS****MORNING PLAYTIME**

(Ages 1-5) Exercise or take a class while your child plays. Max one hour per day. Parent must stay on site. \$45/15-punch card; \$100/3-months (unlimited use). Register in person.

**101101-01** \$45.00  
M,Tu,W,Th,F 9/1-11/30 8:30A-10:30A

**STORY HOUR W/ MS. SANDY**

(Ages 2-5) Bring your listening ears and stay with Ms. Sandy after morning playtime. Costumes optional. Feel free to bring stuffed animals.

<b>101102-01</b>	\$7.00	Dr. Seuss
Th	9/14-9/14	10:45A-11:45A
<b>101102-02</b>	\$7.00	Madeleine
Th	9/28-9/28	10:45A-11:45A
<b>101102-03</b>	\$7.00	Princess
Th	10/12-10/12	10:45A-11:45A
<b>101102-04</b>	\$7.00	Thomas
Th	10/26-10/26	10:45A-11:45A
<b>101102-05</b>	\$7.00	Disney
Th	11/9-11/9	10:45A-11:45A

**INDY TRIKE DAY**

(Ages 3-5) We have bikes, trikes, and scooters, or you can bring your own.

**101103-01** \$4.00  
Th 9/14-9/14 11:30A-12:30P  
**101103-02** \$4.00  
M 11/20-11/20 11:30A-12:30P

**LOUDOUN VALLEY COMMUNITY CENTER****540-338-4122****BARBIE & ME LUNCH**

(Ages 2½-6) Invite your favorite Barbie's to lunch. Pack a lunch from home. Juice and cookies will be provided.

**101104-01** \$10.00  
Th 11/9-11/9 11:30A-1:30P

**TEDDY BEAR TEA**

(Ages 2½-5) Invite your favorite Teddy bear to tea. Bring a lunch and we'll provide punch ("tea").

**101105-01** \$8.00  
F 11/3-11/3 11:30A-1:00P

**LITTLE CHEFS**

(Ages 3-5) Bring a lunch from home. Learn to make a simple, kid friendly recipe.

<b>101106-01</b>	\$15.00	
W	9/20-9/20	11:30A-1:00P
<b>101106-02</b>	\$15.00	
W	10/18-10/18	11:30A-1:00P
<b>101106-03</b>	\$15.00	
W	11/15-11/15	11:30A-1:00P

**NATURE ADVENTURES WITH GARTH**

(Ages 3-5) Pack a lunch from home to enjoy before heading out for a local nature adventure. Water provided. Dress warmly. Instructor: Garth Adams.

<b>101107-01</b>	\$14.00	
F	9/29-9/29	11:30A-2:30P
<b>101107-02</b>	\$14.00	
F	10/6-10/6	11:30A-2:30P
<b>101107-03</b>	\$14.00	
F	10/13-10/13	11:30A-2:30P
<b>101107-04</b>	\$14.00	
F	10/20-10/20	11:30A-2:30P
<b>101107-05</b>	\$14.00	
F	10/27-10/27	11:30A-2:30P
<b>101107-06</b>	\$14.00	
F	11/3-11/3	11:30A-2:30P
<b>101107-07</b>	\$14.00	
F	11/10-11/10	11:30A-2:30P
<b>101107-08</b>	\$14.00	
F	11/17-11/17	11:30A-2:30P

**NERF KIDS**

(Ages 1½-3) A gym full of nerf balls and toys - safe, fun, & exciting!

**101108-01** \$14.00  
Th 9/21-10/12 11:30A-12:00P

**TUESDAY LUNCH BUDDIES**

(Ages 2-5) Join us for some fun and games. Bring a lunch from home.

<b>101109-01</b>	\$12.00	
Tu	9/19-9/19	11:30A-1:00P
<b>101109-02</b>	\$12.00	
Tu	10/10-10/10	11:30A-1:00P

<b>101109-03</b>	\$12.00	
Tu	10/24-10/24	11:30A-1:00P
<b>101109-04</b>	\$12.00	
Tu	11/14-11/14	11:30A-1:00P

**TODDLER TIME**

(Ages 1½-3½) Play with toys, listen to music and make a craft while meeting new friends. Parents must stay. Instructor: Eugenia Rovang.

**101110-01** \$20.00/ 4 sessions  
Th 10/5-10/26 4:00P-4:30P

**WONDERFUL ONES**

(Ages 1-2) Soft mat play, music, toddler-dancing.

<b>101112-01</b>	\$14.00	
M	9/11-10/2	10:45A-11:15A
<b>101112-02</b>	\$14.00	
W	10/25-11/15	10:30A-11:00A

**LITTLE SKINS FOOTBALL**

(Ages 4-6) Learn the football basics of catching, passing, and running.

**101113-01** \$14.00  
W 9/13-10/4 11:30A-12:00P

**MESSES & MASTERPIECES**

(Ages 1½-3½) We will play, make crafts, create a masterpiece, and maybe a few messes too. Bring a lunch.

**101114-01** \$20.00  
M 9/11-10/2 4:00P-4:30P

**PUMPKIN DECORATING**

(Ages 4-6) Come make a fun craft for the fall season. Bring a lunch.

**101115-01** \$10.00  
F 10/27-10/27 11:30A-1:00P

**FALL LEAF TYE DYE SHIRTS**

(Ages 3-5) Crush fall leaves and flowers together to create a unique pattern on a t-shirt.

**101116-01** \$15.00  
F 9/15-9/15 11:30A-1:30P

**SUPER HERO PARTY**

(Ages 2½-5) Dress as your favorite super hero and join us for a movie and some fun and games. Bring a lunch.

**101117-01** \$15.00  
F 10/20-10/20 11:30A-2:00P

**LITTLE ARTISTS**

(Ages 3-5) Making things with string, paint, clay, stamps, and whatever else we can find. Wear old clothes, and bring a lunch.

<b>101118-01</b>	\$15.00	
M	10/16-10/16	11:30A-1:00P
<b>101118-02</b>	\$15.00	
M	10/23-10/23	11:30A-1:00P
<b>101118-03</b>	\$15.00	
M	10/30-10/30	11:30A-1:00P

**DANCE STEPS A**

(Ages 2-3) Intro to ballet, tap, and creative movement. Payments are due the 1st of each month. Sept. thru spring recital. Instructor: Connie McCrary.

**101119-01** \$32.00  
Tu 9/19-12/12 10:00A-10:30A

**PIRATE SCAVENGER HUNT**

(Ages 4-5) We will chart our course to hunt for treasure and play pirate games. Bring a lunch.

**101120-01** \$15.00  
W 10/11-10/11 11:30A-2:00P

**“BOO”BERSHOP ART**

(Ages 2½-5) Dress to make a mess! Children will mix food coloring into shaving cream, drive toy cars thru the foam, and use their hands to spread the foam.

**101121-01** \$3.50  
M 10/23-10/23 12:00P-12:30P

**THOMAS THE TRAIN LUNCHEON**

(Ages 2-5) Books, coloring sheets, plates and cups will all feature Thomas. Bring a lunch and your favorite Thomas toy.

**101122-01** \$15.00  
Tu 9/26-9/26 11:30A-1:00P

**TURKEY CRAFT**

(Ages 4-5) Make a cute turkey craft that will be a very nice Thanksgiving table decoration! Bring lunch.

**101123-01** \$12.00  
F 11/17-11/17 11:30A-1:30P

**BOB THE BUILDER DAY**

(Ages 3-5) We will build a small wooden crate, play a game, see a video, and have time to play. Bring a lunch. Costumes optional.

**101124-01** \$15.00  
M 11/13-11/13 11:30A-2:00P

**CREEPY COOKING**

(Ages 3-5) Learn how to make snacks that will “creep out” your family and friends. Recipes provided.

**101125-01** \$20.00  
Th 10/19-10/26 11:30A-12:30P

**BASKETBALL FOR 5'S**

(Ages 4½-5) Beginner basics of basketball and dribbling.

**101126-01** \$14.00  
W 11/15-12/6 11:45A-12:15P

**FOOTLOOSE TAP/JAZZ/BALLET**

(Ages 3-5) Payments are due the 1st of each month. Sept. thru spring recital. Instructor: Cassie Ludtke.

**101127-01** \$32.00  
M 9/11-12/4 12:00P-12:45P

**101127-04** \$32.00  
W 9/13-12/6 12:00P-12:45P

**FOOTLOOSE TAP/JAZZ/PRE-BALLET**

(Ages 4 ½-6) This is an introductory class. Payments are due the 1st of each month. Sept. thru spring recital. Instructor: Cassie Ludtke.

**101128-01** \$36.00  
M 9/11-11/27 1:00P-2:00P

**KIDZART**

(Ages 4 ½-6) Follow a certified Kids Art teacher through an art program that promotes creative thinking and shape recognition.

**101129-01** \$48.00  
F 9/8-9/29 12:00P-12:45P

**101129-02** \$48.00  
F 10/6-10/27 12:00P-12:45P

**101129-03** \$48.00  
F 11/3-12/1 12:00P-12:45P

**DANCE STEPS B**

(Ages 2-3) See description “Dance Steps A”.

**101130-01** \$32.00  
Tu 9/19-12/12 10:45A-11:15A

**DANCE STEPS C**

(Ages 2-3) See above description.

**101131-01** \$32.00  
F 9/22-12/8 10:45A-11:15A

**DANCE STEPS D**

(Ages 3 ½-5) Tap/Pre-ballet. Payments are due the 1st of each month. Sept. thru spring recital. Instructor: Connie McCrary.

**101132-01** \$32.00  
Tu 9/19-12/5 11:30A-12:15P

**DANCE STEPS E**

(Ages 3½-5) See description “Dance Steps D”.

**101133-01** \$32.00  
F 9/22-12/8 11:45A-12:30P

**DANCE STEPS F**

(Ages 4-5½) See description above.

**101134-01** \$32.00  
Tu 9/19-12/5 12:30P-1:15P

**INTRO GYMNASTICS**

(Ages 3½-5) Introduction to gymnastics. Payments are due the 1st of each month. Sept. thru spring recital. Instructor: Connie McCrary.

**101135-01** \$32.00  
Tu 9/19-10/10 1:40P-2:25P

**101135-02** \$32.00  
Tu 10/17-11/7 1:40P-2:24P

**101135-03** \$32.00  
Tu 11/14/12/5 1:40P-2:25P

**DANCE STEPS G**

(Ages 5-6½) Kindergarten class. Payments are due the 1st of each month. Sept. thru spring recital. Instructor: Connie McCrary.

**101136-01** \$36.00  
F 9/22-12/8 9:30A-10:30A

**DANCE STEPS H**

(Ages 5-6½) Tap/pre-ballet. See above.

**101137-01** \$36.00  
F 9/22-12/8 12:45P-1:45P

**KIDZART**

(Ages 5-7) See previous description.

**101138-01** \$48.00  
F 9/8-9/29 1:00P-1:45P

**101138-02** \$48.00  
F 10/6-10/27 1:00P-1:45P

**101138-03** \$48.00  
F 11/3-12/1 1:00P-1:45P

**PRE-DANCE**

(Ages 3-4) Intro to dance - combination of ballet, tap & jazz. Focus on coordination & motor skills. Sept thru spring recital. Payments are due the 1st of each month. Instructor: Laura Zimmerman.

**101139-01** \$32.00  
Th 9/14-12/7 12:00P-12:45P

**ADV. LEVEL I**

(Ages 4-5) Ballet, Tap, & Jazz. Requires Level I last session. Payments are due the 1st of each month. Sept. thru spring recital. Instructor: Laura Zimmerman.

**101140-01** \$32.00  
M 9/11-11/27 3:20P-4:05P

**SPORTS MIX FOR 4 & 5 YR**

(Ages 4-5) A different sport is emphasized each week. Children should wear sneakers. Class will be held outside (weather permitting).

**101142-01** \$14.00  
W 10/11-11/1 11:30A-12:00P

**GHOSTLY CRAFT**

(Ages 3-5) It's creepy crawly time! Join us in making a scary craft, having lunch, and playing some games. Bring a lunch.

**101143-01** \$12.00  
Tu 10/31-10/31 11:30A-1:00P

**PRINCESS FOR A DAY**

(Ages 2½-5) Make a majestic cupcake and craft. Next, we'll kick up our glass slippers in our princess parade. Costumes optional.

**101144-01** \$15.00  
Sa 10/21-10/21 10:00A-11:30A

**PLAYDOUGH FUN**

(Ages 3-5) Make your own playdough from beginning to end! Bring a lunch.

**101145-01** \$12.00  
Tu 9/26-9/26 11:30A-1:00P

### GRANDPARENTS' DAY SURPRISE

(Ages 3-5) Make a fun craft for Grandma or Grandpa.

**101146-01** \$15.00  
F 9/8-9/8 11:30A-1:30P

### ELEMENTARY AGE PROGRAMS & SCHOOL HOLIDAY CAMPS

#### BOYS TAP/BREAK DANCE

(Boys ages 5-7) Payments are due the 1st of each month. Sept. thru spring recital. Instructor: Connie McCrary.

**101201-01** \$32.00  
Tu 9/19-12/5 3:00P-3:45P

#### COLUMBUS DAY PROGRAM

(Ages 5-12) Spend the day with fun activities. Bring a lunch and a drink in a non-glass container.

**101202-01** \$45.00  
M 10/9-10/9 8:00A-5:00P

#### LEVEL I TAP, JAZZ

(Ages 6-8) Ballet, Tap, and Jazz. Recital in spring. Payments are due the 1st of each month. Sept. thru spring recital. Instructor: Laura Zimmerman.

**101204-01** \$36.00  
M 9/11-11/27 4:10P-5:10P

#### LEVEL II TAP, JAZZ

(Ages 6-10) See above description.

**101205-01** \$36.00  
M 9/11-11/27 5:15P-6:15P

#### TEACHER WORKDAY PROGRAM

(Ages 5-12) Watch a movie, visit local playgrounds, play games and make crafts. Bring a lunch and a drink in a non-glass container.

**101206-01** \$45.00  
M 11/6-11/6 8:00A-5:00P  
**101206-02** \$45.00  
Tu 11/7-11/7 8:00A-5:00P

#### CREEPY COOKING

(Ages 6-10) See description under "Preschool Age."

**101207-01** \$20.00  
Tu 10/10-10/17 6:00P-7:00P

#### BOYS TAP/TUMBLING/BREAK DANCE

(Boys ages 8-13) Tap, tumbling, break-dancing. Payments are due the 1st of each month. Sept. thru spring recital. Instructor: Connie McCrary.

**101208-01** \$36.00  
Th 9/21-12/7 5:00P-6:00P

#### DINNER & LASER TAG

(Ages 9-13) Join us for pizza at CiCi's and then on to Shadowland for a laser adventure. Depart/return: LVCC.

**101209-01** \$20.00  
F 10/20-10/20 6:00P-10:00P

#### FOOTLOOSE 5-8 YR

(Ages 5-8) Tap, jazz, and ballet. Payments are due the 1st of each month. Sept. thru spring recital. Instructor: Cassie Ludtke.

**101210-01** \$32.00  
M 9/11-11/27 2:00P-2:45P

#### BASKETBALL BLOWOUT

(Ages 6-10) Hang out with your friends and play some basketball. Pizza will be served.

**101213-01** \$10.00  
F 11/17-11/17 5:00P-9:00P

#### DANCE STEPS I

(Ages 5-8) Tap, jazz, ballet, and tumbling. Payments are due the 1st of each month. Sept. thru spring recital. Instructor: Connie McCrary.

**101214-01** \$36.00  
W 9/20-12/6 3:10P-4:05P

#### DANCE STEPS J

(Ages 5-8) See description above.

**101215-01** \$36.00  
W 9/20-12/6 4:15P-5:10P

#### DANCE STEPS K

(Ages 7-8) This class is Level II, geared for the experienced dancer. Payments are due the 1st of each month. Sept. thru spring recital. Instructor: Connie McCrary.

**101216-01** \$36.00  
Th 9/21-12/7 3:30P-4:45P

#### DANCE STEPS L

(Ages 8-9) Must be 3rd grade, with experience. Payments are due the 1st of each month. Sept. thru spring recital. Instructor: Connie McCrary.

**101217-01** \$36.00  
W 9/20-12/6 5:20P-6:15P

#### LEVEL II BALLET/TAP/JAZZ

(Ages 6-8) Must have some experience. Instruction will also be given for pom-poms. Payments are due the 1st of each month. Sept. thru spring recital. Instructor: Cassie Ludtke.

**101218-01** \$36.00  
F 9/15-11/24 3:15P-4:15P

#### JAZZ/HIP-HOP/TUMBLING

(Ages 6-8) Must have some experience. Payments are due the 1st of each month. Sept. thru spring recital. Instructor: Cassie Ludtke.

**101219-01** \$36.00  
Sa 9/16-12/2 12:30P-1:30P

#### JAZZ/TAP/BALLET

(Ages 6-8) Must have some experience. Payments are due the 1st of each month. Sept. thru spring recital. Instructor: Cassie Ludtke.

**101221-01** \$36.00  
F 9/15-12/1 4:30P-5:30P

#### JAZZ/HIP-HOP

(Ages 6-8) Must have some experience. Payments are due the 1st of each month. Sept. thru spring recital. Instructor: Cassie Ludtke.

**101222-01** \$36.00  
Sa 9/16-12/2 1:45P-2:45P

### MIDDLE & HIGH SCHOOL AGE PROGRAMS

#### BASIC BEADING

(Ages 11-13) Students will learn how to assemble jewelry with wire. Make a bracelet and earrings. Bring extra beads and old jewelry to recycle.

**101301-01** \$20.00  
Sa 9/23-9/23 12:00P-2:00P

#### DINNER & A MOVIE

(Ages 10-13) Fee is for transportation only. Depart/return: LVCC.

**101302-01**  
F 9/15-9/15 5:30P-10:00P

#### DINNER & BOWLING

(Ages 10-13) Bring money for shoes, food, games. Depart/return: LVCC.

**101304-01** \$5.00  
Tu 11/21-11/21 5:30P-9:30P

#### LYRICAL/TAP/JAZZ

(Ages 11-15) Payments are due the 1st of each month. Sept. thru spring recital. Instructor: Cassie Ludtke.

**101306-01** \$38.00  
M 9/11-11/27 6:45P-8:00P

#### MODERN JAZZ 11-14

(Ages 11-14) Payments are due the 1st of each month. Sept. thru spring recital. Instructor: Connie McCrary.

**101308-01** \$36.00  
Tu 9/19-12/5 4:20P-5:20P

#### MODERN JAZZ 14-18

(Ages 14-18) See description above.

**101403-01** \$36.00  
Tu 9/19-12/5 5:30P-6:45P

### MULTI-AGE PROGRAMS

#### ADULT TAP DANCING

(Ages 11 & up) Payments are due the 1st of each month. Sept. thru spring recital. Instructor: Connie McCrary.

**101501-01** \$36.00  
 Tu 9/19-12/5 7:00P-8:00P

### TAI CHI

(Ages 16 & up) Increase relaxation awareness and coordination while improving posture, breathing and balance. Instructor: Bob Gardner.

**101503-01** \$110.00 Beginner  
 M,W 9/11-11/1 10:30A-11:30A  
**101503-02** \$110.00 Intermediate  
 M,W 9/11-11/1 9:30A-10:30A  
**101503-03** \$110.00 Advanced  
 M,W 9/11-11/1 8:30A-9:30A

### STEP AEROBICS

(Ages 18 & up) Includes cardio, strength training and stretching. Free 1st class! Babysitting available. Register at LVCC. Instructor: Sara Johnson.

**101507-01** \$85.00 for 15-class punch card  
 M,W 9/6-11/29 9:15A-10:15A

### FEELIN' GOOD

(Ages 55 & up) Stretching, strength training and rehab protocols are used. Instructor: Steve Adgate.

**101601-01** \$40.00  
 Tu,Th 9/5-11/30 8:00A-8:45A

### CHESS CLUB DROP-IN

(All ages) Come challenge your friends to play chess on even numbered Tuesdays

**101702-01** \$1.00  
 Tu 9/12-11/28 6:00P-8:00P

### FITNESS ROOM

(Ages 16 & up) Get back in shape or just tone up. Senior & student discount: 1yr/\$50. Must register at LVCC.

**101706-01** \$50.00/6 months  
 M-Sa 9/1-11/30 7:00A-9:00P

### GOLF

(Ages 12 & up) Teaches you the basic strokes or helps you improve your game. Register at LVCC. Instructor: Nelson Lassiter.

**101710-01** \$42.00 Advanced  
 Tu,W 9/5-10/11 6:00P-7:00P  
**101710-02** \$28.00 Beginner  
 Tu,W 9/5-10/11 6:00P-7:00P

### AMERICAN BELLY DANCE

(Ages 15 & up) Shape your body and lift your spirits. No experience required. Just come and have fun. Instructor: Sandra Kincannon.

**101720-01** \$56.00  
 W 9/6-10/25 8:00P-9:00P  
**101720-02** \$56.00  
 W 9/6-10/25 9:00P-10:00P  
**101720-03** \$56.00  
 W 9/6-10/25 6:45P-7:45P

## LOVETTSVILLE COMMUNITY CENTER

57 E. Broad Way  
 Lovettsville, VA 20180

**540-822-5284**

M-Th 7:00A-9:30P F 7:00A-6:30P

*Supply & material fees are payable to the instructor at the first class.*

## PRESCHOOL AGE PROGRAMS

### SPORTIES 4 SHORTIES

(Ages 3-5) Develop kicking, running, throwing, catching, and good sportsmanship skills.

**102100-01** \$22.50  
 M 9/11-9/25 11:00A-11:45A  
**102100-02** \$22.50  
 M 10/16-10/30 11:00A-11:45A  
**102100-03** \$22.50  
 M 11/13-11/27 11:00A-11:45A

### SIGN, SAY & PLAY

(Ages 7-24 mos w/ parent) With the Baby Signs program, babies will be able to share their wants, needs, and feelings.

**102101-01** \$55.00 (+\$77 materials)  
 M 9/11-10/23 8:30A-9:15A

### LUNCH BUDDIES

(Ages 3-5) Here's your chance for some extra time while your child enjoys lunch and fun activities after preschool. Pack a lunch.

**W** \$15.00/class  
**102102-01** 9/13-9/13 11:00A-12:30P  
**102102-02** 9/20-9/20 11:00A-12:30P  
**102102-03** 9/27-9/27 11:00A-12:30P  
**102102-04** 10/4-10/4 11:00A-12:30P  
**102102-05** 10/11-10/11 11:00A-12:30P  
**102102-06** 10/18-10/18 11:00A-12:30P  
**102102-07** 10/25-10/25 11:00A-12:30P  
**102102-08** 11/1-11/1 11:00A-12:30P  
**102102-09** 11/8-11/8 11:00A-12:00P  
**102102-10** 11/15-11/15 11:00A-12:30P  
**102102-11** 11/29-11/29 11:00A-12:30P

### TOTALLY TWO

(24 mos & up) Music, art, and great socialization! Pack a small snack. Instructor: Carol Whitmer

**102103-01** \$54.00  
 Th,F 9/14-9/29 8:30A-10:00A  
**102103-02** \$72.00  
 Th,F 10/5-10/27 8:30A-10:00A  
**102103-03** \$63.00  
 Th,F 11/2-11/30 8:30A-10:00A

### ME AT THREE

(Ages 36 mos & up) Music, art, and stories. Pack a small snack. Instructor: Carol Whitmer.

**102104-01** \$54.00  
 Th,F 9/14-9/29 10:15A-11:45A  
**102104-02** \$72.00  
 Th,F 10/5-10/27 10:15A-11:45A  
**102104-03** \$63.00  
 Th,F 11/2-11/30 10:15A-11:45A

### COWABUNGA

(Ages 3-5) Like cows? Then mooove right into this class. Enjoy a cow book, cow crafts, and cow games.

**102105-01** \$12.00  
 Tu 9/19-9/19 11:00A-12:00P

### TUMBLEWEEDS

(Ages 2-3) Intro to tumbling class designed for child and parent together. Instructor: Donna Lineburg.

**102106-01** \$20.00  
 W 9/20-10/25 10:30A-11:00A  
**102106-02** \$20.00  
 W 11/1-12/13 10:30A-11:00A

### PRENASTICS

(Ages 3-5) Learn basic movements on balance beam, horse, uneven bars, and mat work. Instructor: Donna Lineburg.

**102107-01** \$24.00  
 W 9/20-10/25 11:15A-11:45A  
**102107-02** \$24.00  
 W 11/1-12/13 11:15A-11:45A

### ADVANCED PRENASTICS

(Ages 3-5) Improve skills learned above. Intro to uneven bars. Instructor: Donna Lineburg.

**102108-01** \$24.00  
 W 9/20-10/25 12:00P-12:30P  
**102108-02** \$24.00  
 W 11/1-12/13 12:00P-12:30P

### SQUIGGLES TO GRINS

(Ages 2-3½ w/parent) Singing, storytelling and creative art projects with Mommy or Daddy.

**102109-01** \$72.00  
 Tu 9/26-10/31 10:00A-10:45A

### KIDZART

(Ages 3½-5) Join us for a fun, nurturing art program that helps preschoolers become creative thinkers. Certified KidzArt instructor.

**102110-01** \$72.00  
 Tu 9/26-10/31 11:00A-11:45A

### LITTLE CHEFS

(Ages 3-5) We'll whip up a special treat for your family. Pack a small lunch.

<b>102111-01</b>	\$12.00	
M	10/2-10/2	11:00A-12:00P
<b>102111-02</b>	\$12.00	
Tu	11/28-11/28	11:00A-12:00P

**LITTLE PRE-FESSORS**

(Ages 3-5) Children will love this hands-on class as they explore different science topics. Pack a small lunch.

<b>102112-01</b>	\$36.00	
Th	10/5-10/19	11:00A-12:00P

**STICKY FINGERS**

(Ages 3-5) Make a mess in this fun like goop, spaghetti art, and more. Bring an old shirt for cover up. Pack a lunch.

<b>102113-01</b>	\$36.00	
Th	11/2-11/16	11:00A-12:00P

**TURKEY TIME**

(Ages 3-5) Read a book about Thanksgiving, make a craft, and play turkey games! Please pack a small lunch.

<b>102114-01</b>	\$12.00	
Tu	11/14-11/14	11:00A-12:00P

### ELEMENTARY AGE PROGRAMS

**KIDS' CLUB**

(Ages 5-6) Fun for kindergartners with wild and wonderful arts, crafts, sports, walking field trips and more. Bring your lunch and imagination. Instructor: Denise Dant.

<b>102200-01</b>	\$72.00	
M,W	9/11-9/27	11:00A-1:30P
<b>102200-02</b>	\$96.00	
M,W	10/2-10/30	11:00A-1:30P
<b>102200-03</b>	\$84.00	
M,W	11/1-11/29	11:00A-1:30P

**ELEMENTARY OPEN GYM**

(Grades K-5) Meet your friends at the center. Times are subject to change.

<b>Pay at door</b>	\$1.00	
M	9/11-11/27	2:45P-3:45P

**TENNIS LESSONS**

(Grades 1-5) Learn the fundamentals of tennis. Bring a racket. Instructor: Holly Flannery.

<b>102201-01</b>	\$75.00	
Tu,Th	9/12-10/26	2:45P-3:45P
<b>102201-02</b>	\$75.00	
Tu,Th	9/12-10/19	4:00P-5:00P

**BEGINNER GYMNASTICS**

(Grades 1-5) Non-competitive. Mat work, balance beam, uneven bars, and vaulting horse. Instructor: Donna Lineburg.

<b>102202-01</b>	\$48.00	
W	9/20-10/25	2:45P-3:45P

<b>102202-02</b>	\$48.00	
W	11/1-12/13	2:45P-3:45P

**INTERMEDIATE GYMNASTICS**

(Grades 1-5) Improve skills listed above. Instructor: Donna Lineburg.

<b>102203-01</b>	\$48.00	
W	9/20-10/25	3:45P-4:45P
<b>102203-02</b>	\$48.00	
W	11/1-12/13	3:45P-4:45P

**ADVANCED GYMNASTICS**

(Grades 1-5) Participants must be able to perform all rolls and have perfected the cartwheel. Instructor: Donna Lineburg.

<b>102204-01</b>	\$48.00	
W	9/20-10/25	4:45P-5:45P
<b>102204-02</b>	\$48.00	
W	11/1-12/13	4:45P-5:45P

**KIDZART**

(Grades 1-5) KidzArt is a proven, high-quality fine arts program that builds self-confidence and develops creative thinking and problem solving skills in a noncompetitive environment.

<b>102205-01</b>	\$90.00	
Th	9/28-11/2	2:45P-3:45P

**JUNIOR CHEFS**

(Grades 1-5) Pull up your sleeves, put on an apron and let the fun begin! Snack included.

<b>102206-01</b>	\$12.00	
M	10/2-10/2	2:45P-3:45P
<b>102206-02</b>	\$12.00	
Tu	11/28-11/28	2:45P-3:45P

**FOOTBALL SKILLZ**

(Grades 1-5) Have fun while developing basic football skills such as throwing, catching, and running. Wear comfortable clothing and sneakers.

<b>102207-01</b>	\$36.00	
F	10/6-10/20	2:45P-3:45P

**ADVENTURES AROUND THE WORLD**

(Grades 1-5) Experience the world right here in Lovettsville through art, games, and food.

<b>102208-01</b>	\$24.00	
Tu	10/10-10/24	2:45P-3:45P

**BASKETBALL SKILLZ**

(Grades 1-5) Have fun while developing basic basketball skills such as dribbling, passing, and shooting. Wear comfortable clothing and sneakers.

<b>102209-01</b>	\$36.00	
M	10/16-10/30	2:45P-3:45P

**SOCK HOP**

(Grades 1-5) Take your shoes off and dance the night away in your socks.

<b>Pay at door</b>	\$5.00	
F	10/20-10/20	6:30P-8:30P

**PUMPKIN DECORATING**

(Grades 1-5) Decorate a pumpkin, using pegs that safely light up your jack-o-lantern. An adult will carve out each child's pumpkin.

<b>102211-01</b>	\$12.00	
W	10/25-10/25	2:45P-3:45P

### MIDDLE & HIGH SCHOOL AGE PROGRAMS

**TEEN OPEN GYM**

(Ages 13 & up) Drop-in gym times are subject to change.

<b>Pay at door</b>	\$1.00	
W	9/15-11/15	6:30P-8:00P

**BABYSITTING 101**

(Ages 11 & up) This American Red Cross course covers interviewing, safety, diapering, etc. Bring a bag lunch. Instructor: Elizabeth Coberly.

<b>102300-01</b>	\$60.00	
Sa	10/7-10/7	9:00A-4:00P

**SURVIVAL HIKE**

(Grades 6-12) You'll hike and learn from experts how to purify water, build real debris hut and more. Wear hiking shoes and bring water & lunch. Depart/return to LCC.

<b>102390-01</b>	\$35.00	
Su	10/15-10/15	10:45A-3:15P

**VOLLEYBALL DROP-IN**

(Grades 6-12) Drop-in gym times are subject to change.

<b>Pay at door</b>	\$1.00	
M	9/11-11/27	8:00P-9:15P

### ADULT PROGRAMS

**BASKETBALL DROP-IN**

(Ages 18 & up) Adults can enjoy a game of basketball with their friends. Drop-in gym times are subject to change.

<b>Pay at door</b>	\$2.00	
Tu,Th	9/5-11/30	7:45P-9:15P

**30 AND OVER BASKETBALL DROP-IN**

(Age 30 & up) Stay in shape with friends and enjoy a friendly game of basketball. Subject to change.

<b>Pay at door</b>	\$2.00	
W	9/6-11/29	8:00P-9:15P

**BLOOD PRESSURE CHECKS**

(Ages 18 & up) The Loudoun Hospital Mobile Care Unit will be at the center for Blood Pressure Checks.

<b>Free Event</b>		
1st, 3rd Th	9/7-11/16	11:30A-12:00P



**SOCIAL SENIORS**

(Ages 55 & up) Home cooked meals and great socialization. Occasional guest speakers. Registration required by the Tuesday before.

**Pay at door** \$5.00  
1st, 3rd Th 9/7-11/16 12:00P-1:30P

**MULTI-AGE PROGRAMS****VIOLIN INSTRUCTION**

(Ages 5 & up) 30-minute private lessons for all levels. Instructor: Alice Hanel

**102745-01** \$80.00 Call for availability  
W 9/6-9/27  
**102745-02** \$80.00 Call for availability  
W 10/4-10/25  
**102745-03** \$80.00 Call for availability  
W 11/1-11-29

**HOMESCHOOL OPEN GYM**

(Ages 3 & up) Drop-in gym time for homeschoolers

**Pay at door** \$1.00  
F 9/15-11/17 12:30P-2:00P

**PARENTS' NIGHT OUT**

(Ages 5-12) Leave the kids with us for dinner, games, and good times with friends.

**102704-01** \$10.00  
F 10/6-10/6 5:00P-9:00P

**DOGGIE CAMP**

(All ages) Basic pet care, obedience and lots of fun. Bring your leashed dog, water bottle and water dish.

**102705-01**  
Sa 10/9-10/9 9:30A-11:30A

**LUCKETTS  
COMMUNITY CENTER**

42361 Lucketts Road  
Leesburg, VA 20176

**703-771-5281**

M,Th 7:00A-9:00P

T,W,F 7:00A-6:30P

Sa 9:00A-12:00P

*Supply & material fees are payable to the instructor at the first class.*

**PRESCHOOL AGE PROGRAMS****TODDLER STORY HOUR**

(Ages 1½-5) You and your child will enjoy lively stories, finger plays, songs, movement and a simple craft.

**109101-01** \$6.00/class  
Tu 9/12-11/28 9:15A-10:00A

**LUNCH BUNCH AM PRESCHOOL**

(Ages 4-5) Playtime, stories, games and a healthy lunch immediately after AM preschool.

**109102-01** \$10.00/class  
W,F 9/13-11/29 11:30A-1:00P

**LUNCH BUNCH PM PRESCHOOL**

(Ages 4-5) Playtime, stories, games and a healthy lunch before PM preschool.

**109103-01** \$10.00/class  
W,F 9/13-11/29 11:00A-12:30P

**LUNCH BUNCH SUPERSIZED!**

(Ages 4-5) Lunch Bunch Supersized features more fun for kids and extra time for Mom.

**109104-01** \$5.00  
W 9/27-9/27 1:00P-2:00P  
**109104-02** \$5.00  
W 10/25-10/25 1:00P-2:00P  
**109104-03** \$5.00  
W 11/29-11/29 1:00P-2:00P

**KIDZART**

(Ages 3-5) A fun, nurturing art program promoting creative thinking and shape recognition skills. Instructor: Barbara Smith

**109105-01** \$48.00  
M 9/18-10/16 11:30A-12:15P  
**109105-02** \$48.00  
M 10/23-11/20 11:30A-12:15P  
**109105-03** \$48.00  
M 11/27-12/18 11:30A-12:15P

**MOM AND TOTS OPEN GYM**

(Ages 1½-5) Moms can socialize while they watch their tots tumble, dance and have a grand ole time!

**109106-01** \$5.00/class  
Th 9/21-11/30 9:15A-10:15A

**MOMMY AND ME WITH CASPER**

(Ages 2-5) Enjoy spooky games, free play, face painting and Halloween stories with Mom and friends.

**109107-01** \$7.00  
M 10/16-10/16 10:00A-11:00A

**MOMMY AND ME WITH TOM TURKEY**

(Age 2-5) Celebrate turkey time with stories, games and a simple craft.

**109108-01** \$7.00  
M 11/13-11/13 10:00A-11:00A

**GRANDPARENTS ARE GREAT  
- PANCAKE BREAKFAST**

(Ages 3-6) Start the day in a great way! Share a hearty breakfast with your grandparents before school or work.

**109109-01** \$4.00/person  
M 11/20-11/20 7:00A

**ELEMENTARY AGE PROGRAMS &  
SCHOOL HOLIDAY CAMPS****MAGICAL MONDAYS**

(Grades 1-5) Take the bus from Lucketts Elementary for games, free play, crafts, snacks and homework time.

**109201-01** \$45.00  
M 9/11-9/25 2:30P-6:00P  
**109201-02** \$60.00  
M 10/2-10/30 2:30P-6:00P  
**109201-03** \$45.00  
M 11/13-11/27 2:30P-6:00P

**TOPNOTCH TUESDAYS**

(Grades 1-5) See above description.

**109202-01** \$60.00  
Tu 9/5-9/26 2:30P-6:00P  
**109202-02** \$75.00  
Tu 10/3-10/31 2:30P-6:00P  
**109202-03** \$45.00  
Tu 11/14-11/28 2:30P-6:00P

**WACKY WEDNESDAYS**

(Grades 1-5) See above description.

**109203-01** \$60.00  
W 9/6-9/27 2:30P-6:00P  
**109203-02** \$60.00  
W 10/4-10/25 2:30P-6:00P  
**109203-03** \$60.00  
W 11/1-11/29 2:30P-6:00P

**THRILLING THURSDAYS**

(Grades 1-5) See above description.

**109204-01** \$60.00  
Th 9/7-9/28 2:30P-6:00P  
**109204-02** \$60.00  
Th 10/5-10/26 2:30P-6:00P  
**109204-03** \$60.00  
Th 11/2-11/30 2:30P-6:00P

**FREAKY FRIDAYS**

(Grades 1-5) See above description.

**109205-01** \$60.00  
F 9/8-9/29 2:30P-6:00P  
**109205-02** \$60.00  
F 10/6-10/27 2:30P-6:00P  
**109205-03** \$45.00  
F 11/3-11/17 2:30P-6:00P

**INTRODUCTION TO TENNIS**

(Ages 6-11) Learn the basics, rules and fun of tennis. Bring a racquet!

**109206-01** \$30.00  
Tu 9/12-10/3 2:30P-3:15P

**AFTER K LUNCH BUNCH**

(Ages 5-6) Take the bus from Lucketts Elementary for playtime, arts, crafts and fun. Lunch included.

**109207-01** \$10.00/class  
W,F 9/13-11/29 11:30A-1:00P

### AFTER K LUNCH BUNCH SUPERSIZED

(Ages 5-6) Supersized Lunch Bunches feature more fun for kids and extra time for Mom.

**109208-01** \$5.00  
W 9/27-9/27 1:00P-2:00P

**109208-02** \$5.00  
W 10/25-10/25 1:00P-2:00P

**109208-03** \$5.00  
W 11/29-11/29 1:00P-2:00P

### BODY, MIND & SOUL

(Ages 6-11) Sign up for one or all of these fun classes that support LCPS SOL's: Funtastic Fitness Pro Kid's Entertainers **(01)**, Science Experiments Galore **(02)** and Awesome Arts and Amazing Skills **(03)**.

**109209-01** \$45.00  
F 9/15-10/6 2:45P-4:00P

**109209-02** \$40.00  
W 10/11-11/1 2:45P-4:30P

**109209-03** \$40.00  
M 11/13-12/4 2:45P-4:30P

### KIDZART

(Ages 5-6) A fun nurturing art program promoting creative thinking and shape recognition skills. Instructor: Barbara Smith.

**109210-01** \$48.00  
M 9/18-10/16 11:30A-12:15P

**109210-02** \$48.00  
M 10/23-11/20 11:30A-12:15P

**109210-03** \$48.00  
M 11/27-12/18 11:30A-12:15P

### KIDZART

(Ages 6-11) A fine arts program that develops self confidence, creative thinking and problem solving in a fun environment. Instructor: Barbara Smith.

**109211-01** \$60.00  
M 9/18-10/16 2:45P-3:45P

**109211-02** \$60.00  
M 10/23-11/20 2:45P-3:45P

**109211-03** \$60.00  
M 11/27-12/18 2:45P-3:45P

### CANINE CUISINE

(Ages 6-11) These doggie treats are fun to make and your favorite canine friend will gobble them up. Make extra to give as gifts.

**109212-01** \$8.00  
Tu 9/19-9/19 2:45P-4:00P

### CLAY KIDS

(Ages 5-8) Awesome projects ignite your child's creativity. Fired creations returned a few weeks after class ends. Instructor: Karen Freeman

**109213-01** \$52.00 (+ \$17 supplies)  
W 9/27-11/15 2:45P-4:00P

### CLAY'S THE THING

(Ages 8-11) Sculpture, pots, whimsical creations...all in the ancient art form of clay. Fired projects returned a few weeks after the class ends. Instructor: Karen Freeman.

**109214-01** \$62.00 (+ \$22 supplies)  
W 9/27-11/15 4:15P-6:00P

### ZANY ZOO TRIP CAMP

(Ages 5-11) Enjoy meeting Tai Shon, the new giant panda cub on this day trip to the National Zoo.

**109215-01** \$45.00  
M 10/9-10/9 8:00A-6:00P

### THE ELEMENTARY GOURMET

(Ages 8-11) Create a spectacular meal from start to finish as you learn cooking techniques and mealtime etiquette. Includes supper plus recipes.

**109216-01** \$60.00  
Th 10/19-11/9 5:00P-7:00P

### CREEPY CUISINE

(Ages 6-11) Create gooey, icky spiders and monster toes! Yummy! Impress your friends with these truly gross and deliciously divine treats.

**109217-01** \$12.00  
M 10/23-10/23 2:45P-4:30P

### ARRGH MATEY! THE PIRATES AND PRINCESS CAMP

(Ages 5-11) Walk the plank or save a princess during this boys and girls theme day camp.

**109218-01** \$35/1st child \$24/ea add'l  
M 11/6-11/6 8:00A-6:00P

### CURIOSITY ZONE TRIP CAMP

(Ages 5-11) We'll visit the Curiosity Zone where kids can have fun with messy, self-directed, hands-on experiments.

**109219-01** \$45.00  
Tu 11/7-11/7 8:00A-6:00P

### GRANDPARENTS ARE GREAT – PANCAKE BREAKFAST

(Ages 5-12) Share a hearty breakfast with Nana and Pa before school and work begin.

**109220-01** \$4.00  
M 11/20-11/20 7:00A-7:45A

## MIDDLE AND HIGH SCHOOL AGE PROGRAMS

### BARNYARD HORSHOES AND PIZZA

(Ages 12-18) Come check out our spiffy new horseshoe pit. Pizza and soft drinks served.

**109301-01** \$5.00  
F 10/13-10/13 5:00P-7:00P

### BEYOND PB& J - AN INTRODUCTORY COOKING CLASS

(Ages 11-18) Create a great meal from start to finish as you learn cooking techniques and mealtime etiquette. Includes supper and recipes.

**109302-01** \$60.00  
M 10/16-11/13 5:30P-7:30P

## MULTI-AGE PROGRAMS

### BODY GENESIS

(Ages 18 & up) Body Genesis is a popular hour-long total fitness program to upbeat music. Instructor: Barbara Talbott.

**109501-01** \$70.00  
M,Th 9/11-10/26 7:00P-8:00P

**109501-02** \$70.00  
M,Th 10/30-12/14 7:00P-8:00P

### KICK BOXING- HI-LOW IMPACT

(Ages 18 & up) Improve cardiovascular health, reduce body fat, increase flexibility and strengthen muscles. Instructor: Peggy Leung.

**109502-01** \$50.00  
Tu 9/12-10/31 7:30P-8:30P

### SENIOR POT LUCK LUNCHEON

(Ages 55 & up) Join the best cooks in town. Bring your favorite dish to share.

**Free event**  
W 9/20,10/18,11/15 11:00A-1:00P

### DISCOVER LUCKETTS NEWCOMERS LUNCHEON

(Ages 18 & up) Meet new friends and find out what resources are available in and around Lucketts. Bring your favorite salad to share.

**Free event**  
Th 9/21,10/19,11/16 11:00A-1:00P

### LUCKETTS LITERATI

(Ages 18 & up) Bibliophiles meet for lively, stimulating book discussions. Call 703-771-5281 for current book title.

**Pay at door** \$3.00  
Th 9/28,10/26,11/30 7:30P-9:00P

### ENLIGHTENING PARENTS' WORKSHOP

(Ages 18 & up) Three part series includes Benefits of Signing with Babies, Behavior Modification and Children's Nutrition.

**109506-01** \$20.00/couple  
Th 9/28-10/12 7:00P-8:00P

### CHINESE CALLIGRAPHY

(Ages 16 & up) Learn simple characters and create your own project. Supplies available via instructor, Peggy Leung.

**109507-01** \$60.00  
Sa 9/30-10/21 9:30A-12:00P

**LUCKETTS COMMUNITY CENTER****FAMILY FUN SCARECROW MANIA**

(All ages) We'll provide a light meal and all the straw you need to create a one-of-a-kind scarecrow.

**109508-01** \$5.00/child  
M 10/16-10/16 6:30P-8:00P

**BIRTHDAY PARTIES**

(Ages 3-11) Book your theme-based birthday party. Let us do all of the work. Call 703-771-5281 for details. Three price categories to choose from.

## MIDDLEBURG COMMUNITY CENTER

300 West Washington Street, P.O. Box 888  
Middleburg, VA 20118  
**540-687-6375**

M, Tu, Th 9:00A-9:00P

W, F 9:00A-6:00P

*Supply & material fees are payable to the instructor at the first class.*

**PRESCHOOL AGE PROGRAMS****MIDDLEBURG OPEN GYM**

(Ages birth -4 yrs.) Come play and meet new friends in this fun, friendly environment.

**Free**

W 9/6-12/27 10:30A-11:30A

**MANNERS WITH MISS AMY**

(Ages 3-5) First class covers table manners, sharing, gratefulness, introductions and greetings. Class two covers party etiquette, restaurants, shopping and handshaking. \$15 supply fee.

**108101-01** \$70.00 Inside the Home  
M 9/11-10/16 1:00P-2:00P

**108101-02** \$70.00 Public Places  
M 10/23-11/27 1:00P-2:00P

**TINY DANCERS® MOM & ME**

(Ages 2-3) A ballet-based creative movement class for parent & child that includes custom-made costumes and props.

**108102-01** \$275.00 No class 11/7  
Tu 9/12-12/5 11:30A-12:15P

**HELLO PONY**

(Ages 2-6) Location: Stonelea Farm, Aldie. Learn basic care, take a ride and make a souvenir.

**108103-01** \$25.00  
Tu 9/12-9/12 10:00A-11:00A

**108103-02** \$25.00  
W 9/27-9/27 10:00A-11:00A

**108103-03** \$25.00  
Tu 10/10-10/10 10:00A-11:00A

**MIDDLESBURG COMMUNITY CENTER****540-687-6375**

**108103-04** \$25.00  
W 10/25-10/25 10:00A-11:00A

**TOTS AND TUNES**

(Ages 18 mos-3 yrs) Parents and toddlers join together to enjoy quality time with stories, songs, puppets and games. Instructor: Noreen O'Brien.

**108104-01** \$48.00  
Th 9/14-10/19 9:00A-9:45A

**KIDS CLUBHOUSE**

(Ages 3-5) Join us for a Friday afternoon of fun, games, crafts, adventures and more.

**108106-01** \$48.00  
F 9/15-10/20 1:00P-2:00P

**108106-02** \$48.00  
F 10/27-12/8 1:00P-2:00P

**TINY DANCERS®**

(Ages 3-4 co-ed) Basic classical ballet techniques are introduced through stories, costumes and props.

**108107-01** \$275.00 No class 11/7  
Tu 9/12-12/5 12:45P-1:30P

**TINY DANCERS®**

(Ages 4-5) See description above.

**108108-01** \$275.00 No class 11/7  
Tu 9/12-12/5 2:00P-2:45P

**DANCE 'N PLAY**

(Ages 12mos - 5yrs) Total body fitness class for mom and toddler, with body toning, cardio bursts, and dancing to popular children's music.

**108109-01** \$40.00  
W 10/4-10/25 9:30A-10:15A

**108109-02** \$40.00  
W 11/1-11/29 9:45A-10:15A

**INCREDIBLE EDIBLE ARCHITECTURE**

(Ages 3-5) Each class will be a workshop of creative fun, making something to admire. Children will work with a broad range of edible supplies.

**108110-01** \$56.00  
W 10/25-12/13 1:15P-2:15P

**MOTHER GOOSE**

(Ages 18mos-3yrs) Boys and girls, come out to play. The moon doth shine as bright as day! Instructor: Noreen O'Brien.

**108111-01** \$48.00 No class 11/23  
Th 10/26-12/7 9:00A-9:45A

**LET'S HAVE A BALL**

(Ages 3-5) The teachers are all away, the kids will play games, make crafts and have a ball.

**108112-01** \$25.00  
M 11/6 9:00A-2:00P

**108112-02** \$25.00  
Tu 11/7 9:00A-2:00P

## ELEM. AGE PROGRAMS AND SCHOOL HOLIDAY CAMPS

**BALLET AND JAZZ**

(Ages 5-6) A traditional approach to classical ballet and a jazz program s taught by Tiny Dancers ® Studio.

**108201-01** \$275.00 No class 11/7  
Tu 9/12-12/5 3:30P-4:15P

**BALLET AND JAZZ**

(Ages 7-10) See description above.

**108202-01** \$275.00 No class 11/7  
Tu 9/12-12/5 4:30P-5:15P

**PARENTS' NIGHT OUT**

(Ages 5-12) Kids love to play at the community center and you get to enjoy a night out. Games, crafts, friends and dinner.

**108203-01** \$20.00 More S'mores  
F 9/22 6:00P-10:00P

**108203-02** \$20.00 Fright Night  
F 10/20 6:00P-10:00P

**108203-03** \$20.00 Are you Board? games  
F 11/17 6:00P-10:00P

**ADVENTURE PARK USA**

(Ages 7-10) We are going to Adventure Park in Frederick with Lazer Tag, Mini Golf, Go Carts and the Arcade. Personal pizzas, drink and bread sticks served.

**108204-01** \$40.00  
F 10/6 4:30P-10:00P

**INTRO TO RIDING CAMP**

(Ages 6 & up) Location: Stonelea Farm, Aldie. Time will be spent grooming, tacking, riding and learning about our equine friends.

**108205-01** \$70.00  
M 11/6 9:00A-12:00P

**PUPPETRY CAMP**

(Ages 6-10) Learn how to animate mythical creatures and bring them to life!

**108207-01** \$90.00  
M,Tu 11/6-11/7 9:00A-5:00P

## ADULT PROGRAMS

**PHOTOGRAPHY WITH JIM POSTON**

(Ages 18 & up) Bring your camera and pencil to learn from Middleburg's own Jim Poston. Digital and film cameras welcome.

**108501-01** \$85.00 No class 11/9  
Th 10/5-11/16 7:00P-9:00P

**MIDDLEBURG COMM. CENTER****BEGINNING SALSA**

(Ages 18 & up) Have fun dancing for the first time or brushing up on your skills.

**108502-01** \$80.00 No class 10/31  
Tu 10/10-12/5 7:00P-8:00P

## PHILOMONT COMMUNITY CENTER

36592 Jeb Stuart Road  
Philomont, Va 20131  
**540-338-5882**

M-F 8:30A-6:00P

*Supply & material fees are payable to the instructor at the first class.*

**PRECHOOOL AGE PROGRAMS****DANCE STEPS**

(Ages 3½-6) Covers ballet and creative movements with emphasis on fun and motor skill development. Instructor: Connie McCrary.

**111103-01** \$16.00  
Th 9/21-9/28 12:15P-1:00P  
**111103-02** \$32.00  
Th 10/5-10/26 12:15P-1:00P  
**111103-03** \$32.00 No class 11/23  
Th 11/2-11/30 12:15P-1:00P

**KIDS PLAYTIME**

(Ages 3-4) Need an extra hour? Pack your kids a lunch and they can stay with us after preschool for free play with other activities.

**111104-01** \$15.00  
M 9/18 12:00P-1:00P  
**111104-02** \$15.00  
M 10/16 12:00P-1:00P

**A DAY WITH CLAY**

(Ages 3-5) Sculpt with clay, please bring bag lunch.

**111105-01** \$15.00  
F 9/29 12:00P-1:00P  
**111105-02** \$15.00  
F 10/20 12:00P-1:00P

**PRESCHOOL DISCOVERY**

(Ages 2-4) Introduce your preschooler to some fun activities. Please send bag lunch.

**111106-01** \$10.00 Color Collage  
Tu 9/19-9/19 11:30A-12:30P  
**111106-02** \$10.00 Sponge Painting  
Tu 9/26-9/26 11:30A-12:30P  
**111106-03** \$10.00 Bats and Spiders  
Tu 10/24-10/24 11:30A-12:30P  
**111106-04** \$10.00 Halloween Treat  
Tu 10/31-10/31 11:30A-12:30P  
**111106-05** \$10.00 Pilgrims/Indians  
Tu 11/21-11/21 11:30A-12:30P

**PHILOMONT COMMUNITY CENTER7****540-338-5882**

**111106-06** \$10.00 Pumpkin Fun  
Tu 11/28-11/28 11:30A-12:30P

**EDIBLE ART CLASS**

(Ages 3-5) Eat your art work that you make in class.

**111107-01** \$15.00  
F 9/15-9/15 12:00P-1:00P  
**111107-02** \$15.00  
F 10/20-10/20 12:00P-1:00P  
**111107-03** \$15.00  
F 11/3-11/3 12:00P-1:00P

**TURKEY GOBBLER**

(Ages 3-5) Make a turkey craft for the holiday.

**111108-01** \$15.00  
F 11/17-11/17 12:00P-12:30P

**LUNCH BUNCH**

(Ages 2-3) Bring your friends and enjoy a day of activities while Mom has some free time. Bring a bagged lunch and a drink.

**111101-01** \$30.00  
Tu,Th 9/12-9/14 11:30A-1:00P  
**111101-02** \$30.00  
Tu,Th 9/19-9/21 11:30A-1:00P  
**111101-03** \$30.00  
Tu,Th 9/26-9/28 11:30A-1:00P  
**111101-04** \$30.00  
Tu,Th 10/3-10/5 11:30A-1:00P  
**111101-05** \$30.00  
Tu,Th 10/10-10/12 11:30A-1:00P  
**111101-06** \$30.00  
Tu,Th 10/17-10/19 11:30A-1:00P  
**111101-07** \$30.00  
Tu,Th 10/24-10/26 11:30A-1:00P  
**111101-08** \$30.00  
Tu,Th 10/31-11/2 11:30A-1:00P  
**111101-09** \$30.00  
Tu,Th 11/14-11/16 11:30A-1:00P  
**111101-10** \$30.00  
Tu,Th 11/28-11/30 11:30A-1:00P

**LUNCH BUNCH**

(Ages 3-5) See description above.

**111102-02** \$15.00  
W 9/13-9/13 12:00P-1:30P  
**111102-03** \$15.00  
W 9/20-9/20 12:00P-1:30P  
**111102-04** \$15.00  
W 9/27-9/27 12:00P-1:30P  
**111102-05** \$15.00  
W 10/4-10/4 12:00P-1:30P  
**111102-06** \$15.00  
W 10/11-10/11 12:00P-1:30P  
**111102-07** \$15.00  
Th 10/18-10/18 12:00P-1:30P

**111102-08** \$15.00  
W 10/25-10/25 12:00P-1:30P  
**111102-09** \$15.00  
W 11/1-11/1 12:00P-1:30P  
**111102-10** \$15.00  
W 11/8-11/8 12:00P-1:30P  
**111102-11** \$15.00  
W 11/15-11/15 12:00P-1:30P  
**111102-12** \$15.00  
W 11/29-11/29 12:00P-1:30P

## ELEMENTARY AGE PROGRAMS

**MASTERPIECE MONDAYS WITH MEL**

(Ages 6-11) Explore the world of art with paints, and other neat mediums to create cool masterpieces.

**111200-01** \$20.00  
M 9/11-9/11 3:00P-5:45P  
**111200-02** \$20.00  
M 9/18-9/18 3:00P-5:45P  
**111200-03** \$20.00  
M 9/25-9/25 3:00P-5:45P  
**111200-04** \$20.00  
M 10/02-10/02 3:00P-5:45P  
**111200-05** \$20.00  
M 10/16-10/16 3:00P-5:45P  
**111200-06** \$20.00  
M 10/23-10/23 3:00P-5:45P  
**111200-07** \$20.00  
M 10/30-10/30 3:00P-5:45P  
**111200-08** \$20.00  
M 11/13-10/13 3:00P-5:45P  
**111200-09** \$20.00  
M 11/20-11/20 3:00P-5:45P  
**111200-10** \$20.00  
M 11/27-11/27 3:00P-5:45P

**BEANIE BABIES /TOY BINGO WITH NANCY**

(Ages 6-11) You have to play to win great prizes each week.

**111201-01** \$20.00  
W 9/6-9/6 3:00P-5:45P  
**111201-02** \$20.00  
W 9/13-9/13 3:00P-5:45P  
**111201-03** \$20.00  
W 9/20-9/20 3:00P-5:45P  
**111201-04** \$20.00  
W 9/27-9/27 3:00P-5:45P  
**111201-05** \$20.00  
W 10/4-10/4 3:00P-5:45P  
**111201-06** \$20.00  
W 10/11-10/11 3:00P-5:45P  
**111201-07** \$20.00  
W 10/18-10/18 3:00P-5:45P

<b>111201-08</b>	\$20.00	
W	10/25-10/25	3:00P-5:45P
<b>111201-09</b>	\$20.00	
W	11/1-11/1	3:00P-5:45P
<b>111201-10</b>	\$20.00	
W	11/8-11/8	3:00P-5:45P
<b>111201-11</b>	\$20.00	
W	11/15-11/15	3:00P-5:45P
<b>111201-12</b>	\$20.00	
W	11/29-11/29	3:00P-5:45P

**AFTERSCHOOL KIDZ CLUB**

(Ages 6-11) Meet your friends at the center for some after school fun. Monthly fee covers Monday through Friday.

<b>111202-01</b>	\$20/day \$300/month	
Tu,Th,F	9/5-11/30	3:00P-5:45P

**DANCE STEPS**

(Ages 5-8) Covers ballet, tumbling and creative movements. We'll be doing The Nutcracker. Instructor: Connie McCrary.

<b>111203-01</b>	\$18.00	
M	9/18-9/25	4:30P-5:30P
<b>111203-02</b>	\$36.00	
M	10/2-10/30	4:30P-5:30P
<b>111203-03</b>	\$27.00	
M	11/13-11/27	4:30P-5:30P

**POTS AND PANS**

(Ages 5-12) Create your own dish that you would like to eat.

<b>111204-01</b>	\$40.00	
M	11/6-11/6	10:00A-2:00P
<b>111204-02</b>	\$40.00	
Tu	11/7-11/7	10:00A-2:00P

**PIZZA AND BOWLING TRIP**

(Ages 6-12) join us for a day on the town. We'll go to the bowling alley and enjoy some pizza and fun.

<b>111205-01</b>	\$40.00	
W	11/22-11/22	10:00A-2:00P

**MIDDLE & HIGH SCHOOL AGE PROGRAMS**
**BATTLE OF THE BANDS**

(Ages 13 & up) The hottest ticket in town is our Battle of the Bands! Join us for fun, food and friends.

<b>Pay at door</b>	\$5.00	
F	9/15, 10/20, 11/17	

**ADULT PROGRAMS**
**PARENTS' NIGHT OUT**

(Ages 3-11) Leave your children with us while you enjoy a night out. Dinner provided and other activities planned. Save \$5.00 on the

second child. Register at PCC.  
**Pre-register** \$20.00/1st child  
 Tu 11/14-11/14 5:00P-9:30P

**STERLING ANNEX COMMUNITY CENTER**

22084 Shaw Road  
 Sterling, VA 20164  
**703-430-6673**

M-Th 8:00A-8:00P

F 8:00A-5:00P Sa 9:00A-2:00P

*Supply & material fees are payable to the instructor at the first class.*

**PRESCHOOL AGE PROGRAMS**

*All Creative Dance Center Classes:  
 \$15 annual registration due at first class  
 includes T-shirt.*

**GIFT FOR GRANDPARENT'S**

(Ages 2-3) Make a few gifts for your grandparents. Instructor: Sharon Hunter.

110101-01	\$10.00 (+\$3 supplies)	
Th	9/7-9/7	9:15A-10:15A

**MY FIRST PRESCHOOL**

(Ages 2-2½) Your child's first preschool experience with books, games, music, special art projects and socialization. No class 10/9,11/6. Instructor: Michelle Ong.

110102-01	\$275.00 (+\$20 supplies)	
M,W	9/11-12/20	9:00A-10:30A

**SHEEP IN A JEEP**

(Ages 2-3) Muddy piggies and silly sheep with barnyard antics. Instructor: Sharon Hunter.

110103-01	\$24.00 (+\$6 supplies)	
Tu	9/12-9/26	9:15A-10:15A

**ABRAKADOODLE-TWOOSY DOODLERS**

(Ages 20-36mos) Parents help tots develop imagination and skills with paints, watercolors, pastels.

110104-01	\$48.00 (+\$12 supplies)	
Th	9/14-10/5	9:00A- 9:45A
110104-02	\$48.00 (+\$12 supplies)	
Th	10/19-11/9	9:00A- 9:45A

**ABRAKADOODLE-MINI DOODLERS**

(Ages 3-5) See description above.

110105-01	\$48.00 (+\$12 supplies)	
Th	9/14-10/5	10:00A-10:45A
110105-02	\$48.00 (+\$12 supplies)	
Th	10/19-11/16	10:00A-10:45A

**TIME OUT FOR TWOS**

(Ages 2-3) Stories, art projects, finger plays

and social interaction. Instructor: Michelle Ong.

110106-01	\$48.00 (+\$8 supplies)	
F	9/22-10/27	9:00A-10:00A

**YOU SAY YOUR MAMA IS A T-REX?**

(Ages 3-5) Learn about these huge creatures that once roamed the earth through art, stories, and play.

110107-01	\$16.00 (+\$3 supplies)	
F	9/22-9/29	10:45A-11:45A

**LUNCH BUNCH AFTERNOONS**

(Ages 3-5) Fun crafts and playtime. Bring lunch. No microwaveable food or refrigeration. Register at the Annex. Follows LCPS schedule.

Pay at door	\$7.00/hour, \$63.00/punch card	
M,W,Th	9/25-11/30	11:30A- 1:30P

**FUN AT PRESCHOOL**

(Ages 3-4) Introduces basic preschool skills around a weekly theme. No class 11/7. Instructor: Sue Yakscoe.

110109-01	\$170.00 (+\$25 supplies)	
Tu,Th	9/26-11/16	10:00A-11:30A

**I'M A LITTLE PUMPKIN**

(Ages 2-3) Lots of creative activities using pumpkins. Instructor: Sharon Hunter.

110110-01	\$17.00 (+\$4 supplies)	
Tu	10/17-10/24	9:15A-10:15A

**LITTLE GOBLINS OF ART**

(Ages 3-5) Halloween crafts, games, and a spooky snack.

110111-01	\$15.00 (+\$3 supplies)	
F	10/20-10/27	10:45A-11:45A

**MOM AND ME AT THE BAT JAMBOREE**

(Ages 2-5) A Halloween carnival with music, crafts, and a costume parade.

110112-01	\$10.00	
W	10/25-10/25	11:00A-12:00P

**PRESCHOOL HOLIDAY CAMP**

(Ages 3-5) Games, crafts and stories. Bring a lunch.

110113-01	\$22.50	
M	11/6-11/6	9:30A-12:30P
110113-02	\$22.50	
Tu	11/7-11/7	9:30A-12:30P

**GOBBLE, GOBBLE IT'S THANKSGIVING**

(Ages 3-5) Adventures about turkeys, art activities, stories and play. Instructor: Michelle Ong.

110114-01	\$16.00 (+\$4 supplies)	
F	11/10-11/17	9:00A-10:00A

**FALLING AROUND US**

(Ages 3-5) A variety of autumn art activities.

110115-01 \$16.00 (+\$3 supplies)  
F 11/10-11/17 10:45A-11:45A

**WE'RE TALKING TURKEY**

(Ages 2-3) Thanksgiving activities include turkey handprints and more. Instructor: Sharon Hunter.

110116-01 \$17.00 (+\$5 supplies)  
Tu 11/14-11/21 9:15A-10:15A

**TEN APPLES UP ON TOP**

(Ages 3-5) Experience a world of apples through art, snack and stories.

110117-01 \$16.00 (+\$3 supplies)  
F 10/6-10/13 10:45A-11:30A

**YOU AND ME**

(Ages 2) Location: Creative Dance Center, Ashburn. Movement and tumbling using music and props. Parent participation.

110120-01 \$100.00  
Tu 9/12-10/31 10:45A-11:15A

110120-02 \$100.00  
F 9/15-11/3 11:30A-12:00P

**BROADWAY BABIES: CREATIVE TAP**

(Ages 4-5) Location: Creative Dance Center, Ashburn. Tap, ballet, and tumbling. 110121-01 \$125.00

Sa 9/9-10/28 11:15A-12:15P

**BABY SIGNS PLAY CLASSES**

(Ages 6-18mos) Songs, signs, games, and parachute play are all part of the leading sign language program for hearing babies.

110122-01 \$55.00 (+\$77 Sign Say & Play kit)  
F 9/15-10/20 9:30A-10:15A

110122-02 \$55.00 (+\$77 Sign Say & Play kit)  
F 10/27-12/8 9:30A-10:15A

**DANCING DUDES & DIVAS**

(Ages 3-4) Location: Creative Dance Center, Ashburn. A jazz and tap class for boys & girls.

110123-01 \$112.00  
Tu 9/12-10/31 4:30P- 5:15P

110123-02 \$112.00  
W 9/13-11/1 4:45P- 5:30P

110123-03 \$112.00  
Sa 9/9-10/28 10:30A-11:15A

**FIT KIDS**

(Ages 3½-5) Location: Creative Dance Center, Ashburn. Movement, sports conditioning, tumbling and obstacle course.

110124-01 \$112.00  
Tu 9/12-10/31 12:00P-12:45P

110124-02 \$112.00  
Th 9/14-11/2 10:45A-11:30A

**PRE-PRINCESS BALLET**

(Age 4) Location: Creative Dance Center, Ashburn. Incorporates princess stories and costumes.

110125-01 \$112.00  
F 9/15-11/3 4:30P- 5:15P

**WHIZKIDS PRESCHOOL COMPUTER**

(Ages 4 & 5) Introduces computer components, keyboarding exercises and scholastic games.

No class 11/22. Instructed by Whizkids.

110150-01 \$80.00 (+\$20 supplies)  
W 9/27-12/6 11:30A-12:00P

110150-02 \$80.00 (+\$20 supplies)  
W 9/27-12/6 12:00P-12:30P

**PRESCHOOL YOGA**

(Ages 3-4) Simple Yoga poses combined with songs, stories and games. Need comfortable clothes and mat.

110151-01 \$55.00 No class 10/9  
Sa 9/23-10/28 9:30A-10:30A

**MOMMY & ME YOGA**

(Ages 3-4) Basic yoga poses for flexibility, strength, self-esteem. Need comfortable clothes and mat. Register child's name only.

110152-01 \$55.00  
Sa 9/23-10/28 11:00A-12:00P

**KINDERTOTS**

(Age 2) Develop gross motor skills, movement and body awareness while learning colors, numbers, shapes. Bare feet or gymnastic shoes. Instructed by Kinderdance.

110153-01 \$125.00  
W 9/13-11/15 12:30P- 1:00P

**KINDERDANCE**

(Ages 3-5) Basics of Ballet, Tap, Acrobatics, and Creative Dance. Soft ballet shoes required; tap shoes recommended. Instructed by Kinderdance.

110154-01 \$175.00  
W 9/13-11/15 1:10P- 2:10P

**ELEM. AGE PROGRAMS & SCHOOL HOLIDAY CAMPS**

*All Creative Dance Center Classes:  
\$15 registration fee due at first class  
includes T-shirt*

**YOUNG AT ART**

(Ages 4 & up) Create original works of art in these programs and exercise your imagination.

110200-01 \$8.00 Ghostly Footprints  
Tu 10/24-10/24 4:30P- 5:30P

110200-02 \$10.00 Ornaments & Cards  
Th 11/16-11/16 4:00P- 5:00P

110200-03 \$10.00 Beaded Ornaments  
Th 11/30-11/30 4:00P- 5:00P

**KINDERGARTEN YOGA**

(Ages 5-6) Simple Yoga poses combined with songs, stories, and games. Comfortable clothes and mat. Instructor: Ami Babla.

110201-01 \$55.00  
Sa 9/23-10/28 9:30A-10:30A

**MOMMY & ME YOGA**

(Ages 5-6) See description above. Instructor: Ami Babla.

110202-01 \$55.00  
Sa 9/23-10/28 11:00A-12:00P

**ITALIAN**

(Ages 6-10) Beginner class focuses on the Italian language and culture. Instructor: Francesca Reardon.

110203-01 \$45.00  
W 9/27-11/1 4:30A- 5:30P

**SELF EXPRESSION PAINTING**

(Ages 6-10) Introduces acrylics, watercolors, pastels and crayon. Call for supply list. Instructor: Francesca Reardon.

110204-01 \$80.00  
Sa 9/30-11/18 10:00A-11:00A

**HALLOWEEN SOAPS & STORY**

(Ages 6 & up) Make some spooky Halloween soaps and listen to a spooky story. Instructor: Cristin Pozniak.

110205-01 \$7.00 (+\$3 supplies)  
Tu 10/17-10/17 4:30P- 5:30P

**BAKE/DECORATE HALLOWEEN COOKIES**

(Ages 4 & up) Make your own plate full of holiday cookies to enjoy. Instructor: Lenda Buchanan.

110206-01 \$7.00 (+\$4 supplies)  
M 10/23-10/23 4:00P- 5:00P

**ICE/DECORATE HALLOWEEN CAKES**

(Ages 4 & up) Decorate your cake as a Yummy Mummy, Big Eyed Ghost or a Green Eyed Monster. Instructor: Lenda Buchanan.

110207-01 \$7.00 (+\$4 supplies)  
Th 10/19-10/19 4:00P- 5:00P

**CRAFTOLOGY CAMP**

(Ages 5 & up) Your imagination will soar in this crafty camp. Bring bag lunch and drink. PM snack provided.

110208-01 \$40.00 Hourly rates available  
M 11/6-11/6 8:00A- 6:00P

110208-02 \$40.00 Hourly rates available  
Tu 11/7-11/7 8:00A- 6:00P

**HOLIDAY WORKSHOP**

(Ages 4 & up) Make holiday soaps, ornaments, gift bags and tags. Instructors: Cristin Posniek & Lenda Buchanan.

110209-01 \$14.00 (+\$4 supplies)  
Tu 11/28-11/28 4:00P- 6:00P

**MINI GINGERBREAD HOUSE**

(Ages 4 & up) Make and decorate an adorable Mini Gingerbread House. Instructor: Cristin Pozniak.

110210-01 \$7.00 (+\$3 supplies)  
Tu 12/5-12/5 4:30P- 5:30P

**PRINCESS BALLET**

(Ages 5-7) Location: Creative Dance Center in Ashburn. Princess stories and costumes.

110211-01 \$125.00  
Tu 9/12-10/31 9:30A-10:30A  
110211-02 \$125.00  
Th 9/14-11/2 5:15P- 6:15P  
110211-03 \$125.00  
F 9/15-11/3 6:30P- 7:30P

**BALLET/TAP**

(Ages 5-7) Location: Creative Dance Center, Ashburn. Introduction to ballet techniques and tap rhythm.

110212-01 \$125.00  
W 9/13-11/1 4:30P- 5:30P  
110212-02 \$125.00  
Th 9/14-11/2 4:30P- 5:30P

**JAZZ/TAP**

(Ages 5-7) Location: Creative Dance Center, Ashburn. Introduction to upbeat jazz style dance & tap rhythms.

110213-01 \$125.00  
W 9/13-11/1 5:30P- 6:30P  
110213-02 \$125.00  
F 9/15-11/3 9:30A-10:30A

**BALLET/JAZZ**

(Ages 5-7) Location: Creative Dance Center, Ashburn. Introduction to ballet techniques and upbeat jazz dancing.

110214-01 \$125.00  
Sa 9/9-10/28 10:30A-11:30A

**DANCE BASICS**

(Ages 5-8) Location: Creative Dance Center, Ashburn. Basics of ballet, jazz, tumbling.

110215-01 \$125.00  
F 9/15-11/3 5:30P- 6:30P

**BROADWAY JAZZ DANCE**

(Ages 9-11) Location: Creative Dance Center. Classical Jazz style.

110220-01 \$125.00  
W 9/13-11/1 5:30P- 6:30P

**INTRODUCTION TO BOLLYWOOD DANCE**

(Ages 5-12) Introduces terminology and

dance elements of Bollywood to Indian music. Instructor: Vanita Kumar.

110230-01 \$56.00  
Th 9/28-11/16 4:30P- 5:15P

**PARENT'S NIGHT OUT**

(Ages 4-10) The kids enjoy pizza, crafts and a family friendly movie. Must register at the Annex.

Pre-register child \$16.00/1st child \$8.00/2nd  
F 9/15-9/15 5:00P- 9:00P  
Pre-register child \$16.00/1st child \$8.00/2nd  
F 10/20-10/20 5:00P- 9:00P  
Pre-register child \$16.00/1st child \$8.00/2nd  
F 11/17-11/17 5:00P- 9:00P

**HALLOWEEN JEWELRY MAKING**

(Ages 5-8) Personalize your Halloween costume with a glittery beaded necklace or bracelet.

110233-01 \$8.00 (+\$3 supplies)  
W 10/18-10/18 4:30P- 5:15P

**MIDDLE & HIGH SCHOOL AGE PROGRAMS**

*All Creative Dance Center Classes:  
\$15 registration fee due at first class  
includes T-shirt*

**ORNAMENT WORKSHOP**

(Ages 11 & up) Make and take ornaments for your tree or to give as gifts. Instructor: Lenda Buchanan

110300-01 \$9.00  
Tu 11/28-11/28 6:00P- 7:00P

**BABYSITTER TRAINING**

(Ages 11-15) Participants must bring a lunch. Call the American Red Cross at 703-777-7171 for details and to pre-register.

Call Red Cross to Register  
Sa 11/4-11/4 9:00A- 3:30P

**SHOW CHOIR DANCE/MUSICAL THEATER**

(Ages 11-13) Location: Creative Dance Center, Ashburn. Gain confidence in your stage dance presence.

110315-01 \$125.00  
Th 9/14-11/2 4:30P- 5:30P  
110315-02 \$125.00  
Sa 9/9-10/28 11:00A-12:00P

**SHOW CHOIR DANCE/MUSICAL THEATRE**

(Ages 14-17) Location: Creative Dance Center, Ashburn. Gain confidence in your stage dance presence.

110402-01 \$125.00  
Th 9/14-11/2 7:30P- 8:30P  
110402-02 \$125.00  
Sa 9/9-10/28 12:00P- 1:00P

**ADULT PROGRAMS**

*All Creative Dance Center Classes:  
\$15 registration fee due at first class  
includes T-shirt*

**HATHA YOGA**

(Ages 18 & up) Fundamentals with an emphasis on strength, flexibility and stamina. Comfortable clothes and mat. Instructor: Ami Babla.

110500-01 \$55.00  
M 9/25-11/6 7:00P- 8:00P

**BASIC PC**

(Ages 18 & up) Geared for the novice. Intro to the desktop, Windows, mouse, icons, taskbars, menus, etc. Instructed by Whizkids.

110501-01 \$89.00 (+\$10 supplies)  
Th 9/28-10/12 7:00P- 8:30P

**MICROSOFT WORD**

(Ages 18 & up) Tailored for the novice. Covers basic features and more advanced editing features. Instructed by Whizkids.

110502-01 \$89.00 (+\$10 supplies)  
Th 10/19-11/2 7:00P- 8:30P

**MICROSOFT EXCEL**

(Ages 18 & up) Tailored for the novice. Covers spreadsheet basics and more complex features. Instructed by Whizkids.

110503-01 \$59.00 (+\$10 supplies)  
Th 11/9-11/16 7:00P- 8:30P

**MICROSOFT POWERPOINT**

(Ages 18 & up) Tailored for the novice. Covers the basic features like creating presentations. Instructed by Whizkids.

110504-01 \$59.00 (+\$10 supplies)  
Th 11/30-12/7 7:00P- 8:30P

**BEGINNER MIDDLE EASTERN DANCE**

(Ages 18 & up) This beginner class may include veil dancing and finger cymbals. Bring a mat. Instructor: Katayoun "Kathy" Hutson.

110505-01 \$65.00  
Tu 10/3-11/7 6:00P- 7:30P  
110505-02 \$65.00  
Tu 11/14-12/19 6:00P- 7:30P

**INTERMEDIATE/ADVANCED MIDDLE EASTERN DANCE**

(Ages 18 & up) Prerequisite: 3 sessions of Beginner Middle Eastern Dance or 6 mos experience. Bring a mat. Instructor: Katayoun "Kathy" Hutson

110506-01	\$65.00	
Tu	10/3-11/7	7:45P- 9:15P
110506-02	\$65.00	
Tu	11/14-12/19	7:45P- 9:15P

**ADULT STRETCH & SCULPT**

(Ages 18 & up) Location: Creative Dance Center, Ashburn. Includes core conditioning using fitness equipment.

110507-01	\$125.00	
Tu	9/12-10/31	9:30A-10:30A
110507-02	\$125.00	
Th	9/14-11/2	9:30A-10:30A

**ADULT TAP DANCE**

(Ages 18 & up) Location: Creative Dance Center, Ashburn. Rhythmic fun while you exercise to your favorite tune.

110508-01	\$125.00	
Tu	9/12-10/31	7:30P- 8:30P

**ADULT JAZZ DANCE**

(Ages 18 & up) Location: Creative Dance Center, Ashburn. Have fun dancing to popular music.

110509-01	\$125.00	
Tu	9/12-10/31	8:30P- 9:30P

**BABY SIGNS PARENT WORKSHOP**

(Ages 18 & up) Jumpstart his intellectual development and strengthen the parent/infant bond.

110510-01	\$11.50 (+\$38.50 Parent Kit)	
Sa	10/14-10/14	10:00A-12:00P

**MULTI-AGE PROGRAMS**

All Creative Dance Center Classes:

\$15 registration fee due at first class includes T-shirt

**BEADED JEWELRY WORKSHOP**

(Ages 16 & up) Make a beaded necklace or bracelet and use jewelry tools. Instructor: Carla Gardner.

110511-01	\$20.00 (+\$10 supplies)	
Sa	9/30-9/30	10:00A- 1:00P

**PET FIRST AID**

(Ages 16 & up) Learn emergency care procedures and how to keep your pet healthy. Call the Red Cross at 703-777-7171 for details and to pre-register.

Call Red Cross

Sa	11/4-11/4	9:00A- 1:00P
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**DRAWING/WATERCOLOR PAINTING**

(Ages 7 & up) Develop skills at your own pace. Supply list at the Annex.

110704-01	\$84.00	
M	10/16-11/20	4:30P- 6:30P

**KNITTING FOR BEGINNERS**

(Ages 12 & up) Learn to read patterns and make all basic stitches. Call for supply list. Instructor: Roni Breza.

110705-01	\$30.00	
Sa	10/7-10/14	10:00A-12:00P

**SIGN LANGUAGE I**

(Ages 15 & up) Bring the book, "The Joy of Signing", to each class. Instructor: Jill Moebus.

110706-01	\$84.00	No class 10/9
M	9/25-11/20	7:00A- 8:30P

**BALLROOM DANCING - SWING**

(Ages 16 & up) From early Big Band music to 70's beach music, learn the basic East Coast Swing steps and turns.

110707-01	\$80.00	
M	9/25-11/20	7:30P- 8:30P

**TAP DANCE**

(Ages 7- 18) Location: Creative Dance Center, Ashburn. See previous description.

110719-01	\$125.00	Ages 7-9
M	9/11-10/30	5:30P- 6:30P
110719-02	\$125.00	Ages 14-18
Tu	9/12-10/31	6:30P- 7:30P
110719-03	\$125.00	Ages 9-11
W	9/13-11/1	4:30P- 5:30P
110719-04	\$125.00	Ages 8-11
F	9/15-11/3	6:30P- 7:30P

**JAZZ DANCE**

(Ages 6-18) Location: Creative Dance Center, Ashburn. See previous description.

110720-01	\$125.00	Ages 9-12
M	9/11-10/30	6:30P- 7:30P
110720-02	\$125.00	Ages 14-18
M	9/11-10/30	7:30P- 8:30P
110720-03	\$125.00	Ages 6-8
Tu	9/12-10/31	4:30P- 5:30P

**JAZZ/HIP HOP DANCE**

(Ages 6-11) Location: Creative Dance Center, Ashburn. Learn dance techniques to popular music.

110721-01	\$125.00	Ages 6-8
Th	9/14-11/2	5:30P- 6:30P
110721-02	\$125.00	Ages 8-11
F	9/15-11/3	5:30P- 6:30P
110721-03	\$125.00	Ages 6-8
Sa	9/9-10/28	1:15P- 2:15P
110721-04	\$125.00	Ages 8-11
Sa	9/9-10/28	10:00A-11:00A

**BALLET**

(Ages 5-18) Location: Creative Dance Center, Ashburn. Basics of Ballet.

110722-01	\$125.00	Ages 5-7
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M	9/11-10/30	4:30P- 5:30P
110722-03	\$125.00	Ages 10-14
Tu	9/12-10/31	6:30P- 7:30P
110722-04	\$125.00	Ages 14-18
Tu	9/12-10/31	7:30P- 8:30P
110722-05	\$125.00	Ages 6-8
Sa	9/9-10/28	12:30P- 1:30P

**LYRICAL DANCE**

(Ages 8-12) Classical technique to popular music.

110723-01	\$125.00	
Sa	9/9-10/28	11:30A-12:30P

**STRETCH & TONE**

(Ages 10-16) Includes core conditioning equipment.

110724-01	\$125.00	
Sa	9/9-10/28	10:30A-11:30A

**BEAD BANGLE CRAFT CLASS**

(Ages 8-15) Select special beads to make your own original creation.

Necklace

110725-01	\$8.00 (+\$7 supplies)	
Sa	10/14-10/14	11:00A-12:00P

Bracelet

110725-02	\$8.00 (+\$7 supplies)	
Sa	10/28-10/28	11:00A-12:00P

**HIP HOP DANCE**

(Ages 10-18) Location: Creative Dance Center, Ashburn.

110727-01	\$125.00	Ages 14-18
M	9/11-10/30	8:30P- 9:30P
110727-02	\$125.00	Ages 10-14
Tu	9/12-10/31	8:00P- 9:00P
110727-03	\$125.00	Ages 14-18
Th	9/14-11/2	8:30P- 9:30P
110727-04	\$125.00	Ages 14-18
Sa	9/9-10/28	1:00P- 2:00P

## STERLING COMMUNITY CENTER

120 Enterprise Street  
Sterling, VA 20164

**703-430-9480**

Fax: 703-421-3118

M-F 9:00A-10:00P, Sa 9:00A-5:00P

*Supply & material fees are payable to the instructor at the first class.*

## PRESCHOOL AGE PROGRAMS

**SUGAR TOTS**

(Ages 2-3) Enjoy arts & crafts, different indoor/outdoor games, and lots of FUN! Bring a small bag lunch.



**Location: Sugarland HOA**

**103101-01** \$62.00  
W, F 10/11-10/27 10:00A-11:30A

**COLOR WHEEL**

(Ages 2-3) Learn about colors with different arts and craft, games and songs.

**Location: Sugarland HOA**

**103102-01** \$32.00 (+\$2 supplies)  
Tu 10/3-10/24 9:30A-10:15A

**GOBBLING GOOD TIME**

(Ages 2-4) Come do Thanksgiving crafts to take home.

**Location: Sugarland HOA**

**103104-01** \$8.00 (+\$2 supplies)  
Th 11/16-11/16 9:30A-10:15A

**AUTUMN BEGINS**

(Ages 2-5) Let's welcome fall with crafty ideas.

**Location: Sugarland HOA**

**103105-01** \$15.00  
F 9/22-9/29 10:00A-10:45A

**KIDZART/ SQUIGGLES TO GRINS**

(Ages 2-3 ½) Singing, storytelling and creative art projects with Mommy or Daddy.

**103110-01** \$48.00  
W 9/20-10/11 1:00P-1:45P  
**103110-02** \$48.00  
W 10/18-11/8 1:00P-1:45P

**KIDZART/ PRESCHOOL (Ages 3½ -6)**

(Ages 3 ½ -6) A FUN, nurturing Art program that helps preschoolers become creative thinkers. Certified KidzArt Instructor.

**103111-01** \$48.00  
W 9/20-10/11 2:00P-2:45P  
**103111-02** \$48.00  
W 10/18-11/8 2:00P-2:45P

**SIGN, SAY AND PLAY - BABY SIGNS®**

(Ages 6-36mos) Class features fun activities and songs to highlight important developmental skills and introduce many of popular signs.

**103114-01** \$55.00 (+ materials)  
W 9/6-10/11 5:15P-6:00P  
**103114-02** \$55.00 (+ materials)  
W 10/18-11/29 5:15P-6:00P

**BABY SIGNS PARENT WORKSHOP**

(Ages birth-3yrs) This introductory workshop teaches everything a parent needs to know to begin teaching babies and toddlers to use signs.

**103115-01** \$11.50 (+ materials)  
Sa 9/23-9/23 10:00A-12:00P  
**103115-02** \$11.50 (+ materials)  
Sa 11/18-11/18 10:00A-12:00P

**TWO BALL**

(Age 2) An introduction to sports with focus

on gross motor skills & listening while playing with a variety of balls.

**103129-01** \$14.00  
Tu 9/12-9/26 12:00P-12:30P  
**103129-02** \$14.00  
Tu 10/10-10/24 12:00P-12:30P  
**103129-03** \$14.00  
Tu 11/14-11/28 12:00P-12:30P

**PRE-K SPORTS (3'S)**

(Age 3) Introduce your child to the FUN-damentals of sports in a safe environment.

**103130-01** \$20.00 Hat Trick Hockey  
M 9/11-10/16 3:30P-4:00P  
**103130-02** \$20.00 Lil Lay Ups  
M 10/23-11/27 3:30P-4:00P  
**103130-03** \$20.00 Lil Striker Soccer  
Tu 9/12-10/17 9:30A-10:00A  
**103130-04** \$20.00 Mini Sports Fusion  
Tu 10/24-11/28 9:30A-10:00A  
**103130-05** \$20.00 Hut Hut Football  
W 9/13-10/18 3:30P-4:00P  
**103130-06** \$20.00 Hat Trick Hockey  
W 10/25-12/6 3:30P-4:00P  
**103130-07** \$20.00 Lil Lay Ups Basketball  
Th 9/14-10/19 9:30A-10:00A  
**103130-08** \$20.00 Lil League T-Ball  
Th 10/26-12/07 9:30A-10:00A  
**103130-09** \$20.00 Mini Sports Fusion  
F 9/22-10/20 3:30P-4:00P  
**103130-10** \$20.00 Lil Striker Soccer  
F 10/27-12/08 3:30P-4:00P

**SHOP STOP**

(Ages 5-6) Busy moms can shop while kids enjoy some popular crafts and sports programs.

**103131-01** \$62.00  
M, F 9/15-9/29 1:00P-3:00P  
**103131-02** \$62.00  
M, F 10/13-10/27 1:00P-3:00P  
**103131-03** \$62.00 No class 11/10  
M, F 10/30-11/17 1:00P-3:00P

**PRE-K SPORTS (4-5'S)**

(Ages 4-5) See previous description.

**103132-01** \$31.00 Hat Trick Hockey  
M 9/11-10/16 4:15P-5:00P  
**103132-02** \$31.00 Alley Oop Basketball  
M 10/23-11/27 4:15P-5:00P  
**103132-03** \$31.00 Striker Soccer  
Tu 9/12-10/17 10:15A-11:00A  
**103132-04** \$31.00 Major Sports Fusion  
Tu 10/24-11/28 10:15A-11:00A  
**103132-05** \$31.00 Hut Hut Football  
W 9/13-10/18 4:15P-5:00P  
**103132-06** \$31.00 Hat Trick Hockey  
W 10/25-12/6 4:15P-5:00P

**103132-07** \$31.00 Alley Oop Basketball  
Th 9/14-10/19 10:15A-11:00A  
**103132-08** \$31.00 Major League T-Ball  
Th 10/26-12/7 10:15A-11:00A  
**103132-09** \$31.00 Major Sports Fusion  
F 9/22-10/20 4:15P-5:00P  
**103132-10** \$31.00 Striker Soccer  
F 10/27-12/8 4:15P-5:00P

**SUPER SPORTS FUSION**

(Ages 6-8) Learn the FUN-damentals of a different sport each week.

**103230-01** \$31.00 Sports Fusion  
T 9/12-10/17 3:30P-4:15P  
**103230-02** \$31.00 Sports Fusion  
T 10/24-11/28 3:30P-4:15P

**SPACE ODYSSEY**

(Ages 3-5) Creative way to learn about outer space, astronauts, space shuttles, planets, and stars.

**103156-01** \$22.00  
Th 10/5-10/26 9:30A-10:15A

**OUR COMMUNITY**

(Ages 3-5) Activities that help participants learn about their neighborhood Policeman, Firefighter, and many more occupations.

**103157-01** \$10.00  
M 10/23-11/13 10:45A-11:15A

**SOUND STAGE**

(Ages 2-4) We will listen to music, dance and play musical instruments while singing songs.

**103158-01** \$10.00  
Th 9/7-9/28 9:30A-10:00A

**ON MY WAY! "TO SCHOOL"**

(Ages 4-5) We focus on preparing your child for school with songs, ABC's, Counting, Colors, and crafts.

**103159-01** \$36.00  
M 9/11-10/16 10:30A-11:30A

**DO-DOODLING**

(Ages 2-3) Work on lines, cutting, tracing and developing your child's motor skills.

**103160-01** \$30.00  
Tu 9/5-9/26 9:30A-10:15A  
**103160-02** \$30.00  
Tu 10/3-10/24 9:30A-10:15A

**TWO TIME**

(Ages 24-36mos) Arts & Crafts, Intro to different sports/games and FUN socialization! Bring a bag lunch.

**103161-01** \$62.00  
Tu, Th 9/5-9/21 10:30A-12:00P  
**103161-02** \$62.00  
Tu, Th 10/3-10/19 10:30A-12:00P

**103161-03** \$62.00  
Tu, Th 10/31-11/16 10:30A-12:00P

**WACKY WEDNESDAYS**

(Ages 2-5) While you take time, your child enjoys crafts, sports, story time in the library, and more. Must be potty trained. Bring a small lunch/snack.

**103162-01** \$50.00  
W 10/4-10/25 9:30A-12:00P

**MY FIRST CRAFTS**

(Ages 2-3) Time to make your first crafts to share with your family.

**103163-01** \$30.00  
W 9/6-9/27 9:45A-10:30A

**FUN BEFORE PRESCHOOL**

(Ages 2-4) 123's and ABC's, come learn with me!

**103165-01** \$32.00  
M 9/11-10/2 9:30A-10:15A

**103165-02** \$32.00  
M 10/16-11/6 9:30A-10:15A

**PICK 1 OR ALL**

(Ages 2-3) Each class will do projects based on the class title.

**103166-01** \$8.00 Shapes  
W 9/6-9/6 10:45A-11:30A

**103166-02** \$8.00 Numbers  
W 9/13-9/13 10:45A-11:30A

**103166-03** \$8.00 ABC's  
W 9/20-9/20 10:45A-11:30A

**103166-04** \$8.00 Colors  
W 9/27-9/27 10:45A-11:30A

**A-Z IDEAS**

(Ages 2-3) This class will involve a little bit of everything. Come ready for anything!

**103167-01** \$22.00  
W 11/1-11/15 9:30A-10:15A

**CELEBRATIONS AT SCC**

(Ages 2-5) Holiday theme classes with arts and craft activities. Supply fee \$2.00.

**103168-01** \$15.00 Spooky Treats  
Tu,Th 10/24-10/26 10:30A-11:15A

**103168-02** \$15.00 Gobble Gobble  
W 11/8-11/15 10:30A-11:15A

**TINY TUMBLERS**

(Walking-36 mos) Join your toddlers in this fun class where children work on gymnastics skills, gross motor skills, and enjoy parachute time.

**103180-01** \$42.00  
M 9/11-10/23 10:30A-11:00A

**103180-02** \$42.00  
M 10/30-11/27 10:30A-11:00A

**103180-03** \$42.00  
Th 9/7-10/12 4:40P-5:10P

**MINI TUMBLERS**

(Ages 3-4) Join your preschoolers while they learn tumbling basics in preparation for gymnastics. Includes beam, bar, vault, and parachute time.

**103181-01** \$42.00  
M 9/11-10/23 11:10A-11:40A

**103181-02** \$42.00  
M 10/30-11/27 11:10A-11:40A

**103181-03** \$42.00  
W 10/11-11/22 5:30P-6:00P

**103181-04** \$42.00  
W 10/18-11/29 5:30P-6:00P

**103181-05** \$42.00  
Th 9/7-10/12 4:00P-4:30P

**ADAPTIVE GYMNASTICS**

(Ages 3-8) Our fundamental gymnastics class is taught by a certified Special Ed instructor and may be strenuous.

**103182-01** \$28.00  
Sa 9/9-10/14 9:15A-9:45A

**103182-02** \$28.00  
Sa 10/28-11/18 9:15A-9:45A

**TUMBLETOTS**

(Ages 2) A fun filled beginner tumbling class for parents and toddlers. Held at SCC

**103183-01** \$28.00  
Sa 9/9-10/14 9:55A-10:25A

**103183-02** \$28.00  
Sa 10/28-11/18 9:55A-10:25A

**TUMBLEBUGS**

(Ages 3-5) An excellent beginner's level class. Skills may include the Beam, Bar, Floor and more. Held at SCC

**103185-01** \$38.00  
Sa 9/9-10/14 10:30A-11:15A

**103185-02** \$38.00  
Sa 10/28-11/18 10:30A-11:15A

**RISING TUMBLESTARS**

(Ages 4-6) Fun introduction to gymnastics using beam, bars, tumbling, parachute in a safe environment.

**103186-01** \$45.00  
M 9/11-10/23 9:30A-10:15A

**103186-02** \$45.00  
M 10/30-11/27 9:30A-10:15A

**103186-03** \$45.00  
W 9/6-10/4 6:00P-6:45P

**103186-04** \$45.00  
W 10/18-11/22 6:00P-6:45P

**103186-05** \$45.00  
Th 9/7-10/12 4:40P-5:25P

**DUCKLINGS**

(Ages 6-36mos) Parent-child class to help

build swim readiness by emphasizing fun in the water.

**Location: Holiday Inn, Sterling.**

**103190-01** \$50.00  
Tu 9/5-10/10 9:30A-10:00A

**103190-02** \$50.00  
Tu 9/5-10/10 11:50A-12:20P

**103190-03** \$50.00  
Th 9/7-10/12 11:00A-11:30A

**103190-04** \$50.00  
Tu 10/17-11/21 9:30A-10:00A

**103190-05** \$50.00  
Tu 10/17-11/21 11:50A-12:20P

**103190-06** \$42.00  
Th 10/19-11/16 11:00A-11:30A

**103190-07** \$50.00  
F 9/8-10/13 11:45A-12:15P

**SWANS**

(Ages 2-3) NEW!! Parent-child class for children who are fearful of the water and may benefit from individual attention.

**Location: Holiday Inn, Sterling**

**103191-01** \$50.00  
Tu 9/5-10/10 10:30A-11:00A

**103191-02** \$50.00  
Th 9/7-10/12 10:00A-10:30A

**103191-03** \$50.00  
Tu 10/17-11/21 10:30A-11:00A

**103191-04** \$42.00  
Th 10/19-11/16 10:00A-10:30A

**103191-05** \$50.00  
F 9/8-10/13 12:15P-12:45P

**SOLO SWANS**

(Ages 3-5) For first time swimmers who are apprehensive around water. Children must be able to separate from parent.

**Location: Holiday Inn, Sterling**

**103192-01** \$50.00  
Tu 9/5-10/10 11:10A-11:40A

**103192-02** \$50.00  
Tu 9/5-10/10 11:50A-12:20P

**103192-03** \$50.00  
Th 9/7-10/12 10:30A-11:00A

**103192-04** \$50.00  
Tu 10/17-11/21 11:10A-11:40A

**103192-05** \$50.00  
Tu 10/17-11/21 11:50A-12:20P

**103192-06** \$42.00  
Th 10/19-11/16 11:10A-11:40A

**TURTLES**

(Ages 3-5) Emphasis is on beginning locomotive skills, floating and water safety skills.

**Location: Holiday Inn Sterling**

**103193-01** \$50.00  
Tu 9/5-10/10 10:30A-11:00A

<b>103193-02</b>	\$50.00	
Th	9/7-10/12	11:50A-12:20P
<b>103193-03</b>	\$50.00	
Tu	10/17-11/21	10:30A-11:00A
<b>103193-04</b>	\$42.00	
Th	10/19-11/15	11:50A-12:20P

**FROGS**

(Ages 3-5) Continued development of locomotive skills; participants should be comfortable in deep water.

<b>103194-01</b>	\$50.00	
Tu	9/5-10/10	11:10A-11:40A
<b>103194-02</b>	\$50.00	
Tu	10/17-11/21	11:10A-11:40A

## ELEMENTARY AGE PROGRAMS

**TUMBLESTARS**

(Ages 7-12) Increase your balance, flexibility, muscle tone, and confidence while learning basics of gymnastics through bars, beam, and tumbling.

<b>103282-01</b>	\$55.00	
W	9/6-10/4	6:45P-7:45P
<b>103282-02</b>	\$55.00	
W	10/18-11/22	6:45P-7:45P
<b>103282-03</b>	\$55.00	
Th	9/7-10/12	5:30P-6:30P

**BEGINNING GIRLS GYMNASTICS**

(Ages 6-10) Increase your balance, flexibility, muscle tone, and confidence while learning the basics of gymnastics.

<b>103281-01</b>	\$44.00	
Sa	9/9-10/14	11:30A-12:30P
<b>103281-02</b>	\$44.00	
Sa	10/28-11/18	11:30A-12:30P

**BROWNIE TRY IT WORKSHOP**

(Ages 6-8) Girls will work towards Playing around the World; Make It, Eat It; Girl sports. (Try-it's extra)

<b>103293-01</b>	\$3.00	
Tu	11/7-11/7	9:00A-2:00P

**JUNIOR BADGE BLITZ**

(Ages 9-12) Junior girl scouts can work on several badges--Computer Fun; Sports Sampler; Court Sports. (Badges extra)

<b>103294-01</b>	\$3.00	
Tu	11/7-11/7	9:00A-2:00P

**KIDZART/ELEMENTARY AGE**

(Ages 6 -12) KidzArt is a proven, high-quality fine arts program that builds self-confidence and develops creative thinking and problem solving skills in a noncompetitive environment.

<b>103112-01</b>	\$60.00	
Th	9/21-10/12	6:30P-7:30P

<b>103112-02</b>	\$60.00	
Th	10/19-11/9	6:30P-7:30P

**JAZZERCISE**

(Ages 7-12) Junior Jazzercise. Choreographed routines to popular music.

**Location: Jazzercise Fitness Center**

<b>103113-01</b>	\$80.00	
Sa	9/2-11/25	9:30A-10:30A
<b>103113-02</b>	\$80.00	
Su-Sa	9/1-11/30	7:30A-7:10P
<b>103113-03</b>	\$80.00	
Tu,W,Th,F	9/1-11/30	9:30A-6:00P
<b>103113-04</b>	\$80.00	
M,F,Sa	9/1-11/30	8:00A-9:30A

**LVL 1: INTRO TO WATER SKILLS**

(Ages 6 & up) Covers locomotive skills, floating & water safety.

**Location: Holiday Inn, Sterling**

<b>103296-01</b>	\$50.00	
Tu	9/5-10/10	3:45P-4:15P
<b>103296-02</b>	\$50.00	
Tu	10/17-11/21	3:45P-4:15P
<b>103296-03</b>	\$50.00	
Tu	9/5-10/10	1:00P-1:30P
<b>103296-04</b>	\$50.00	
Tu	10/17-11/21	1:00P-1:30P

**LVL 2: FUNDAMENTAL SWIM SKILLS**

(Ages 6 & up) Basic swimming skills such as floating, rhythmic breathing, combinations strokes & water safety.

**Location: Holiday Inn, Sterling**

<b>103297-01</b>	\$50.00	
Tu	9/5-10/10	4:15P-4:45P
<b>103297-02</b>	\$50.00	
Tu	10/17-11/21	4:15P-4:45P
<b>103297-03</b>	\$50.00	
Tu	9/5-10/10	1:40P-2:10P
<b>103297-04</b>	\$50.00	
Tu	10/17-11/21	1:40P-2:10P

## MIDDLE & HIGH SCHOOL AGE PROGRAMS

**TEEN SCOUT IP'S**

(Ages 13-18) FREE! Teen Girl Scouts can assist with badge workshops and earn service project credit towards an IP.

<b>103295-01</b>		
Tu	11/7-11/7	9:00A-2:00P

**T.A.G. PROGRAM**

(Ages 11-14) Meetings, parties, movies, speakers and fun field trips all for FREE! Community projects, academic support included.

<b>103554-01</b>	Free	
M,Tu,W,Th,F	9/1-12/31	3:30P-5:00P

**TEEN CLUB**

(Ages 13 & up) Meetings, movies, speakers, and FUN field trips! Community projects and freebies included.

<b>103555-01</b>	Free	
2nd, 4th F	9/1-12/31	5:00P-7:00P

**T.A.G./TEEN CLUB EVENTS**

(Ages 11 & up) Sign up for these special events and trips. FREE to TAG Program and TEEN Club members!

<b>103556-01</b>	Ice Cream Social (America's Day for Kids)	
F	9/15-9/15	5:00P-7:00P
<b>103556-02</b>	Halloween Party (Costume Optional)	
F	10/27-10/27	7:00P- 10:00P
<b>103556-03</b>	Bowling Trip	
F	11/17-11/17	5:00P-7:00P

**TEEN CONCERTS**

(Ages 13 & up) Please call for more information about these Community Center concerts.

Sa	9/9, 9/23	6:00P-10:00P
Sa	10/14, 10/28	6:00P-10:00P
Sa	11/4, 11/18	6:00P-10:00P
Sa	12/2, 12/16	6:00P-10:00P

**STERLING ROCKS**

(Ages 15-19) We're going to ROCK your world! High School Bands perform for area teens. Held rain or shine!

<b>103303-01</b>	\$2.00	
F	11/17-11/17	7:00P-11:00P

## MULTI AGE PROGRAMS

**CHINESE KUNG FU**

(Ages 15 & up) Designed to improve general fitness, coordination, flexibility, mobility, balance, and well-being. Includes Chinese philosophy.

<b>103549-01</b>	\$173.00	
M	9/18-10/16	6:30P-8:30P
Sa	9/23-10/21	9:30A-11:30A
<b>103549-02</b>	\$173.00	
M	10/30-12/4	6:30P-8:30P
Sa	11/4 - 12/9	9:30A-11:30A

**TAI CHI (BEGINNERS)**

(Ages 16 & up) Re-energize, relieve stress and hypertension, improve your cardio-respiratory system function!

<b>103550-01</b>	\$50.00	
Sa	9/23-10/28	11:30A-12:30P
<b>103550-02</b>	\$50.00	
Sa	11/4-12/9	11:30A-12:30P

**HAPPY HATS**

(Ages 10 -18) Give back to the community

by helping create fun hats for hospitalized children. Great opportunity for scouts, students, etc. needing service hours.

**103557-01**

W 9/6-11/30 3:30P-5:00P

### ADULT PROGRAMS

#### WETA-TV WORKSHOPS

(Ages 18 & up) Free WETA-TV workshops for parents include "Dealing with Children's Anger and Tantrums" and "Building Reading Skills using Between the Lions".

**103558-01** Free

Th 10/5-10/5 9:00A-10:00A

**103558-02** Free

Tu 10/17-10/17 7:00P-8:00P

#### BEGINNING HATHA YOGA

(Ages 18 & up) Build strength, flexibility, balance, and meditation skills. No class 11/23.

**103586-01** \$42.00

Th 9/7-10/12 7:00P-8:00P

**103586-02** \$42.00

Th 10/26-12/14 7:00P-8:00P

#### ENGLISH AS A SECOND LANGUAGE

(Ages 18 & up) Basic and conversational classes.

**Free**

M,W on-going 10:00A-1:30P

#### SCC DROP-IN PROGRAMS

For all Drop-in: Adults: \$2/day; Under 18: \$1.00/day

**Tot Drop-in Card** (Ages 5 & under)

**303130-01** \$20/punch card (10 +1 FREE visit)

**Tot** Ages 5 & under

Tu,F on-going 10:00-11:30A

**Youth** Ages 10-15

M on-going 6:00P-7:30P

T, F on-going 5:00P-6:30P

**Adult B-ball** Ages 18 & up

M on-going 8:00P-10:00P

**Adult Volleyball** Ages 18 & up coed

Tu,Th on-going 8:00P-10:00P

**Basketball** Ages 16-18

F on-going 6:30P-8:00P

**Gym walking** All ages

M-F on-going 8:30A-9:30A

#### GYM & ROOM RENTALS

M-Su on-going 9:00A-11:00P

See front desk for more details.

#### SPECIAL OPPORTUNITY

Help build Discovery Park, a new educational playground in Sterling. A special week is planned for community volunteers to help with constructing the playground from Monday, October 16 through Sunday, October 22, 2006. Visit [www.sullypto.com](http://www.sullypto.com) to sign up or for more information about how you can help. Call 703-887-5623 or 703-717-2399.

### SENIOR PROGRAMS

#### THANKSGIVING DINNER

(Ages 55 & up) A Thanksgiving Dinner with special entertainment at SCC.

**103601-01** \$2.00/self –transport, \$3.00 bus transportation

Th 11/16-11/16 5:00P-7:00P

*Have you visited our parks lately?*

For directions and a complete listing of PRCS facilities including Kephart Bridge Landing, Bles Park and Elizabeth Mills Riverfront Park, visit [www.loudoun.gov/prcs](http://www.loudoun.gov/prcs).

Photo: Goose Creek at Elizabeth Mills Riverfront Park.



**County of Loudoun**  
**Parks, Recreation & Community Services Activity Registration**

Enrollment for classes or activities is on a first come, first served basis. Your complete credit card information or check made out to "County of Loudoun" **must** accompany this form at the time of registration. Do not send cash in the mail. Licensed programs, camps and special recreation programs require additional forms and/or on-site registration. Consult program description for details on how and where to register. One registration form can be used for multiple members in a household. Non-county residents will be assessed an additional 50% of fees. Send mail-in registrations at least 1 week before start day to: Loudoun County PRCS, 215 Depot Court SE, Leesburg, VA 20175, ATTN: Registration. For more information, call **703-777-0343**.

**HOUSEHOLD INFORMATION**

Mother/Guardian _____	Driver's License # _____
Or Adult Participant (18 & over)	DOB _____
Father/Guardian _____	Driver's License # _____
Household/Adult Street Address _____	DOB _____
City _____	State _____ Zip _____
e-mail Address _____	Loudoun County Resident <input type="checkbox"/> yes <input type="checkbox"/> no
Home Phone _____	Cell Phone _____
Work Phone _____	Pager _____
Employer Name & Address _____	
Emergency Contact Name (1) _____	Phone # _____
Emergency Contact Name (2) _____	Phone # _____

ADA - Loudoun County Parks, Recreation and Community Services is committed to complying with the Americans with Disabilities Act (ADA). If you need accommodations in order to participate, contact the main PRCS office 10 days prior to the start of the activity.

**PARTICIPANT (S) INFORMATION**

Family Member's Name	M or F	DOB	Grade/Age	Activity #	Section	Activity Name	Start Date	Time	Fee
EXAMPLE: John Smith	M	5-2-93	3 <sup>rd</sup> /9	421745	01	Soccer Camp, half-day	6/24	9:00a	\$135

**TOTAL ACTIVITY FEES ONLY:** \_\_\_\_\_

**\*Supply Fees are Payable to Instructor First Day of Class**

**HOW DID YOU FIRST LEARN ABOUT THE ABOVE ACTIVITY(S) OR EVENT(S)?**

\_\_\_\_\_ PRCS Activity Guide \_\_\_\_\_ Newspaper \_\_\_\_\_ Radio or TV \_\_\_\_\_ County web site \_\_\_\_\_ Word of mouth \_\_\_\_\_  
PRCS Newsletter/flyer \_\_\_\_\_ Other (Please list source): \_\_\_\_\_

**PARTICIPANT AGREEMENT**

I wish to register my child(ren) and/or myself for the activity(ies) listed above. I recognize that all classes and activities of a physical nature involve some risk and, by registering for a specific activity, I am representing that I understand the possible risks involved with this type of activity. Furthermore, I understand that Loudoun County Department of Parks, Recreation and Community Services will not be responsible for the participant when he/she is traveling to and from said activity via transportation not provided by the County of Loudoun. I understand that registration minimums will be assessed to determine whether or not the activity will be held. Also, by signing below, I give permission for Loudoun County PRCS to use photographs and videos of me or my children for publicity in order to increase community awareness of PRCS programs and in all publications and other media without limitation.

\_\_\_\_\_  
**Signature of Parent/Guardian/Participant**

\_\_\_\_\_  
**Date**

For mail-in credit card payments please complete the following:

Name as it appears on Credit Card _____	Signature of Cardholder _____
Credit Card Account Number _____	*Expiration Date *must include for processing _____
Credit Card Type (Check One) Visa _____ MasterCard _____	Total Amount of Fees Charged _____

The first activity registration for all households must be done in person or by mail. If you have previously registered your household with PRCS, you can use your household ID# to register with **Teletrac** at **703-443-9338** or with **Webtrac** at **www.loudoun.gov/prcs**.



PRCS is "Celebrating 40 Years" of service to the residents of Loudoun County! Our mission is to promote healthy, active, meaningful lifestyles by providing quality facilities, programs and services, diverse recreational opportunities and stewardship of the county's resources. This activity guide highlights the programs, classes and events scheduled from September 1, 2006 through November 30, 2006. It is designed with you and your family in mind. We appreciate your comments and suggestions. Please feel free to call 703-777-0343 or visit us at [www.loudoun.gov/prcs](http://www.loudoun.gov/prcs).

**LOUDOUN COUNTY  
DEPARTMENT OF PARKS,  
RECREATION AND  
COMMUNITY SERVICES**

215 Depot Court, SE  
Leesburg, VA 20175

703-777-0343 Fax: 703-771-5354  
TTY/Hard of Hearing 703-771-5352  
Monday-Friday 8:30 AM – 5:30 PM



**LOUDOUN COUNTY  
PARKS, RECREATION AND  
COMMUNITY SERVICES**  
215 Depot Court, SE  
Leesburg, VA 20175

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